

Adventures with Dr. Appy

**DAWOOD (AS)**  
**BRAVE**

Anchoring Your Akhlaq - A Walk Through Humanity: Book 22/30

Written by:  
Dr. Appy

Illustrated by:  
Mr. Majid

Dr. Appy prays that this book touches your heart, and requests that the reward be given to every human with even an ounce of Iman, from the time of Adam (as) until the day of judgement. Ameen.

All profits from this book will be donated to charity. For more detailed information about how the proceeds are being distributed please visit: [www.drappy.ca](http://www.drappy.ca)

Copyright @ 2021

All rights reserved. No part of this book may be reproduced or used in any manner without permission of the copyright owner, except for the use of quotations in a book review.

A special dua is requested for Brother Majid whose creativity has allowed for these series to come alive.

#### ISBN

Electronic: 978-1-990398-36-0

Hardcover: 978-1-990398-37-7

Paperback: 979-8-375032-55-9

# Dear Parents

The purpose of this book is as follows:

- 1 - Instill the trait of bravery and to stand up to bullies, fearing no one other than Allah (swt);
- 2 - To understand that no matter how big the problem is in front of you, if you have Allah (swt) you will be victorious;
- 3 - To internalize that success comes from Allah (swt) and we are only responsible for trying;
- 4 - To always try to problem solve and ensure you explore all aspects before coming to a solution.

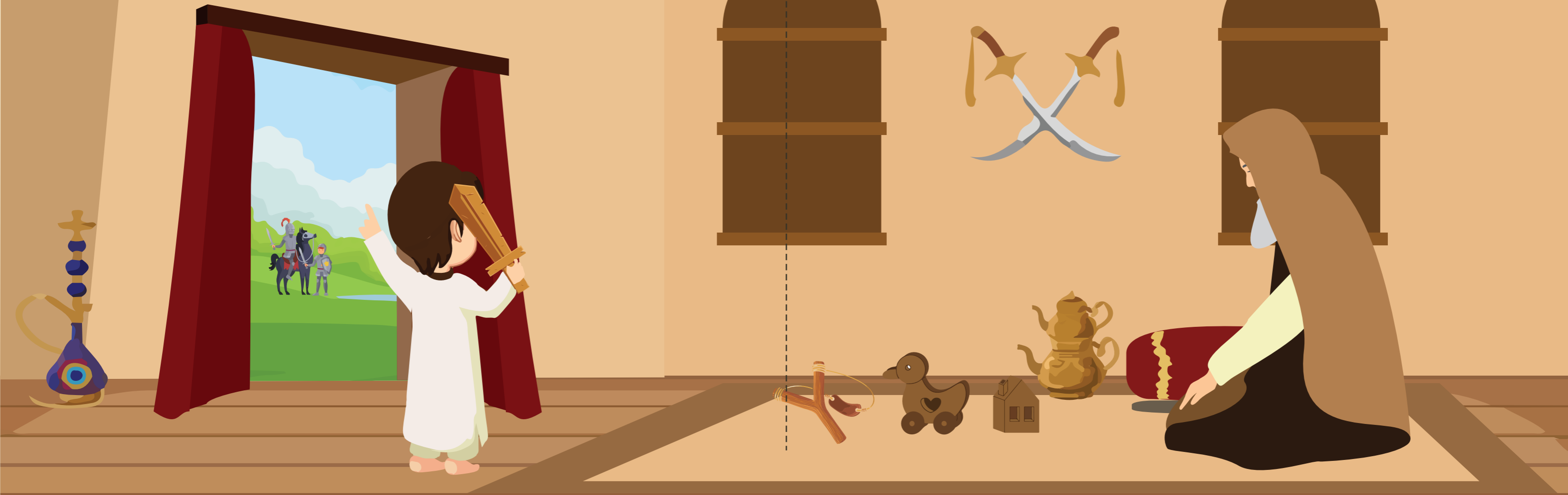
I pray this book brings us and our families closer together, and that we all learn to approach all the challenges of life with calmness, along with the conviction that you truly have the ability to overcome every challenge of life, as Allah (swt) loves you and will not burden you with something you cannot handle. Ameen.

Assalam u Alaikum wa Rahmatullah \_\_\_\_\_.  
(insert child name)  
Jazak Allah hu Khairan for joining us in our adventure!

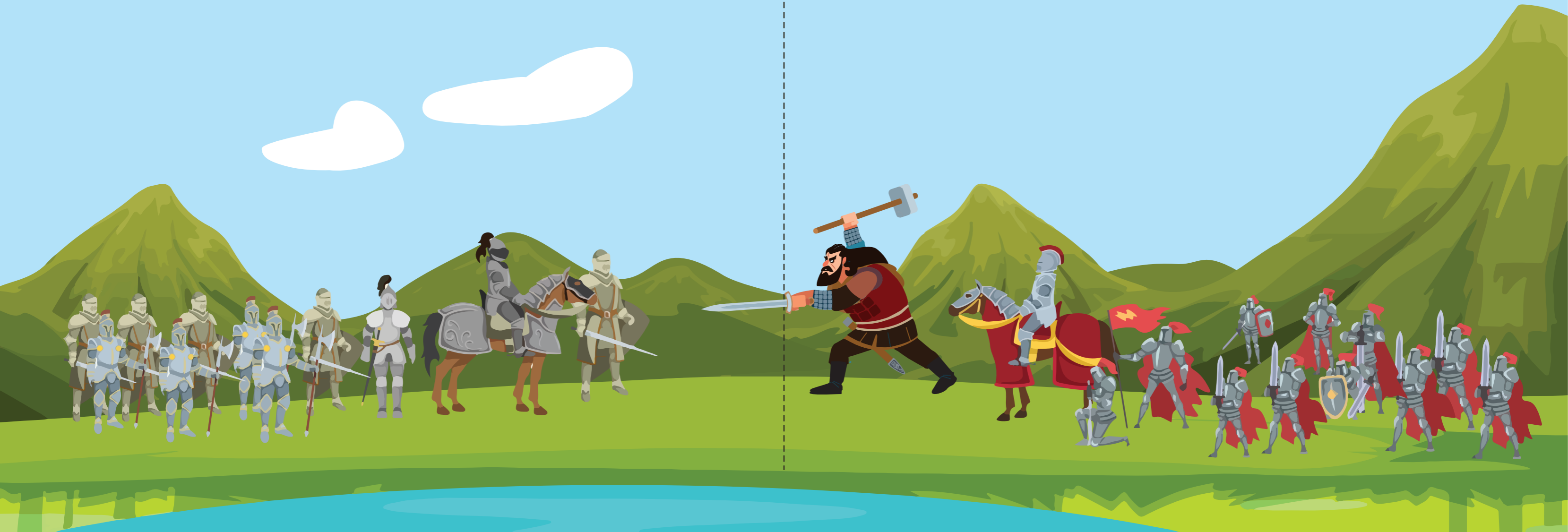
Today we will be exploring the story of Dawood (as).  
Let us begin by saying Bismillah!



There once was a little boy who loved to play with all kinds of toys. Although he was tiny, he was very mighty and wanted to join the army. His father said you're very small but eventually agreed and said you can go and help them all.



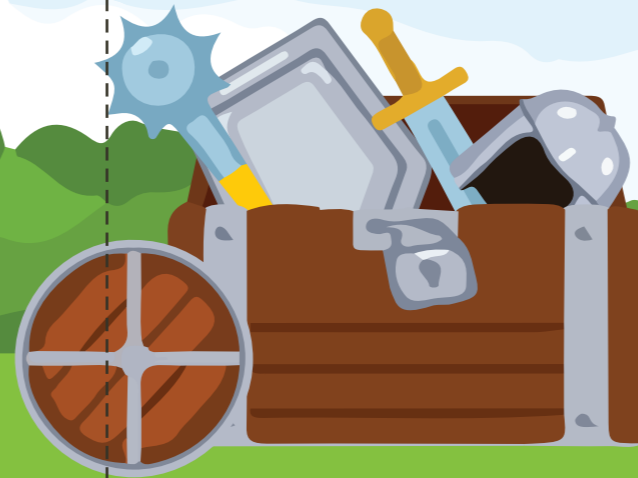
He joined the army of King Talut and  
was ready to face the big Jalut!  
No one came forth, except the little boy saying  
I will fight with all my might this Jalut!



Everyone laughed and King Talut said  
your too little but admired his committal.  
Dawood (as) defended by saying I killed a lion  
and a bear without being scared.

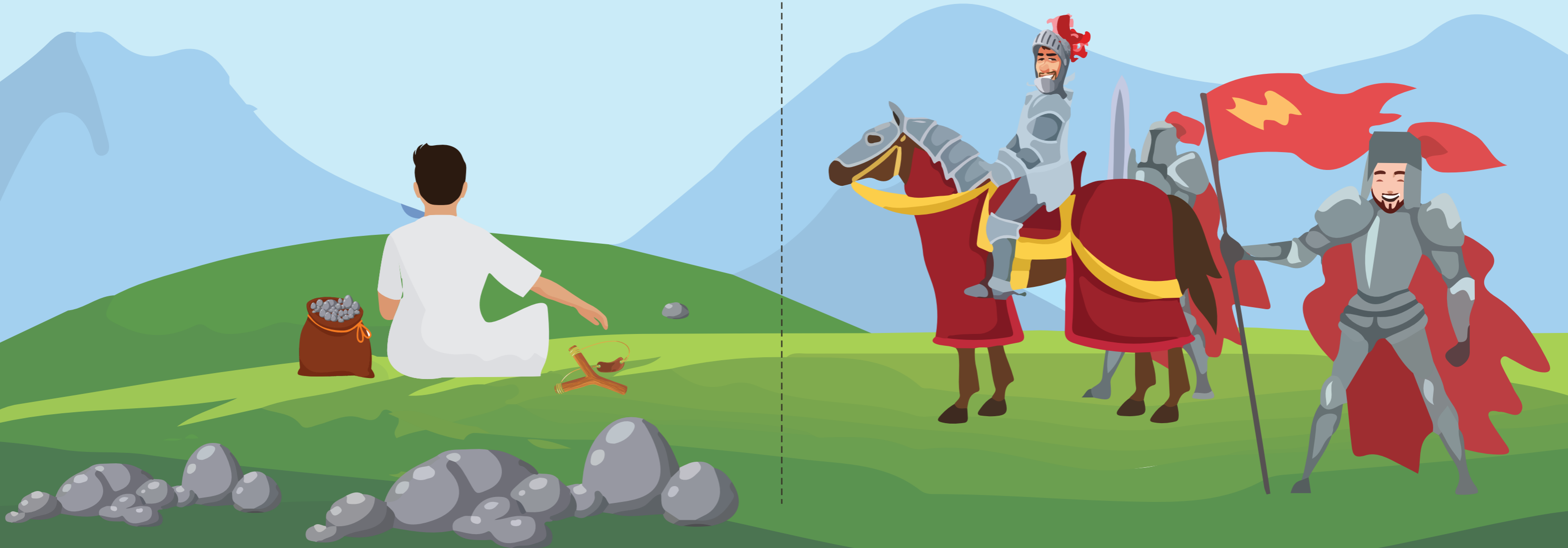


He was adorned with armor and he stood up  
in honor saying - Jalut you're a goner!  
Dawood (as) requested to remove his armor as  
he was to face this warrior without any barriers.





He gathered some pebbles from all the rubble and  
said I am ready to pop Jalut's bubble.  
Jalut was laughing while his army was smack talking  
saying there is no way this little boy will come out winning.





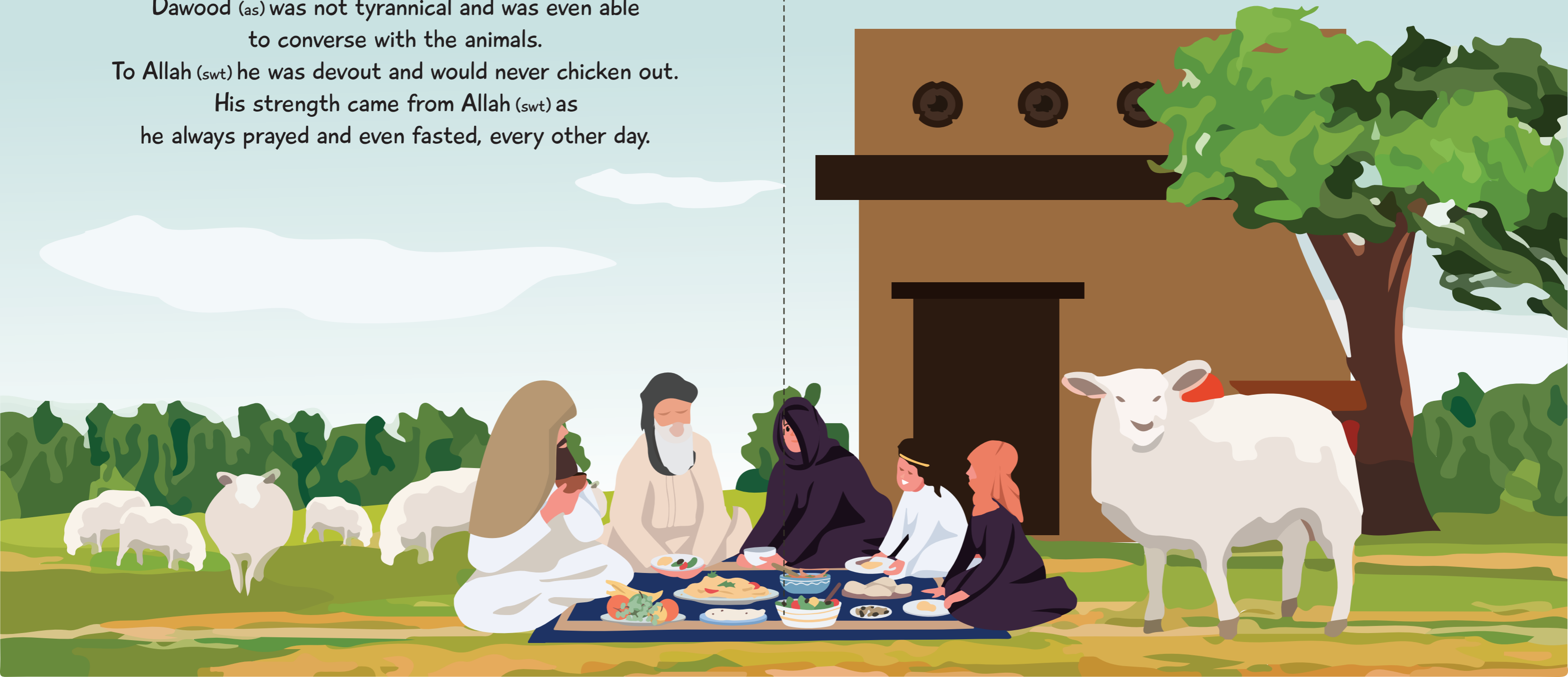
He joined the army of King Talut and  
was ready to face the big Jalut!  
No one came forth, except the little boy saying  
I will fight with all my might this Jalut!



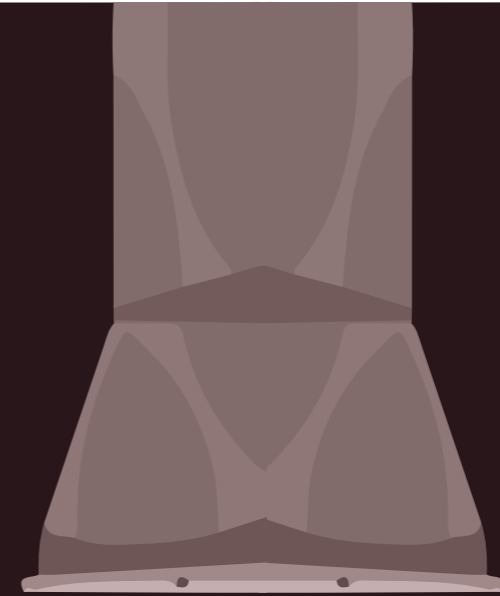
He became a hero while the army  
lamented in sorrow.  
Allah (swt) gave Dawood (as) the Zaboor  
and he ensured it was secure.



Dawood (as) was not tyrannical and was even able to converse with the animals.  
To Allah (swt) he was devout and would never chicken out.  
His strength came from Allah (swt) as he always prayed and even fasted, every other day.



He was a deep thinker, wondering how one can be limber wearing all this armor.  
Allah (swt) made the iron soft and flexible so that it may become bendable.



Shaytan was super jealous and started to climb up King Saul's trellis.

His attempts were futile despite King Saul being brutal.

Dawood (as) was calm and serious as he explained to King Saul that Shaytan indeed is very devious.



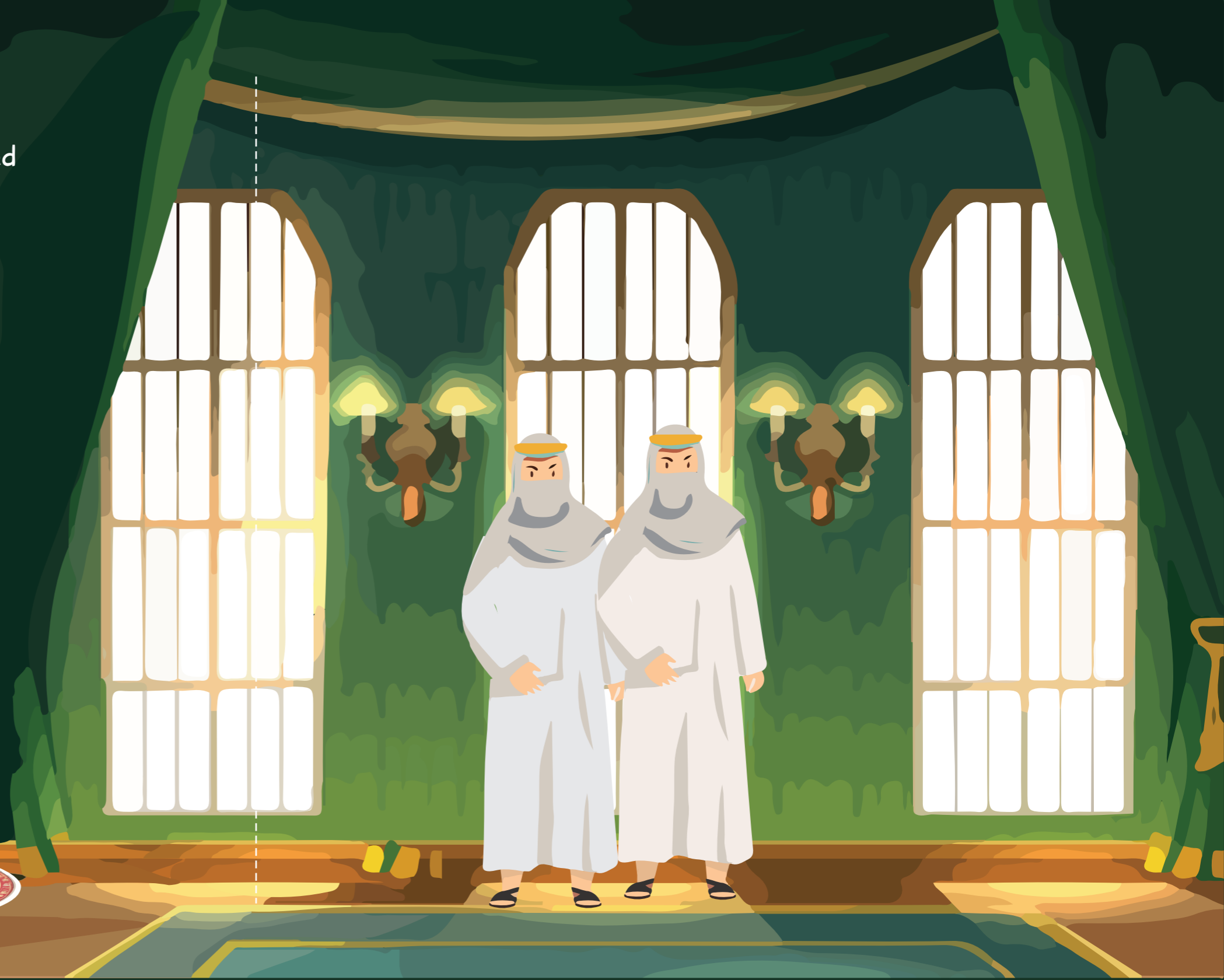
Dawood (as) became the king and  
justice did he bring.

A dispute arose, and the man said his sheep  
ate all my crop including my corn on the cob.

Dawood (as) was rendering a verdict, but  
his son Suleiman (as) was very observant.



On another occasion two men appeared  
looking for a resolution.  
They were sent by Allah (swt)  
to teach Dawood (as)  
to always listen to all parties  
so you can judge wisely.





The moral of the story is to be brave and fear only Allah (swt).

To know that even if the problem before you is as big as a Goliath, know you have the capability to overcome, just be strategic.

To never let worldly things bring you down and adorn yourself with the taqwa of Allah (swt).

Lastly, to be just in all your dealings, never rush to come to a conclusion and ensure you listen to everyone and consider everything before speaking.

رَبَّنَا وَاجْعَلْنَا مُسْلِمِينَ لَكَ وَمِنْ ذُرِّيَّتِنَا أُمَّةً  
مُّسْلِمَةً لَكَ وَأَرِنَا مَنَاسِكَنَا  
وَتُبَّ عَلَيْنَا إِنْكَ أَنْتَ التَّوَّابُ الرَّحِيمُ ١٢٨

Rabbana wajAAalna muslimayni laka wamin thurriyyatina  
ommatan muslimatan laka waarina manasikana watub  
AAalayna innaka anta attawwabu arraheem

Our Lord, and make us Muslims [in submission] to You and from our descendants a Muslim nation [in submission] to You. And show us our rites and accept our repentance. Indeed, You are the Accepting of repentance, the Merciful." (Quran 2:128)

We pray you implement these duas and converse with Allah (swt) throughout your day for the rest of your life. Ameen.

رَبِّ زِدْنِي عِلْمًا

Rabbi zidni ilma

"My Lord, increase me in knowledge."  
Ameen. (Quran 20:114)

اللَّهُمَّ إِنِّي أَسْتَوِدُّكَ مَا قَرَأْتُ وَمَا حَفِظْتُ  
وَمَا تَعَلَّمْتُ فَارُدَّهُ لِي إِلَيَّ عِنْدَ حَاجَتِي إِلَيْهِ ،  
إِنَّكَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ وَحَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

Allahumma inni astaudi'uka ma qara'tu wa ma hafiztu wa ma ta'allamtu, fardudhu li ilayya 'inda haajati, innaka 'ala kulli syai-in qadir, wa hasbunallahu wa ni'mal wakil.

"O Allah! I entrust You with what I have read and what I have memorised and I have studied. Bring it back to me when I am in need of it. Truly you have power over all things. Sufficient for us is Allah, and (He is) the best Disposer of affairs." **Ameen.**

رَبِّ هَبْ لِي حُكْمًا وَأَلْحِقْنِي بِالصَّالِحِينَ  
وَاجْعَلْ لِي لِسَانَ صِدْقٍ فِي الْآخِرِينَ  
وَاجْعَلْنِي مِنْ وَرَثَةِ جَنَّةِ النَّعِيمِ

Rabbi habli hukman wa al-hiqni bis salihin, waj-'al li lisana sidqin fil-aakhirin, waj-'alni min waratha-ti jannatin-naa'im.

My Lord! bestow wisdom on me and make me among the righteous. Bless me with honourable mention among later generations and make me one of the inheritors of the Garden of Bliss. **Ameen. (Quran, 26:83-85)**



## GLOSSARY OF TERMS

(as)	Alayhis-salam means peace be upon him
(ra)	Radi Allahu anhu means Allah be pleased with him.
(swt)	Subhana wa t'Ala means Allah the most high
Akhlaq	Character
Amanah	Responsibility
Assalam u Alaykum wa Rahmatullah	May peace be with you and Allah's (swt) mercy be upon you
Bismillah	In the name of Allah (swt)
Jazak Allah Khairun	May Allah (swt) reward you with good
Jannah	Heaven
Shaytan	Devil
Sunnah	The way of the Prophet Muhammad (saw)

## SYNOPSIS OF STORY

Based on the work of Al Imam ibn Katheer, The Stories of the Prophets

1. The two armies Saul/Talut vs Goliath/Jalut faced each other, the tradition was that there would be a single combat.
2. Goliath wanted to show off his strength, the men were terrorized. A youth stepped forward to challenge Goliath. The army of Goliath laughed and even Saul's men shook their heads.
3. The young man was Dawood (Dawood) (as) from the city of Bethlehem. His elderly father allowed Dawood (as) to help the army but was instructed not to fight.
4. King Saul was impressed at the youth's courage but said you are no match for that mighty warrior, let the strong men come forward.
5. Dawood (as) was determined and he informed the king that the day before he had killed a lion that threatened his father's sheep and on another occasion he had killed a bear.
6. He asked King Saul not to judge him by his appearance. Impressed again by his stance the King decided to let him fight.
7. The King put army armour on Dawood (as) but he felt uncomfortable and immobile so he removed them and filled his leather pouch with pebbles and slung over his arm with his sling.
8. Dawood (as) took his sling and placed in it a pebble and aimed at Goliath and with one shot killed him. The enemies surrendered.
9. Allah (swt) gave Dawood (as) the kingdom and made him a prophet, and gave to him the Psalms/Zaboor. (Quran 2:251, 38:18-20, 17:55)
10. Dawood (as) was granted the ability to understand the language of the animals as he often prayed and remembered Allah (swt) in the wilderness.
11. Dawood (as) fasted every other day. He was a devout and sincere lover of Allah (swt) and did not chase after fame, although he was considered to be a hero overnight.

## SYNOPSIS OF STORY

**12.** Allah (swt) heard Dawood (as) contemplating how heavy the armor was and iron was made soft and flexible for him (Quran 34:10)

**13.** King Saul was now becoming jealous of Dawood (as) and planned a plot to kill him. Dawood (as) was not murdered and King Saul was losing his kingdom and he wanted to have a battle (civil war).

**14.** Before the battle ensued, Dawood (as) went up to King Saul and cut off a piece of his garment and discussed with him that if he wanted he could cut his neck off. He said he wants to spread love, not malice.

**15.** King Saul realized his mistake and repented and made Dawood (as) the King once he passed away.

**16.** Dawood was solving a dispute between an owner of a field who said this man's sheep came and ate all his grapes and he would like to be compensated. Dawood (as) judged to exchange the sheep for a field. His son Soloman (as) was 11 years listening.

**17.** His son requested to speak up and provided another opinion which was to make the owner of the sheep cultivate the field until the grapes grow and the other man should take the sheep's wool and mild until his field is repaired. Dawood (as) said this is sound judgment and accepted this ruling.

**18.** Dawood (as) continued to preach the Zaboor/Psalms/Songs of Dawood. Although he was a king he did not live on the income of his kingdom. He made and sold weapons and lived on that income.

**19.** Dawood (as) was praying and 2 men appeared and said they are disputing, and Dawood (as) heard one party but did not listen to the other party and rendered a decision. The men vanished and Dawood (as) realized they were Angels sent to teach him a lesson about not rendering a decision without hearing from all sides. (Quran 38:21-26)

**20.** Dawood (as) died whilst glorifying Allah (swt) and his funeral was mourned by 4000 priests and thousands of people. At his funeral his son Suleiman (as) called the birds to protect everyone from the son. This was the first sign of Suleiman (as) dominion.

### SERIES 1 GETTING TO KNOW ALLAH (swt)

- 1 Allah Loves You
- 2 Allah is Your Best Friend
- 3 Allah is The Creator

### SERIES 3 ANCHORING YOUR AKHLAQ - A WALK THROUGH HUMANITY

- 1 Habil (as) & Kabil - Sibling Rivalry
- 2 Sheeth (as) - Obedience
- 3 Idris (as) - Learning
- 4 Nuh (as) - Resilience
- 5 Hud (as) - Vanity
- 6 Saleh (as) - Sharing
- 7 Ibrahim (as) - Reasoning
- 8 Isma'il (as) - Listening
- 9 Is'hac (as) - Trusting
- 10 Ya'qub (as) - Dedicated
- 11 Lut (as) - Hospitable
- 12 Shu'ayb (as) - Justice
- 13 Yusuf (as) - Integrity
- 14 Ayyub (as) - Loyalty
- 15 Dhul-Kifl (as) - Supporting
- 16 Yunus (as) - Sincerity
- 17 Musa (as) - Optimistic
- 18 Haroon (as) - United
- 19 Al-Khidr (as) - Patience
- 20 Ezekiel, Ilyas, Shammil (as) - Dependence
- 21 Luqman (as) - Wisdom
- 22 Dawood (as) - Brave
- 23 Suleiman (as) - Humility
- 24 Isaih, Jeremiah, Daniel, Uzair (as) - Reliable
- 25 Zakarriyah (as) - Perseverance
- 26 Yahya (as) - Responsible
- 27 Marryam (as) - Modesty
- 28 Esa (as) - Respectful
- 29 People of the Cave (as) - Proactive
- 30 Muhammad (saw) - Trustworthy

### SERIES 2 OUR CREATION, PURPOSE AND JOURNEY OF OUR SOUL

- 1 The First Human
- 2 The Ultimate Battle - Human vs Shaytan
- 3 Our Greatest Weapon: DUA
- 4 Journey of Our Soul

### SERIES 4 HADITH A DAY TO KEEP SHAYTAN AWAY

- 1 Jannah via Sunnah - Muharram
- 2 Jannah via Sunnah - Safar
- 3 Jannah via Sunnah - Rabi Al-Awwal
- 4 Jannah via Sunnah - Rabi Al-Thani
- 5 Jannah via Sunnah - Jumada Al-Awwal
- 6 Jannah via Sunnah - Jumada Al-Thani
- 7 Jannah via Sunnah - Rajab
- 8 Jannah via Sunnah - Shaban
- 9 Jannah via Sunnah - Ramadan
- 10 Jannah via Sunnah - Shawwal
- 11 Jannah via Sunnah - Dhul Qa'dah
- 12 Jannah via Sunnah - Dhul Hijjah

### SERIES 5 FOUNDATIONS OF FAITH

- 1 Foundations of Faith
- 2 Step by Step Guide to Salah
- 3 My Little Dua Book
- 4 Barakat in Harakats
- 5 Fus-ha for Allah
- 6 Plan Your Day the Islamic Way
- 7 Celebrations & Holidays
- 8 99 Name Game

### SERIES 6 TRANSITIONING INTO A TEENAGER

- 1 Becoming a Man
- 2 Becoming a Woman

This book is designed to build a Muslim identity in the 21st century. The series is divided into six sections.

I humbly request that they be read in order so that one may progressively learn and prosper. Insha'Allah.

May Allah (swt) accept all our efforts and grant us Jannah with no reckoning. Ameen.



**DR. APPY**

## About the Author

Dr. Appy is a first generation immigrant in North America who has been practicing as a Neuropsychologist for over a decade. She was inspired to write this series due to her observations of how difficult it can be to raise children in this ever-changing world.

Dr. Appy would like to dedicate this book to her family and friends who have always supported and encouraged her, especially her parents. May Allah (swt) bless and guide us all. Ameen.

Dr. Appy genuinely prays to touch the heart of every child until the day of judgement and to assist parents in instilling the love of Allah (swt), along with the morals and etiquettes needed to be an upright Muslim and by default, citizen (Insha'Allah).

**These books are designed to build a Muslim identity in the 21st century. I humbly request that they be read in order, so that our children can build on their knowledge and benefit. Insha'Allah.**

**Series 1:** Get to know Allah (swt) and instill the love and companionship of Him in our hearts.

**Series 2:** Understand how we were created, our purpose and the journey of our soul.

**Series 3:** Anchor our akhlaq by walking through humanity; each Prophet is paired with a character trait and the story ends with a moral to internalize and build our identity.

**Series 4:** Learn and internalize a hadith a day to keep Shaytan away.

**Series 5:** Learn the foundations of faith by planning our day the Islamic way.

**Series 6:** Help our children transition into a teenager and adult.

I pray this series brings us all closer together in this world and in the hereafter. May Allah (swt) accepts all our efforts and grants us Jannah with no reckoning. Ameen.

**Download this series for FREE at [drappy.ca](http://drappy.ca)**

