

Adventures with Dr. Appy

YAH'YA (AS) RESPONSIBLE

Anchoring Your Akhlaq – A Walk Through Humanity: Book 26/30

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Dr. Appy prays that this book touches your heart, and requests that the reward be given to every human with even an ounce of Iman, from the time of Adam (as) until the day of judgement. Ameen.

All profits from this book will be donated to charity. For more detailed information about how the proceeds are being distributed please visit: www.drappy.ca

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A special dua is requested for Brother Majid whose creativity has allowed for these series to come alive.

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Dear Parents

The purpose of this book is as follows:

- 1 - To cherish and love one's parents;
- 2 - To instill compassion and mercy into your heart for all the creations of Allah (swt);
- 3 - Instill in your heart that we are on this earth for a limited time so as to spend our time wisely;
- 4 - To retreat into nature and connecting with Allah (swt).

I pray this book brings us and our families closer together and that we all love, support and encourage each other eternally.
Ameen.

Assalam u Alaikum wa Rahmatullah _____
(insert child name)
Jazak Allah hu Khairan for joining us in our adventure!

Today we will be exploring the story of Yah'ya (as).
Let us begin by saying Bismillah!



Yahya (as) was raised tenderly
by his parents so elderly.

He was filled with mercy at an
age so very early.



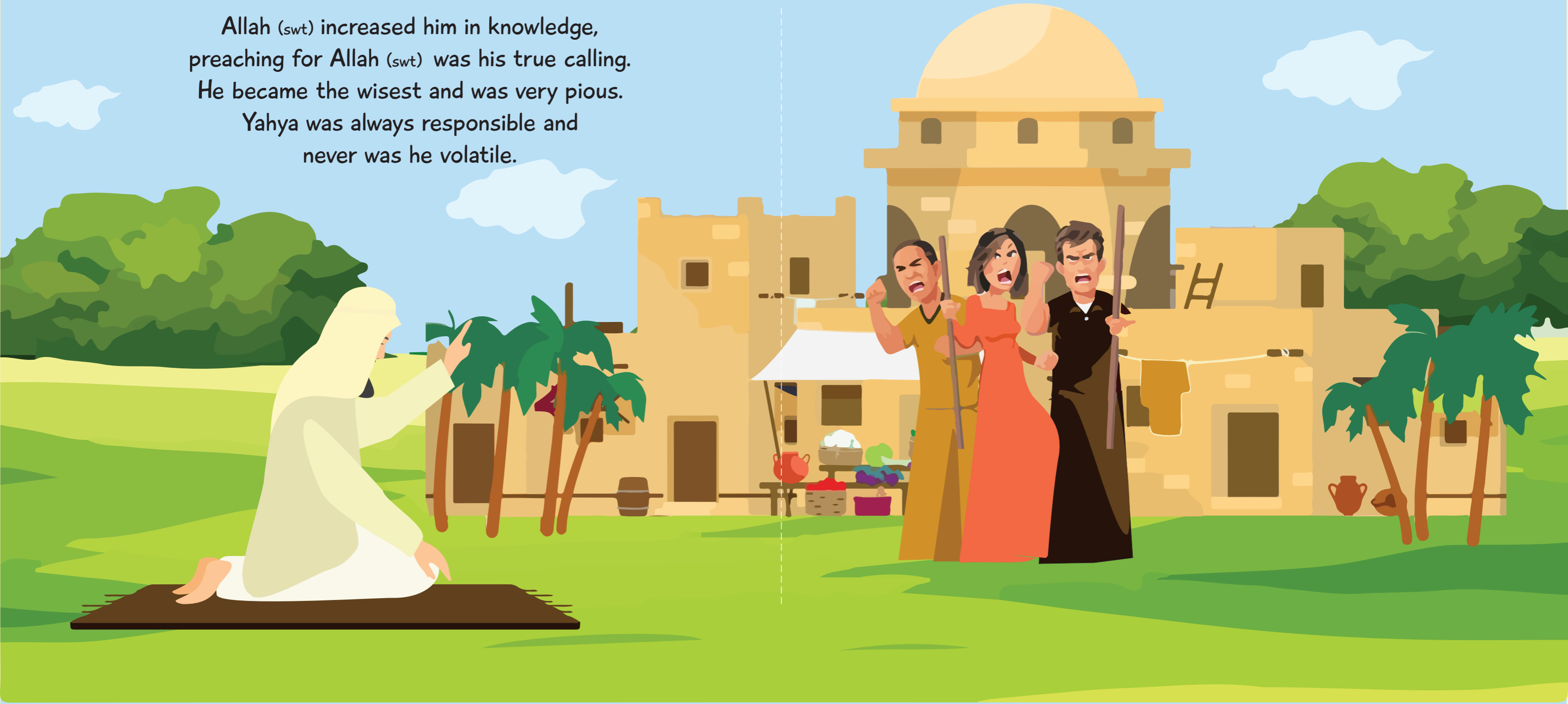
He always fed the animals
before he ate himself.
Yahya (as) was filled with love
especially for the one above.



Yahya (as) did not engage in any games
nor made any false claims.
He always was reading and with Allah (swt)
he would be pleading.



Allah (swt) increased him in knowledge,
preaching for Allah (swt) was his true calling.
He became the wisest and was very pious.
Yahya was always responsible and
never was he volatile.



Yahya's (as) was given certain blessings
be it judging or even guiding.
He always encouraged everyone to do good and
not worship things made out of wood.



He cared deeply for his parents, supporting them in every situation.
He was filled with compassion and did not care to live in a big mansion.



Yahya dug for himself a grave and
sat there contemplating
about being Allah's (swt) slave.

He loved to go camping but
did not enjoy laughing.



He always stood up for Allah's (swt) commands,
even if that meant he would be banned.

The Torah did he follow, preaching
everything as per Allah (swt).



The moral of the story is to always be loving and caring, especially to your parents. To study with earnesty and always stand up for justice even if you are the only one.



وَقَضَىٰ رَبُّكَ أَلَّا تَعْبُدُوا إِلَّا إِيَّاهُ وَبِالْوَالِدَيْنِ إِحْسَانًا
إِمَّا يَبُلُغْنِ عِنْدَكَ الْكِبَرَ أَحَدُهُمَا أَوْ كِلَاهُمَا فَلَا تَقُلْ لَهُمَا
أُفٌ وَلَا تَنْهَرْهُمَا وَقُلْ لَهُمَا قَوْلًا كَرِيمًا ٢٣

Wa qadaa Rabbuka allaa ta'budoo illaa iyyaahu wa bilwaalidaini ihsanaa;
immaa yablughanna 'indakal kibara ahaduhumaa aw kilaahumaa falaa taqul
lahumaa uffinw wa laa tanharhumaa wa qullahumaa qawlan kareemaa

And your Lord has decreed that you not worship except Him, and to parents, good treatment. Whether one or both of them reach old age [while] with you, say not to them [so much as], "uff," and do not repel them but speak to them a noble word.

We pray you implement these duas and converse with Allah (swt) throughout your day for the rest of your life. Ameen.

رَبِّ زِدْنِي عِلْمًا

Rabbi zidni ilma

"My Lord, increase me in knowledge."
Ameen. (Quran 20:114)

اللَّهُمَّ إِنِّي أَسْتَوِدِعُكَ مَا قَرَأْتُ وَمَا حَفِظْتُ
وَمَا تَعَلَّمْتُ فَارُدَّهُ لِي إِذَا حَاجَتِي إِلَيْهِ ،
إِنَّكَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ وَحَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

Allahumma inni astaudi'uka ma qara'tu wa ma hafiztu wa ma ta'allamtu, fardudhu li ilayya 'inda haajati, innaka 'ala kulli syai-in qadir, wa hasbunallahu wa ni'mal wakil.

"O Allah! I entrust You with what I have read and what I have memorised and I have studied. Bring it back to me when I am in need of it. Truly you have power over all things. Sufficient for us is Allah, and (He is) the best Disposer of affairs." **Ameen.**

رَبِّ هَبْ لِي حُكْمًا وَأَلْحِقْنِي بِالصَّالِحِينَ
وَاجْعَلْ لِي لِسَانَ صِدْقٍ فِي الْآخِرِينَ
وَاجْعَلْنِي مِنْ وَرَثَةِ جَنَّةِ النَّعِيمِ

Rabbi habli hukman wa al-hiqni bis salihin, waj-'al li lisana sidqin fil-aakhirin, waj-'alni min waratha-ti jannatin-naa'im.

My Lord! bestow wisdom on me and make me among the righteous. Bless me with honourable mention among later generations and make me one of the inheritors of the Garden of Bliss. **Ameen. (Quran, 26:83-85)**



GLOSSARY OF TERMS

| | |
|----------------------------------|-----------------------------------------------------------|
| (as) | Alayhis-salam means peace be upon him |
| (ra) | Radi Allahu anhu means Allah be pleased with him. |
| (swt) | Subhana wa t'Ala means Allah the most high |
| Akhlaq | Character |
| Amanah | Responsibility |
| Assalam u Alaykum wa Rahmatullah | May peace be with you and Allah's (swt) mercy be upon you |
| Bismillah | In the name of Allah (swt) |
| Jazak Allah Khairun | May Allah (swt) reward you with good |
| Jannah | Heaven |
| Shaytan | Devil |
| Sunnah | The way of the Prophet Muhammad (saw) |

SYNOPSIS OF STORY

Based on the work of Al Imam ibn Katheer, The Stories of the Prophets

1. Yahya was always serious and did not engage in any pastimes, even as a child.
2. He was very merciful towards everything including animals, often feeding them his own food.
3. Allah (swt) guided him to read all the books jurisprudence carefully and he became the wisest and most knowledgeable man of that time.
4. He was endowed with the faculties of passing judgment on peoples affairs, interpreting the secrets of religion, guiding people to the right and warning them against the wrong one.
5. When Yahya reached the age of maturity his compassion for his parents and well as mankind in general and animals increased greatly.
6. It is narrated that Zakkariya (as) did not see his son for three days. When he found him, he was weeping inside a grave which he had dug. His father had told him that between Paradise and Hell is only a span and it will not be crossed except by tear of the weepers. They then wept together.
7. He found comfort in nature and spent a lot of time camping outdoors and the animals did not harm as they recognized him as the prophet who cared for all creatures.

SYNOPSIS OF STORY

8. There was a tyrant king by the name of Herod Antipas who wanted to marry his niece. Yahya (as) forbade the union saying it would be incestuous and against the law of the Torah.
9. The niece was angry at the decision as she wanted to become queen, hence she plotted to kill Yahya (as).
10. Yahya (as) was executed and the niece was elated, but shortly after the children of Israel were severely punished by invading armies which destroyed their kingdom.

SERIES 1 GETTING TO KNOW ALLAH (swt)

- 1 Allah Loves You
- 2 Allah is Your Best Friend
- 3 Allah is The Creator

SERIES 3 ANCHORING YOUR AKHLAQ - A WALK THROUGH HUMANITY

- 1 Habil (as) & Kabil - Sibling Rivalry
- 2 Sheeth (as) - Obedience
- 3 Idris (as) - Learning
- 4 Nuh (as) - Resilience
- 5 Hud (as) - Vanity
- 6 Saleh (as) - Sharing
- 7 Ibrahim (as) - Reasoning
- 8 Isma'il (as) - Listening
- 9 Is'hac (as) - Trusting
- 10 Ya'qub (as) - Dedicated
- 11 Lut (as) - Hospitable
- 12 Shu'ayb (as) - Justice
- 13 Yusuf (as) - Integrity
- 14 Ayyub (as) - Loyalty
- 15 Dhul-Kifl (as) - Supporting
- 16 Yunus (as) - Sincerity
- 17 Musa (as) - Optimistic
- 18 Haroon (as) - United
- 19 Al-Khidr (as) - Patience
- 20 Ezekiel, Ilyas, Shammil (as) - Dependence
- 21 Luqman (as) - Wisdom
- 22 Dawood (as) - Brave
- 23 Suleiman (as) - Humility
- 24 Isaih, Jeremiah, Daniel, Uzair (as) - Reliable
- 25 Zakarriyah (as) - Perseverance
- 26 Yahya (as) - Responsible
- 27 Marryam (as) - Modesty
- 28 Esa (as) - Respectful
- 29 People of the Cave (as) - Proactive
- 30 Muhammad (saw) - Trustworthy

SERIES 2 OUR CREATION, PURPOSE AND JOURNEY OF OUR SOUL

- 1 The First Human
- 2 The Ultimate Battle - Human vs Shaytan
- 3 Our Greatest Weapon: DUA
- 4 Journey of Our Soul

SERIES 4 HADITH A DAY TO KEEP SHAYTAN AWAY

- 1 Jannah via Sunnah - Muharram
- 2 Jannah via Sunnah - Safar
- 3 Jannah via Sunnah - Rabi Al-Awwal
- 4 Jannah via Sunnah - Rabi Al-Thani
- 5 Jannah via Sunnah - Jumada Al-Awwal
- 6 Jannah via Sunnah - Jumada Al-Thani
- 7 Jannah via Sunnah - Rajab
- 8 Jannah via Sunnah - Shaban
- 9 Jannah via Sunnah - Ramadan
- 10 Jannah via Sunnah - Shawwal
- 11 Jannah via Sunnah - Dhul Qa'dah
- 12 Jannah via Sunnah - Dhul Hijjah

SERIES 5 FOUNDATIONS OF FAITH

- 1 Foundations of Faith
- 2 Step by Step Guide to Salah
- 3 My Little Dua Book
- 4 Barakat in Harakats
- 5 Fus-ha for Allah
- 6 Plan Your Day the Islamic Way
- 7 Celebrations & Holidays
- 8 99 Name Game

SERIES 6 TRANSITIONING INTO A TEENAGER

- 1 Becoming a Man
- 2 Becoming a Woman

This book is designed to build a Muslim identity in the 21st century. The series is divided into six sections.

I humbly request that they be read in order so that one may progressively learn and prosper. Insha'Allah.

May Allah (swt) accept all our efforts and grant us Jannah with no reckoning. Ameen.



DR. APPY

About the Author

Dr. Appy is a first generation immigrant in North America who has been practicing as a Neuropsychologist for over a decade. She was inspired to write this series due to her observations of how difficult it can be to raise children in this ever-changing world.

Dr. Appy would like to dedicate this book to her family and friends who have always supported and encouraged her, especially her parents. May Allah (swt) bless and guide us all. Ameen.

Dr. Appy genuinely prays to touch the heart of every child until the day of judgement and to assist parents in instilling the love of Allah (swt), along with the morals and etiquettes needed to be an upright Muslim and by default, citizen (Insha'Allah).

These books are designed to build a Muslim identity in the 21st century. I humbly request that they be read in order, so that our children can build on their knowledge and benefit. Insha'Allah.

Series 1: Get to know Allah (swt) and instill the love and companionship of Him in our hearts.

Series 2: Understand how we were created, our purpose and the journey of our soul.

Series 3: Anchor our akhlaq by walking through humanity; each Prophet is paired with a character trait and the story ends with a moral to internalize and build our identity.

Series 4: Learn and internalize a hadith a day to keep Shaytan away.

Series 5: Learn the foundations of faith by planning our day the Islamic way.

Series 6: Help our children transition into a teenager and adult.

I pray this series brings us all closer together in this world and in the hereafter. May Allah (swt) accept all our efforts and grants us Jannah with no reckoning. Ameen.

Download this series for FREE at drappy.ca

