

Adventures with Dr. Appy



ESA (AS) RESPECTFUL

Anchoring Your Akhlaq – A Walk Through Humanity: Book 28/30

Written by:
Dr. Appy

Illustrated by:
Mr. Majid

Dr. Appy prays that this book touches your heart, and requests that the reward be given to every human with even an ounce of Iman, from the time of Adam (as) until the day of judgement. Ameen.

All profits from this book will be donated to charity. For more detailed information about how the proceeds are being distributed please visit: www.drappy.ca

Copyright @ 2021

All rights reserved. No part of this book may be reproduced or used in any manner without permission of the copyright owner, except for the use of quotations in a book review.

A special dua is requested for Brother Majid whose creativity has allowed for these series to come alive.

ISBN

Electronic: 978-1-990398-36-0
Hardcover: 978-1-990398-37-7
Paperback: 979-8-375034-17-1

Dear Parents

The purpose of this book is as follows:

- 1 - To instill the belief that one should always stand up for what is right, yet to do so in the most respectful way possible;
- 2 - To understand that everyone goes through there own challenges and tests but to put your trust in Allah (swt);
- 3 - Internalize in your heart that honesty is always the best policy;
- 4 - To become aware of the trials and tests we will be facing at the behest of Dajjal.

I pray this book brings us and our families closer together and that we all prepare for the future and are respectful in all our communication. Ameen.

Assalam u Alaikum wa Rahmatullah _____
(insert child name)

Jazak Allah hu Khairan for joining us in our adventure!

Today we will be exploring the story of Prophet Esa (as).

Let us begin by saying Bismillah!



Esa (as) birth was a miracle and
truly very biblical.
He spoke as a baby, informing everyone
that his mother was a dignified lady.



As a young boy he queried the elders, asking if they had indeed changed Allah's (swt) letters. They tried to silence him but He was sent as a warning to remind them.



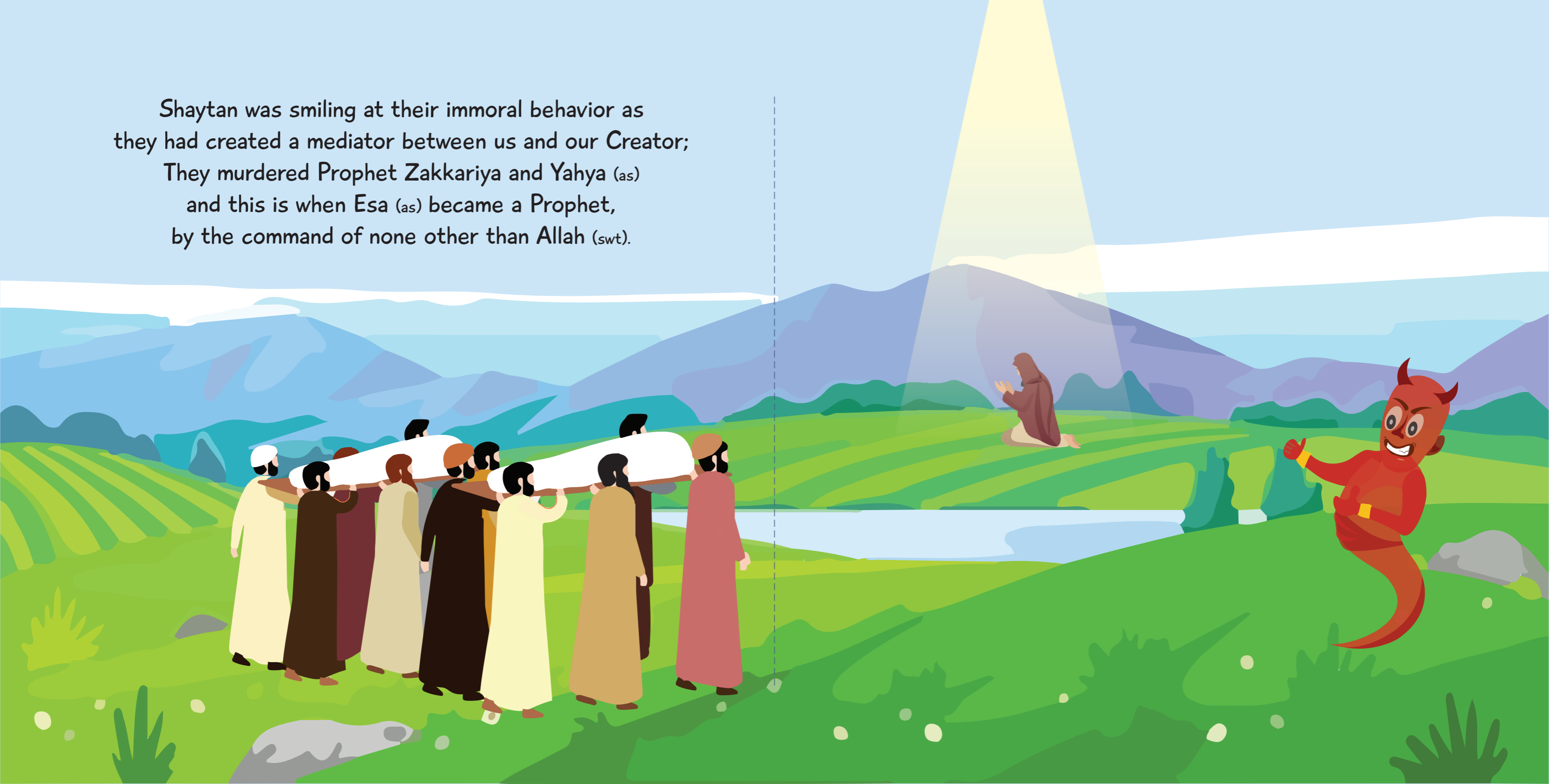
Esa (as) brought forth their hypocrisy
and their corrupt bureaucracy.
To his disdain he saw the Rabbi's
preaching for personal gain.



Corruption was rampant and people were following their passions. Shaytan was happy as people disobeyed Allah's (swt) commands gladly.



Shaytan was smiling at their immoral behavior as they had created a mediator between us and our Creator; They murdered Prophet Zakkariya and Yahya (as) and this is when Esa (as) became a Prophet, by the command of none other than Allah (swt).



Esa (as) denounced materialism and promoted true judaism. He never disrespected but honesty is what he expected.



Esa (as) performed many miracles, be it healing to resurrection as he had Allah's (swt) permission. His miracles were plenty but followers not so many.



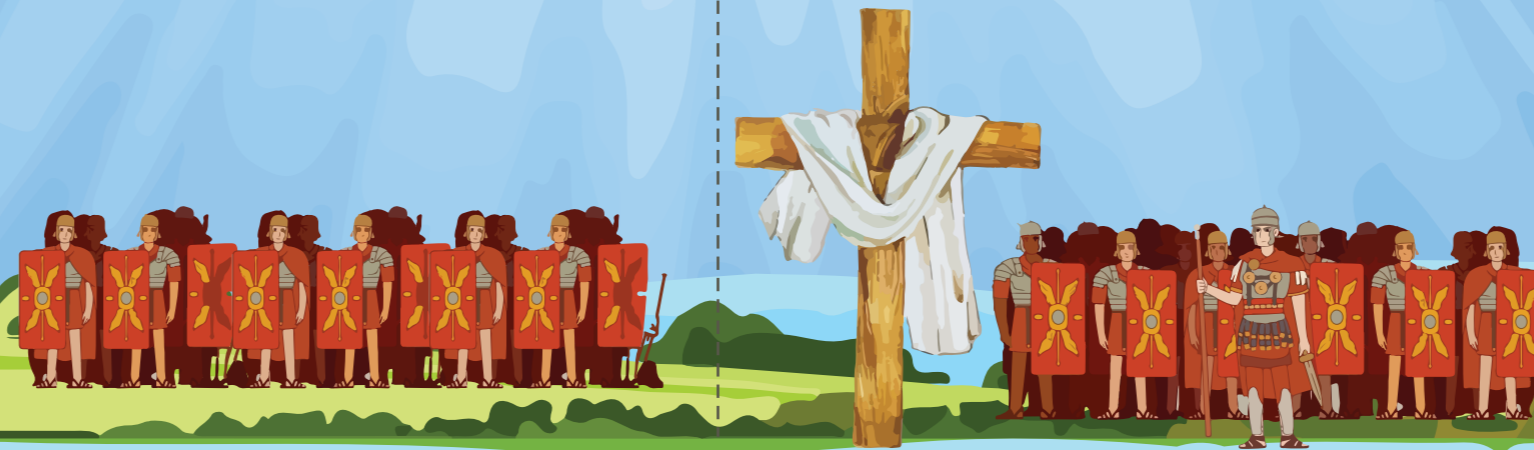
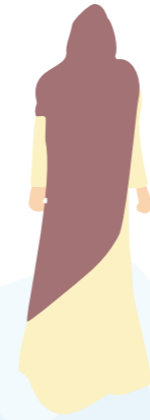
The disciples of Esa (as) asked for a heavenly feast, saying their faith in Allah (swt) will surely increase. This request was granted but unfortunately some of them recanted.



Shaytan was in full swing as the Rabbis' convinced the Roman King.
Esa (as) was arrested and tortured,
prepared to be executed.



Shaytan's plan was underway but Allah (swt)
raised Esa (as) up, up and away.
It is till this day, Shaytan has guided so many astray
yet we will wait for Esa (as) to come back one day.



The day is coming soon as the world is
being prepared for a big goon.
His name is to be Dajjal and we must
all be weary of this hefty trial.



الكهف



Esa (as) will return and reign over the world once again, as Dajjal will be detained. The end times are near so let's be clear that it is only Allah (swt) you should fear.



"Allah's Messenger (pbuh) said, "The Hour will not be established until the son of Mary (i.e. Jesus) descends amongst you as a just ruler, he will break the cross, kill the pigs, and abolish the Jizya tax. Money will be in abundance so that nobody will accept it (as charitable gifts)" (Sahih Al-bukhari).

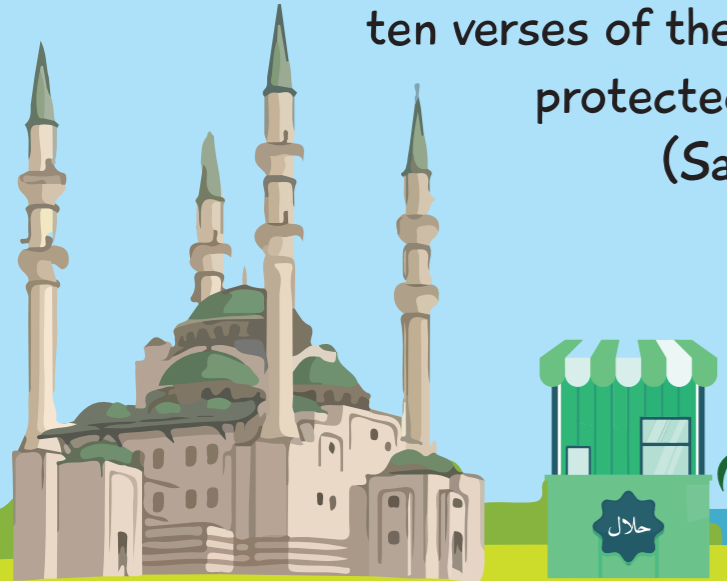
The moral of this story is to be respectful to everyone and be clear with our communication.

To stand up for what is right but to do so in the most respectful manner possible.

Abu Darda' reported Allah's
Apostle (ﷺ) as saying:

If anyone learns by heart the first
ten verses of the Surah al-Kahf, he will be
protected from the Dajjal.
(Sahih Muslim)

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
الْحَمْدُ لِلَّهِ الَّذِي أَنْزَلَ عَلَى عَبْدِهِ الْكِتَابَ وَلَمْ يَجْعَلْ لَهُ عِوَجًا
قِيمًا لِيُنذِرَ بَأْسًا شَدِيدًا مِمَّنْ لَدُنْهُ وَيُبَشِّرَ الْمُؤْمِنِينَ
الَّذِينَ يَعْمَلُونَ الصَّالِحَاتِ أَنَّ لَهُمْ أَجْرًا حَسَنًا
مَّا كُنْتُمْ فِيهِ أَبَدًا
وَيُنذِرَ الَّذِينَ قَالُوا اتَّخَذَ اللَّهُ وَلَدًا
مَّا لَهُمْ بِهِ مِنْ عِلْمٍ وَلَا لِآبَائِهِمْ كَبُرَتْ كَلِمَةً
تَخْرُجُ مِنْ أَفْوَاهِهِمْ إِن يَقُولُونَ إِلَّا كَذِبًا
فَلَعَلَّكَ بُخْعَ نَفْسِكَ عَلَىٰ آثَرِهِمْ إِن لَّمْ يُؤْمِنُوا بِهَذَا الْحَدِيثِ أَسَفًا
إِنَّا جَعَلْنَا مَا عَلَى الْأَرْضِ زِينَةً لَّهَا لِنَبْلُوَهُمْ أَيُّهُمْ أَحْسَنُ عَمَلًا
وَإِنَّا لَجَعَلُونَ مَا عَلَيْهَا صَعِيدًا جُرُزًا
أَمْ حَسِبْتَ أَنَّ أَصْحَابَ الْكَهْفِ
وَالرَّقِيمِ كَانُوا مِنْ آيَاتِنَا عَجَبًا
إِذْ أَوَى الْفِتْيَةَ إِلَى الْكَهْفِ فَنُفِثُوا رَبَّنَا آتَيْنَا
مِن لَدُنكَ رَحْمَةً وَهَيَّئْ لَنَا مِنْ أَمْرِنَا رَشَدًا



In the name of Allah, the Entirely Merciful, the Especially Merciful.

[All] praise is [due] to Allah, who has sent down upon His Servant the Book and has not made therein any deviance.**1.**

[He has made it] straight, to warn of severe punishment from Him and to give good tidings to the believers who do righteous deeds that they will have a good reward.**2.**

In which they will remain forever.**3.**

And to warn those who say, "Allah has taken a son."**4.**

They have no knowledge of it, nor had their fathers. Grave is the word that comes out of their mouths; they speak not except a lie.**5.**

Then perhaps you would kill yourself through grief over them, [O Muhammad], if they do not believe in this message, [and] out of sorrow.**6.**

Indeed, We have made that which is on the earth adornment for it that We may test them [as to] which of them is best in deed.**7.**

And indeed, We will make that which is upon it [into] a barren ground.**8.**

Or have you thought that the companions of the cave and the inscription were, among Our signs, a wonder?**9.**

[Mention] when the youths retreated to the cave and said, "Our Lord, grant us from Yourself mercy and prepare for us from our affair right guidance."**10.** (Quran 18:1-10)

Bismillah hir rahman nir raheem

Alhamdu lillaahil lazeeee anzala 'alaa 'abdihil kitaaba wa lam yaj'al lahoo 'iwajaa.**1.**

Qaiyimal liyunzira ba'asan shadeedam mil ladunhu wa yubashshiral mu'mineenal lazeena ya'maloonas saalihaati anna lahum ajran hasanaa.**2.**

Maakiseena feehee abadaa.**3.**

Wa yunziral lazeena qaalut takhazal laahu waladaa.**4.**

Maa lahum bihee min 'ilminw wa laa li aabaaa'ihim; kaburat kalimatan takhruju min afwaahihim; iny yaqooloona illaa kazibaa.**5.**

Fala'allaka baakhi'un nafsaka 'alaaa aasaarihim illam yu'minoo bihaazal hadeesi asafaa.**6.**

Innaa ja'alnaa ma 'alal ardi zeenatal lahaa linabluwahum ayyuhum ahsanu 'amalaa.**7.**

Wa innaa la jaa'iloona maa 'alaihaa sa'eedan juruzaa.**8.**

Am hasibta anna Ashaabal Kahfi war Raqeemi kaanoo min Aayaatinaa 'ajabaa.**9.**

Iz awal fityatu ilal Kahfi faqaaloo Rabbanaaaa aatinaa mil ladunka rahmatanw wa haiyi' lanaa min amrinaa rashadaa.**10.**

We pray you implement these duas and converse with Allah (swt) throughout your day for the rest of your life. Ameen.

رَبِّ زِدْنِي عِلْمًا

Rabbi zidni ilma

"My Lord, increase me in knowledge."
Ameen. (Quran 20:114)

اللَّهُمَّ إِنِّي أَسْتَوِدِعُكَ مَا قَرَأْتُ وَمَا حَفِظْتُ
وَمَا تَعَلَّمْتُ فَارُدَّهُ لِي إِذَا حَاجَتِي إِلَيْهِ ،
إِنَّكَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ وَحَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

Allahumma inni astaudi'uka ma qara'tu wa ma hafiztu wa ma ta'allamtu, fardudhu li ilayya 'inda haajati, innaka 'ala kulli syai-in qadir, wa hasbunallahu wa ni'mal wakil.

"O Allah! I entrust You with what I have read and what I have memorised and I have studied. Bring it back to me when I am in need of it. Truly you have power over all things. Sufficient for us is Allah, and (He is) the best Disposer of affairs." **Ameen.**

رَبِّ هَبْ لِي حُكْمًا وَأَلْحِقْنِي بِالصَّالِحِينَ
وَاجْعَلْ لِي لِسَانَ صِدْقٍ فِي الْآخِرِينَ
وَاجْعَلْنِي مِنْ وَرَثَةِ جَنَّةِ النَّعِيمِ

Rabbi habli hukman wa al-hiqni bis salihin, waj-'al li lisana sidqin fil-aakhirin, waj-'alni min waratha-ti jannatin-naa'im.

My Lord! bestow wisdom on me and make me among the righteous. Bless me with honourable mention among later generations and make me one of the inheritors of the Garden of Bliss. **Ameen. (Quran, 26:83-85)**



GLOSSARY OF TERMS

(as)	Alayhis-salam means peace be upon him
(ra)	Radi Allahu anhu means Allah be pleased with him.
(swt)	Subhana wa t'Ala means Allah the most high
Akhlaq	Character
Amanah	Responsibility
Assalam u Alaykum wa Rahmatullah	May peace be with you and Allah's (swt) mercy be upon you
Bismillah	In the name of Allah (swt)
Jazak Allah Khairun	May Allah (swt) reward you with good
Jannah	Heaven
Shaytan	Devil
Sunnah	The way of the Prophet Muhammad (saw)
Tauheed	Oneness of Allah

SYNOPSIS OF STORY

Based on the work of Al Imam ibn Katheer, The Stories of the Prophets

1. Esa (as) birth was miraculous and he was able to speak as a baby defending his mothers honour.
2. The Jewish priests felt that Esa (as) was a threat and they may lose their authority, hence accused Marryam (as) of indecency.
3. As Esa (as) matured at the age of 12 he accompanied his mother to Jerusalem, here he joined a crowd listening to a Rabbi.
4. Esa (as) listened intently and asked questions and expressed his own opinion. The Rabbis were disturbed by his boldness and puzzled by the questions he asked as they were unable to answer him.
5. They tried to silence him, but he ignored their attempts and continued to express his views.
6. Esa (as) became a man and started to question the elders and rabbis who were engaging in hypocrisy and changing the law for a personal gain.
7. Esa (as) stopped observing the sabbath and fed a hungry child and lit a fire for a women freezing, violating their law.
8. He did an audit of the temple and found that 20,000 rabbis were registered and living there earning solely from the temple.
9. He found that the visitors were much fewer than the priests and it cost money to visit the temple and people were instructed to offer extravagant sacrifices.
10. The night Esa (as) received his prophecy, Yahya and Zakkariya (as) were murdered by the ruling authorities.
11. Esa (as) was instructed to denounce the practices of corruption and enforce the Law of Musa (as). To inform people that no mediator is needed between you and Allah (swt).

SYNOPSIS OF STORY

12. Esa (as) came to complete the Torah not abrogate it. He made the Jewish people understand the 10 commandments properly and he denounced materialism.

13. The Rabbis were annoyed and they attempted to stone Marryam (as) saying she is an adulteress. Esa (as) stood at the temple and said "whoever among you is sinless can stone her." This was a new law as no mortal can judge sin.

14. Esa (as) was able to bring the dead back to life, brought a clay bird to life, healed those born blind and the lepers all by Allah (swt) permission. (Quran 5:110-111)

15. Esa (as) only had a few followers and the disciples asked for a holy table after they finished their 30 day fast. Allah (swt) sends a feast for the disciples of Esa (as) to affirm their faith (Quran 3:48-54).

16. Some of the followers forgot that all these things Esa (as) was able to do was a miracle and started to worship him as a god.

17. The Jewish people decided to kill Esa (as) as he was threatening their law and ways of conducting business. They had no authority to pass the death sentence so they convinced the Roman governor that Esa (as) was plotting against the security of the Roman Empire and urged him to take immediate action against him.

18. Esa (as) was arrested and tortured and the council of the high priests passed the death sentence upon him.

19. The people at that time believed they crucified Esa (as) but Allah (swt) says in the Quran that he was replaced by one of their own and Esa (as) was raised up to heaven. (Quran 4:157-159).

20. Esa (as) will return and lead the battle against Dajjal and win.

21. There will be peace on earth until he is alive, once he passes corruption will return and the final hour will arrive.

SERIES 1 GETTING TO KNOW ALLAH (swt)

- 1 Allah Loves You
- 2 Allah is Your Best Friend
- 3 Allah is The Creator

SERIES 3 ANCHORING YOUR AKHLAQ - A WALK THROUGH HUMANITY

- 1 Habil (as) & Kabil - Sibling Rivalry
- 2 Sheeth (as) - Obedience
- 3 Idris (as) - Learning
- 4 Nuh (as) - Resilience
- 5 Hud (as) - Vanity
- 6 Saleh (as) - Sharing
- 7 Ibrahim (as) - Reasoning
- 8 Isma'il (as) - Listening
- 9 Is'hac (as) - Trusting
- 10 Ya'qub (as) - Dedicated
- 11 Lut (as) - Hospitable
- 12 Shu'ayb (as) - Justice
- 13 Yusuf (as) - Integrity
- 14 Ayyub (as) - Loyalty
- 15 Dhul-Kifl (as) - Supporting
- 16 Yunus (as) - Sincerity
- 17 Musa (as) - Optimistic
- 18 Haroon (as) - United
- 19 Al-Khidr (as) - Patience
- 20 Ezekiel, Ilyas, Shammil (as) - Dependence
- 21 Luqman (as) - Wisdom
- 22 Dawood (as) - Brave
- 23 Suleiman (as) - Humility
- 24 Isaih, Jeremiah, Daniel, Uzair (as) - Reliable
- 25 Zakariyah (as) - Perseverance
- 26 Yahya (as) - Responsible
- 27 Marryam (as) - Modesty
- 28 Esa (as) - Respectful
- 29 People of the Cave (as) - Proactive
- 30 Muhammad (saw) - Trustworthy

SERIES 2 OUR CREATION, PURPOSE AND JOURNEY OF OUR SOUL

- 1 The First Human
- 2 The Ultimate Battle - Human vs Shaytan
- 3 Our Greatest Weapon: DUA
- 4 Journey of Our Soul

SERIES 4 HADITH A DAY TO KEEP SHAYTAN AWAY

- 1 Jannah via Sunnah - Muharram
- 2 Jannah via Sunnah - Safar
- 3 Jannah via Sunnah - Rabi Al-Awwal
- 4 Jannah via Sunnah - Rabi Al-Thani
- 5 Jannah via Sunnah - Jumada Al-Awwal
- 6 Jannah via Sunnah - Jumada Al-Thani
- 7 Jannah via Sunnah - Rajab
- 8 Jannah via Sunnah - Shaban
- 9 Jannah via Sunnah - Ramadan
- 10 Jannah via Sunnah - Shawwal
- 11 Jannah via Sunnah - Dhul Qa'dah
- 12 Jannah via Sunnah - Dhul Hijjah

SERIES 5 FOUNDATIONS OF FAITH

- 1 Foundations of Faith
- 2 Step by Step Guide to Salah
- 3 My Little Dua Book
- 4 Barakat in Harakats
- 5 Fus-ha for Allah
- 6 Plan Your Day the Islamic Way
- 7 Celebrations & Holidays
- 8 99 Name Game

SERIES 6 TRANSITIONING INTO A TEENAGER

- 1 Becoming a Man
- 2 Becoming a Woman

This book is designed to build a Muslim identity in the 21st century. The series is divided into six sections.

I humbly request that they be read in order so that one may progressively learn and prosper. Insha'Allah.

May Allah (swt) accept all our efforts and grant us Jannah with no reckoning. Ameen.



DR. APPY

About the Author

Dr. Appy is a first generation immigrant in North America who has been practicing as a Neuropsychologist for over a decade. She was inspired to write this series due to her observations of how difficult it can be to raise children in this ever-changing world.

Dr. Appy would like to dedicate this book to her family and friends who have always supported and encouraged her, especially her parents. May Allah (swt) bless and guide us all. Ameen.

Dr. Appy genuinely prays to touch the heart of every child until the day of judgement and to assist parents in instilling the love of Allah (swt), along with the morals and etiquettes needed to be an upright Muslim and by default, citizen (Insha'Allah).

These books are designed to build a Muslim identity in the 21st century. I humbly request that they be read in order, so that our children can build on their knowledge and benefit. Insha'Allah.

Series 1: Get to know Allah (swt) and instill the love and companionship of Him in our hearts.

Series 2: Understand how we were created, our purpose and the journey of our soul.

Series 3: Anchor our akhlaq by walking through humanity; each Prophet is paired with a character trait and the story ends with a moral to internalize and build our identity.

Series 4: Learn and internalize a hadith a day to keep Shaytan away.

Series 5: Learn the foundations of faith by planning our day the Islamic way.

Series 6: Help our children transition into a teenager and adult.

I pray this series brings us all closer together in this world and in the hereafter. May Allah (swt) accepts all our efforts and grants us Jannah with no reckoning. Ameen.

Download this series for FREE at drappy.ca

