

Adventures with Dr. Appy

HIZQEEL, ILYAS, SHAMMIL (AS) DEPENDENCE

Anchoring Your Akhlaq - A Walk Through Humanity: Book 20/30

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Illustrated by:
Mr. Majid

Dr. Appy prays that this book touches your heart, and requests that the reward be given to every human with even an ounce of Iman, from the time of Adam (as) until the day of judgement. Ameen.

All profits from this book will be donated to charity. For more detailed information about how the proceeds are being distributed please visit: www.drappy.ca

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A special dua is requested for Brother Majid whose creativity has allowed for these series to come alive.

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Dear Parents

The purpose of this book is as follows:

- 1 - Understand that by observing nature our belief in the afterlife should be fortified, i.e. fall to winter things start to die and spring to summer everything comes back to life, by the will of Allah (swt);

To realize that Shaytan is constantly trying to lead us astray and to always be open and willing to listen to good advice;
- 2 -
- 3 - To be grateful for all that you have and not complain about things you do not have;
- 4 - To listen to the rules and restrictions placed upon you by Allah (swt) and by your parents, society etc.

I pray this book brings us and our families closer together and that we all benefit from good advice and build a strong connection with Allah (swt). Ameen.

Assalam u Alaikum wa Rahmatullah _____
(insert child name)
Jazak Allah hu Khairan for joining us in our adventure!

Today we will be exploring the story of
Hizqeel, Ilyas, Shammil (as).

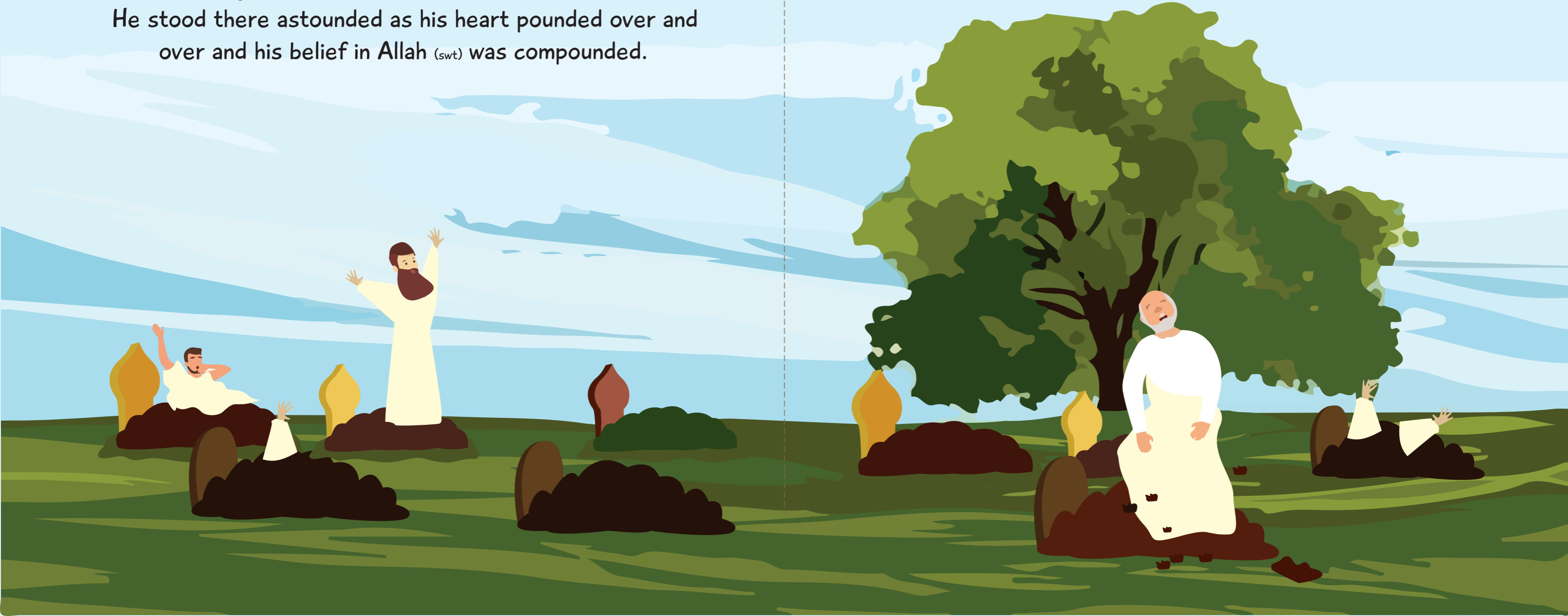
Let us begin by saying Bismillah!



Allah ^(swt) sent us reminders in all different ways,
unfortunately some people did not listen,
much to Allah's ^(swt) dismay.
They questioned resurrection,
how can you not see the connection?
Winter to spring should surely make your heart swing?

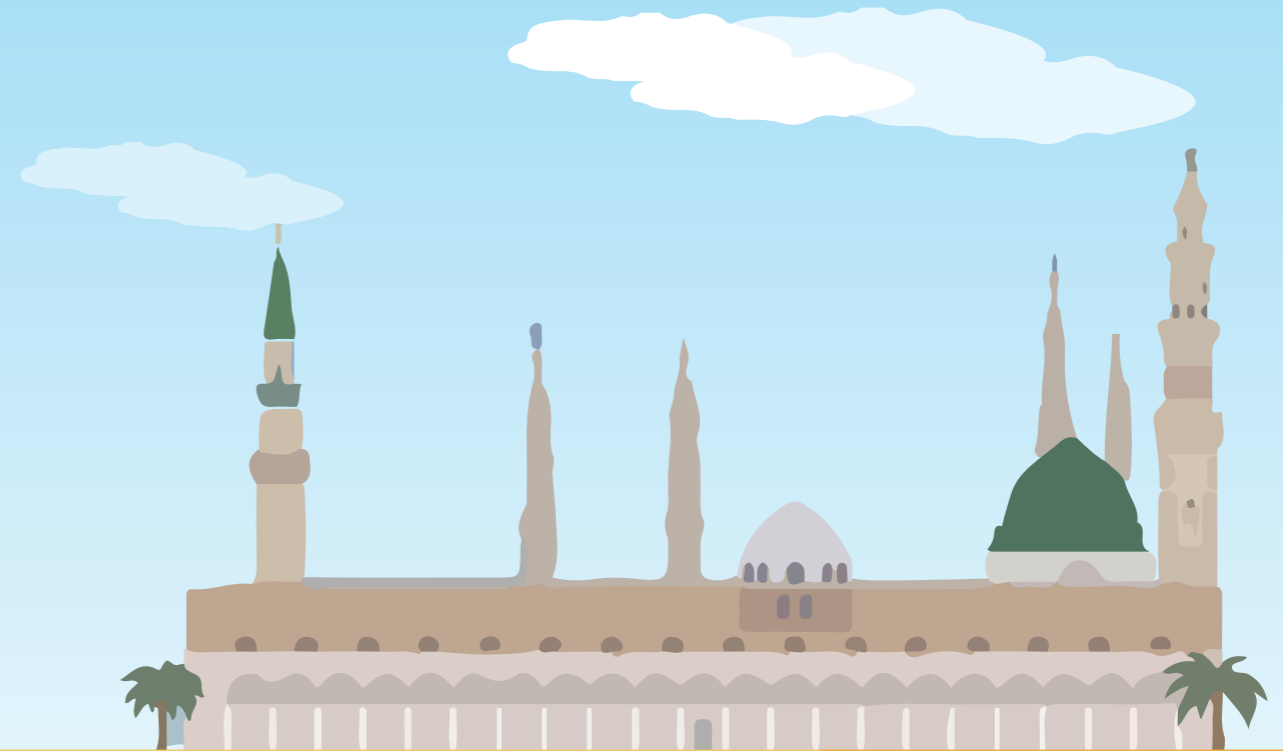


Hizqeel (as) was passing where his forefathers were laying,
Allah brought them all back to life from the afterlife.
He stood there astounded as his heart pounded over and
over and his belief in Allah (swt) was compounded.



Iman had returned, contrary to Shaytan's plan.
Everyone's dependence was only
on the one with true credence.

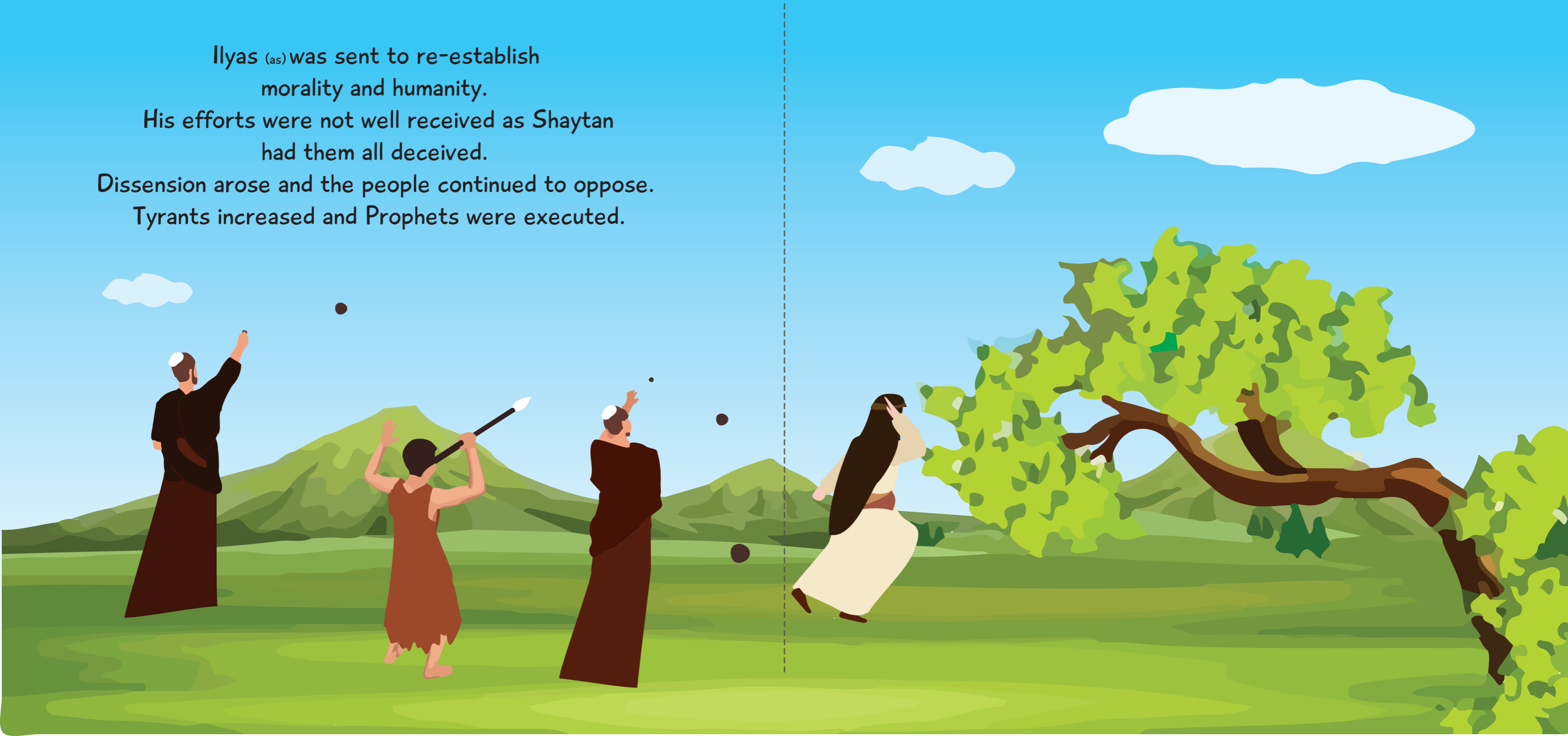
Hizqeel (as) returned to Allah and
Shaytan went into full gear.
His mission was clear, steer
everyone to a fate so very drear.



Ilyas (as) was sent to re-establish
morality and humanity.

His efforts were not well received as Shaytan
had them all deceived.

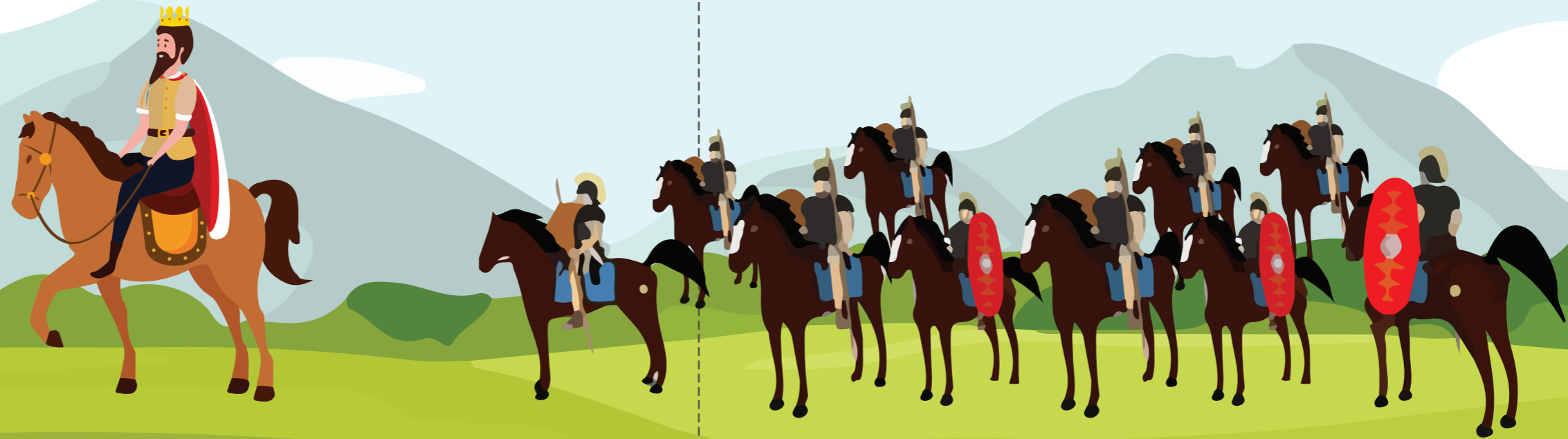
Dissension arose and the people continued to oppose.
Tyrants increased and Prophets were executed.



Bani Israel were lost once again,
their ingratitude was ingrained.
Shammil (as) was sent to bring them back to
Allah (swt), solely due to His rehma.



King Talut was also appointed hoping this time Bani Israel would not leave Allah (swt) disappointed. He led the army to battle and said we will pass a river and not to drink from it like cattle.



Only a few had listened, passing
the test when told to rest.
The few that remained marched forward
as per Allah's ^(swt) orders.



The moral of the story is to not let Shaytan delude you with the blessings you have in this world.

To be mindful of Allah (swt) and his restrictions placed upon you.

Allah (swt) is the most merciful so never despair and only depend on Him, The Most Loving.

وَلَمَّا بَرَزُوا لِجَالُوتَ وَجُنُودِهِ قَالُوا رَبَّنَا أَفْرِغْ عَلَيْنَا صَبْرًا
وَتَبِّتْ أقدامَنَا وَأَنْصُرْنَا عَلَى الْقَوْمِ الْكَافِرِينَ

Wa lamma barazoo liJaloota wa junoodihee qaloo
Rabbanaaa afrigh 'alainaa sabranw wa sabbit aqdaamanaa
wansurnaa 'alal qawmil kaafreen

When they advanced to face Goliath and his warriors, they prayed,
"Our Lord! Shower us with perseverance, make our steps firm, and
give us victory over the disbelieving people." (Quran 2:250)

We pray you implement these duas and converse with Allah (swt) throughout your day for the rest of your life. Ameen.

رَبِّ زِدْنِي عِلْمًا

Rabbi zidni ilma

"My Lord, increase me in knowledge."
Ameen. (Quran 20:114)

اللَّهُمَّ إِنِّي أَسْتَوِدُّكَ مَا قَرَأْتُ وَمَا حَفِظْتُ
وَمَا تَعَلَّمْتُ فَرُدَّهُ لِي إِلَيَّ عِنْدَ حَاجَتِي إِلَيْهِ ،
إِنَّكَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ وَحَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

Allahumma inni astaudi'uka ma qara'tu wa ma hafiztu wa ma ta'allamtu, fardudhu li ilayya 'inda haajati, innaka 'ala kulli syai-in qadir, wa hasbunallahu wa ni'mal wakil.

"O Allah! I entrust You with what I have read and what I have memorised and I have studied. Bring it back to me when I am in need of it. Truly you have power over all things. Sufficient for us is Allah, and (He is) the best Disposer of affairs." **Ameen.**

رَبِّ هَبْ لِي حُكْمًا وَأَلْحِقْنِي بِالصَّالِحِينَ
وَاجْعَلْ لِي لِسَانَ صِدْقٍ فِي الْآخِرِينَ
وَاجْعَلْنِي مِنْ وَرَثَةِ جَنَّةِ النَّعِيمِ

Rabbi habli hukman wa al-hiqni bis salihin, waj-'al li lisana sidqin fil-aakhirin, waj-'alni min waratha-ti jannatin-naa'im.

My Lord! bestow wisdom on me and make me among the righteous. Bless me with honourable mention among later generations and make me one of the inheritors of the Garden of Bliss. **Ameen. (Quran, 26:83-85)**



GLOSSARY OF TERMS

(as)	Alayhis-salam means peace be upon him
(ra)	Radi Allahu anhu means Allah be pleased with him.
(swt)	Subhana wa t'Ala means Allah the most high
Akhlaq	Character
Amanah	Responsibility
Assalam u Alaykum wa Rahmatullah	May peace be with you and Allah's (swt) mercy be upon you
Bismillah	In the name of Allah (swt)
Jazak Allah Khairun	May Allah (swt) reward you with good
Jannah	Heaven
Shaytan	Devil
Sunnah	The way of the Prophet Muhammad (saw)

SYNOPSIS OF STORY

Based on the work of Al Imam ibn Katheer, *The Stories of the Prophets*

Hizqeel (as)

1. Hizqeel (as) was a descendent from the Israelites.
2. His forefathers had fled Palestine in fear of a plague and settled on a plateau but they had all perished.
3. Centuries later Hizqeel (as) was passing by the area and stopped to ponder about them.
4. A voice asked Hizqeel (as) if he would like to have them resurrected. He responded in the affirmative and Allah (swt) demonstrated how the bones came together to make a skeleton and then the body.
5. They were resurrected in the same way they had died with the same clothes, flesh and blood.

Ilyas (as)

1. After the passing of Hizqeel (as) the Bani Israel started to deviate from tauheed and corruption and immorality ensued.
2. Allah (swt) then sent Elija (as) to re-establish tauheed and call them towards morality and decency.
3. Dissension rose among the community, sins increased everywhere and the tyrants increasing killing the Prophets.

SYNOPSIS OF STORY

Shammil (as)

1. The children Israel started to ignore Allah's law; evil habits became a part of their lives and they engaged in war and lost the Ark of the Covenant to the Philistines.
2. Allah(swt) sent Samuel (as) to bring back to the straight path as they were like sheep without a shepherd for many years.
3. Allah (swt) also appointed Saul/Talut to be their king who would lead the battle against the Philistines. The sign of his kingdom would be peace that comes from a wooden box (Quran 2:246-250)
4. King Saul led the army and they came to a river. He instructed them not to drink the water as it is a test from Allah (swt). Only a few people followed the instructions and passed the test. (Quran 2:249)
5. The true believers who passed the test marched forward and when they saw Goliath/Jalut and his army they sincerely prayed for patience and victory.
6. The small band that remained was willing to fight, whatever the outcome for they had conviction in Allah (swt) and knew a small force could defeat a larger one.

SERIES 1 GETTING TO KNOW ALLAH (swt)

- 1 Allah Loves You
- 2 Allah is Your Best Friend
- 3 Allah is The Creator

SERIES 3 ANCHORING YOUR AKHLAQ - A WALK THROUGH HUMANITY

- 1 Habil (as) & Kabil - Sibling Rivalry
- 2 Sheeth (as) - Obedience
- 3 Idris (as) - Learning
- 4 Nuh (as) - Resilience
- 5 Hud (as) - Vanity
- 6 Saleh (as) - Sharing
- 7 Ibrahim (as) - Reasoning
- 8 Isma'il (as) - Listening
- 9 Is'hac (as) - Trusting
- 10 Ya'qub (as) - Dedicated
- 11 Lut (as) - Hospitable
- 12 Shu'ayb (as) - Justice
- 13 Yusuf (as) - Integrity
- 14 Ayyub (as) - Loyalty
- 15 Dhul-Kifl (as) - Supporting
- 16 Yunus (as) - Sincerity
- 17 Musa (as) - Optimistic
- 18 Haroon (as) - United
- 19 Al-Khidr (as) - Patience
- 20 Ezekiel, Ilyas, Shammil (as) - Dependence
- 21 Luqman (as) - Wisdom
- 22 Dawood (as) - Brave
- 23 Suleiman (as) - Humility
- 24 Isaih, Jeremiah, Daniel, Uzair (as) - Reliable
- 25 Zakariyah (as) - Perseverance
- 26 Yahya (as) - Responsible
- 27 Marryam (as) - Modesty
- 28 Esa (as) - Respectful
- 29 People of the Cave (as) - Proactive
- 30 Muhammad (saw) - Trustworthy

SERIES 2 OUR CREATION, PURPOSE AND JOURNEY OF OUR SOUL

- 1 The First Human
- 2 The Ultimate Battle - Human vs Shaytan
- 3 Our Greatest Weapon: DUA
- 4 Journey of Our Soul

SERIES 4 HADITH A DAY TO KEEP SHAYTAN AWAY

- 1 Jannah via Sunnah - Muharram
- 2 Jannah via Sunnah - Safar
- 3 Jannah via Sunnah - Rabi Al-Awwal
- 4 Jannah via Sunnah - Rabi Al-Thani
- 5 Jannah via Sunnah - Jumada Al-Awwal
- 6 Jannah via Sunnah - Jumada Al-Thani
- 7 Jannah via Sunnah - Rajab
- 8 Jannah via Sunnah - Shaban
- 9 Jannah via Sunnah - Ramadan
- 10 Jannah via Sunnah - Shawwal
- 11 Jannah via Sunnah - Dhul Qa'dah
- 12 Jannah via Sunnah - Dhul Hijjah

SERIES 5 FOUNDATIONS OF FAITH

- 1 Foundations of Faith
- 2 Step by Step Guide to Salah
- 3 My Little Dua Book
- 4 Barakat in Harakats
- 5 Fus-ha for Allah
- 6 Plan Your Day the Islamic Way
- 7 Celebrations & Holidays
- 8 99 Name Game

SERIES 6 TRANSITIONING INTO A TEENAGER

- 1 Becoming a Man
- 2 Becoming a Woman

This book is designed to build a Muslim identity in the 21st century. The series is divided into six sections.

I humbly request that they be read in order so that one may progressively learn and prosper. Insha'Allah.

May Allah (swt) accept all our efforts and grant us Jannah with no reckoning. Ameen.



DR. APPY

About the Author

Dr. Appy is a first generation immigrant in North America who has been practicing as a Neuropsychologist for over a decade. She was inspired to write this series due to her observations of how difficult it can be to raise children in this ever-changing world.

Dr. Appy would like to dedicate this book to her family and friends who have always supported and encouraged her, especially her parents. May Allah (swt) bless and guide us all. Ameen.

Dr. Appy genuinely prays to touch the heart of every child until the day of judgement and to assist parents in instilling the love of Allah (swt), along with the morals and etiquettes needed to be an upright Muslim and by default, citizen (Insha'Allah).

These books are designed to build a Muslim identity in the 21st century. I humbly request that they be read in order, so that our children can build on their knowledge and benefit. Insha'Allah.

Series 1: Get to know Allah (swt) and instill the love and companionship of Him in our hearts.

Series 2: Understand how we were created, our purpose and the journey of our soul.

Series 3: Anchor our akhlaq by walking through humanity; each Prophet is paired with a character trait and the story ends with a moral to internalize and build our identity.

Series 4: Learn and internalize a hadith a day to keep Shaytan away.

Series 5: Learn the foundations of faith by planning our day the Islamic way.

Series 6: Help our children transition into a teenager and adult.

I pray this series brings us all closer together in this world and in the hereafter. May Allah (swt) accepts all our efforts and grants us Jannah with no reckoning. Ameen.

Download this series for FREE at drappy.ca

