

Adventures with Dr. Appy



# KHIDR (AS) PATIENT

Anchoring Your Akhlaq – A Walk Through Humanity: Book 19/30

Written by:  
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Illustrated by:  
Mr. Majid

Dr. Appy prays that this book touches your heart, and requests that the reward be given to every human with even an ounce of Iman, from the time of Adam (as) until the day of judgement. Ameen.

All profits from this book will be donated to charity. For more detailed information about how the proceeds are being distributed please visit: [www.drappy.ca](http://www.drappy.ca)

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A special dua is requested for Brother Majid whose creativity has allowed for these series to come alive.

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# Dear Parents

The purpose of this book is as follows:

- 1 - To see that all humans are fallible, prone to making mistakes. The key is to learn from our experiences and constantly improve ourselves.
- 2 - To instill the belief that learning will be a life long goal;
- 3 - To learn to find contentment with the decree of Allah (swt) and bear patience over all matters.
- 4 - To discuss with your child that although we may not know the reason why certain things happen, we need to trust in Allah's (swt) plan.

I pray this book brings us and our families closer together and that we all put our trust in Allah's decree and are patient with all that happens to you. Ameen.

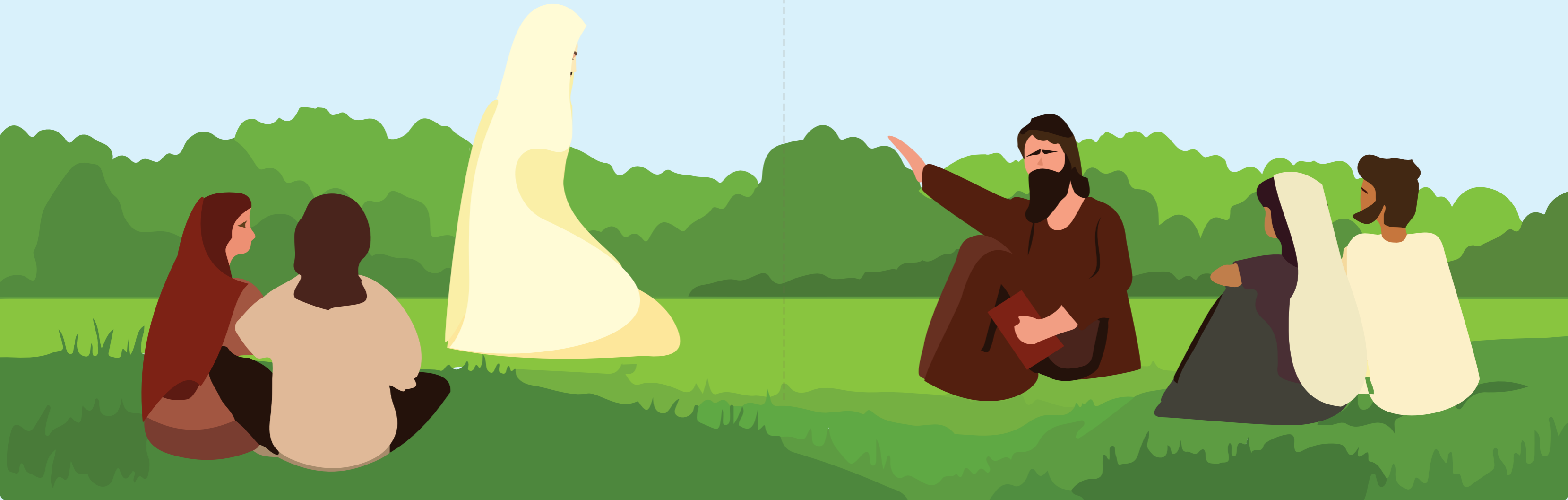
Assalam u Alaikum wa Rahmatullah \_\_\_\_\_  
(insert child name)  
Jazak Allah hu Khairan for joining us in our adventure!

Today we will be exploring the story of Khidr (as).  
Let us begin by saying Bismillah!



Musa (as) message was slowly growing and someone asked if he knew everything.

He believed he did as Allah (swt) had revealed to him the Torah.



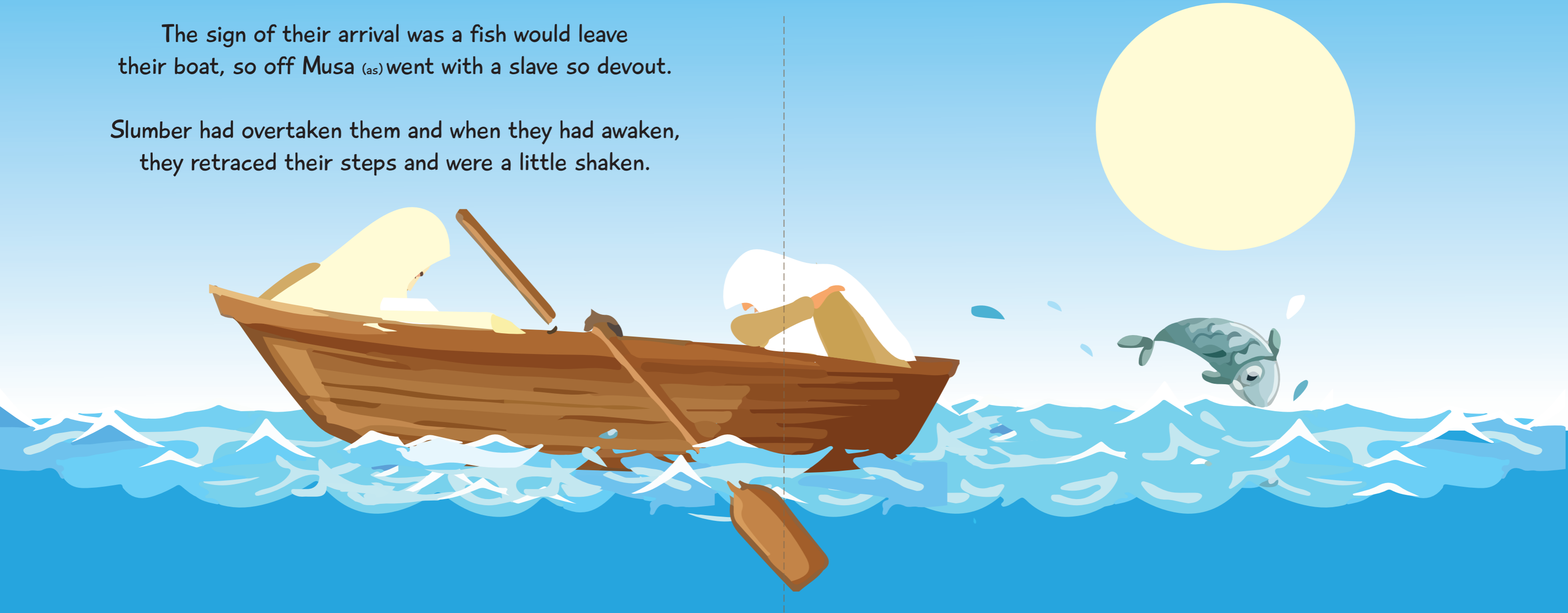
Musa (as) was quickly corrected as only Allah (swt) knew everything that He (azawajal) has perfected.

He was instructed to go and meet Khidr (as), a learned man who was an elderly figure.



The sign of their arrival was a fish would leave their boat, so off Musa (as) went with a slave so devout.

Slumber had overtaken them and when they had awoken, they retraced their steps and were a little shaken.



Musa (as) requested to follow this elderly figure, but he responded by saying you will not be able to bear patience over the challenge your facing.

He affirmed he will listen and be patient, so off they went, little did Musa (as) know what he was going to be facing.



As they started their journey they hitched a ride on a ship, but just as they left, Khidr (as) dug a hole so the ship would dip.

Musa (as) could not hold back and he just had to ask, why would you damage the boat? Khidr (as) reminded Musa (as) that he was not being patient, to which he apologized.



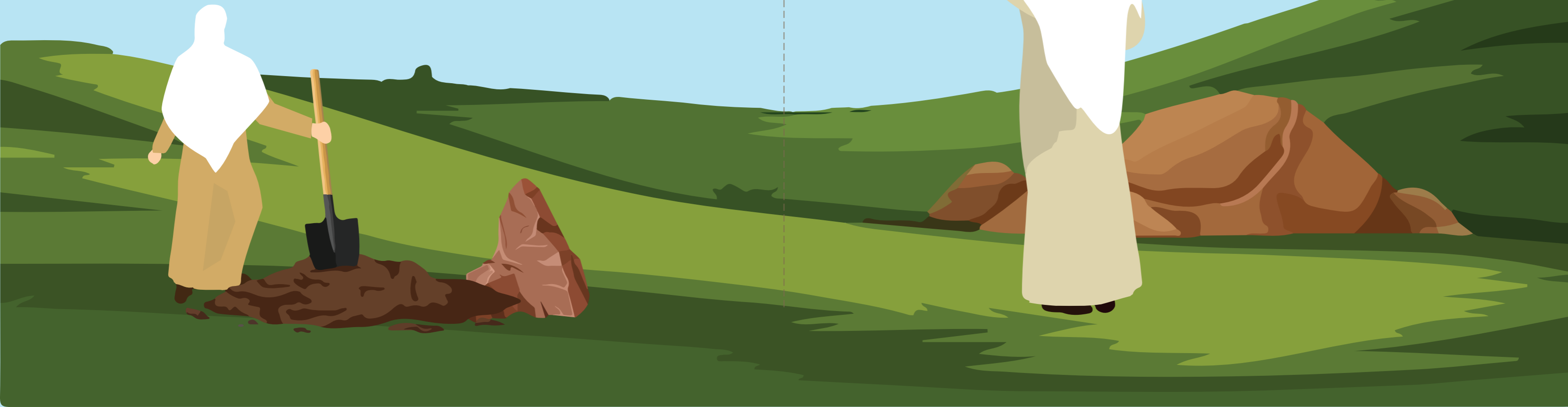


As they proceeded on their journey they met a young boy,  
who Khidr (as) proceeded to destroy.

Musa (as) could not hold back and he just had to ask,  
why would you hurt that young boy?

Khidr (as) reminded Musa (as) that he was being impatient  
and that he could not proceed if he continued to lead.

Musa (as) apologized and said he will be patient,  
one more chance was given since he appeared so driven.

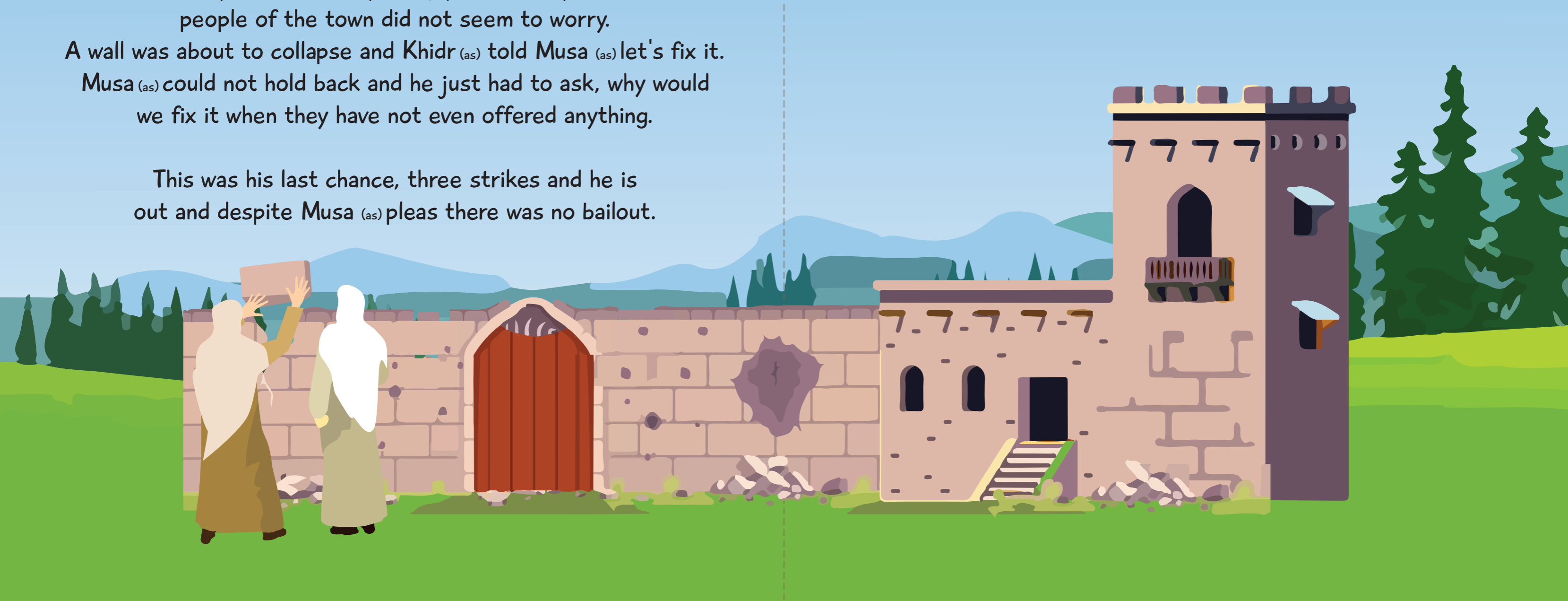


Now they entered a city, hungry and thirsty but the people of the town did not seem to worry.

A wall was about to collapse and Khidr (as) told Musa (as) let's fix it.

Musa (as) could not hold back and he just had to ask, why would we fix it when they have not even offered anything.

This was his last chance, three strikes and he is out and despite Musa (as) pleas there was no bailout.



Before they parted, Khidr (as) explained to Musa (as) the wisdom, as he was only doing what Allah (swt) had pre-determined.

As for the boat, pirates were seizing unless it was damaged.

As for the boy, he was going to grow up to be a tyrant so

Allah (swt) replaced him with someone pious.

As for the wall, it belonged to two orphans and the treasure beneath it had to be hidden until they came of age.



The moral of the story is to be patient.  
To accept all that happens to you seeking  
contentment in Allah (swt) decree.  
To trust Allah (swt) knowing He is always protecting,  
supporting and loving you unconditionally.

إِنَّ اللَّهَ مَعَ الصَّابِرِينَ

Innallaha Ma As Sabireen

"Surely, Allah is with those that are patient"  
(Quran 2:153)

We pray you implement these duas and converse with Allah (swt) throughout your day for the rest of your life. Ameen.

رَبِّ زِدْنِي عِلْمًا

Rabbi zidni ilma

"My Lord, increase me in knowledge."  
Ameen. (Quran 20:114)

اللَّهُمَّ إِنِّي أَسْتَوِدِعُكَ مَا قَرَأْتُ وَمَا حَفِظْتُ  
وَمَا تَعَلَّمْتُ فَارُدَّهُ لِي إِذَا حَاجَتِي إِلَيْهِ ،  
إِنَّكَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ وَحَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

Allahumma inni astaudi'uka ma qara'tu wa ma hafiztu wa ma ta'allamtu, fardudhu li ilayya 'inda haajati, innaka 'ala kulli syai-in qadir, wa hasbunallahu wa ni'mal wakil.

"O Allah! I entrust You with what I have read and what I have memorised and I have studied. Bring it back to me when I am in need of it. Truly you have power over all things. Sufficient for us is Allah, and (He is) the best Disposer of affairs." **Ameen.**

رَبِّ هَبْ لِي حُكْمًا وَأَلْحِقْنِي بِالصَّالِحِينَ  
وَاجْعَلْ لِي لِسَانَ صِدْقٍ فِي الْآخِرِينَ  
وَاجْعَلْنِي مِنْ وَرَثَةِ جَنَّةِ النَّعِيمِ

Rabbi habli hukman wa al-hiqni bis salihin, waj-'al li lisana sidqin fil-aakhirin, waj-'alni min waratha-ti jannatin-naa'im.

My Lord! bestow wisdom on me and make me among the righteous. Bless me with honourable mention among later generations and make me one of the inheritors of the Garden of Bliss. **Ameen. (Quran, 26:83-85)**



## GLOSSARY OF TERMS

(as)	Alayhis-salam means peace be upon him
(ra)	Radi Allahu anhu means Allah be pleased with him.
(swt)	Subhana wa t'Ala means Allah the most high
Akhlaq	Character
Amanah	Responsibility
Assalam u Alaykum wa Rahmatullah	May peace be with you and Allah's (swt) mercy be upon you
Bismillah	In the name of Allah (swt)
Jazak Allah Khairun	May Allah (swt) reward you with good
Jannah	Heaven
Shaytan	Devil
Sunnah	The way of the Prophet Muhammad (saw)

## SYNOPSIS OF STORY

### Based on the work of Al Imam ibn Katheer, The Stories of the Prophets

1. One day Moses (as) delivered a moving sermon and one of the congregates asked if there is anyone on earth more learned than him. Moses (as) said no as he believed he was since the Torah was revealed to him.
2. Allah (swt) revealed to Moses (as) that no man can know all there is to know, nor would one messenger alone be the custodian of all the knowledge.
3. He was instructed to go meet Al-Khidr and knew he had reached him when a live fish would leave their boat.
4. On there journey Moses (as) and fell asleep where the two rivers met. While he was sleeping his companion saw the fish wriggle out of the boat and told Moses (as) what happened when he woke up.
5. They had to retrace their steps and eventually found Al-Khidr. (Quran 18:60-65)
6. Moses (as) asked to shadow Al-Khidr, however Al-Khidr said that he would not be patient and ask questions as to why he is doing what he is doing. Moses (as) said he will be patient and he was allowed to shadow.
7. The first activity was hitching a ride on a ship, as they were about to leave the ship Al-Khidr made a hole so water would leak in. Moses (as) could not hold back and asked why he is damaging their ship. He was reminded to be patient.

## SYNOPSIS OF STORY

- 8.** The next activity was when they saw a small boy Al-Khidr killed him. Again Moses (as) could not hold back and he was reminded to be patient.
- 9.** The third activity was when they entered into a city, they were hungry and tired but no one was being hospitable towards them but Al-Khidr built a wall that was about to collapse. Again Moses (as) could not be patient and he asked why they were doing free labour.
- 10.** Al-Khidr said that was his last chance and that they had to part ways as he was not able to be patient.
- 11.** Al-Khidr then explained the wisdom behind his actions: 1 - Pirates were seizing ships and letting damaged ones go, 2 - the boy was going to grow to be a tyrant and his parents were pious so Allah (swt) replaced the boy with a pious child and 3 - a treasure belonging to orphan boys was buried under and Allah (swt) intended it to be hidden until the boys grew to maturity. (Quran 18:66-82)
- 12.** After this experience, Moses (as) returned to Bani Israel and it is told that he was tormented and accused by his own people alot. (Quran 33:69)
- 13.** Eventually Moses (as) was scheduled to pass away but he did not want to die so Allah (swt) instructed the Angel of Death to tell him to put his hand on an ox and he would live for every hair that came under. Moses (as) asked what would happen after that and he was informed that he would die then, so then he chose to die now closer to the Holy Land. (Sahih Al-Bhukari)

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- 3 Idris (as) - Learning
- 4 Nuh (as) - Resilience
- 5 Hud (as) - Vanity
- 6 Saleh (as) - Sharing
- 7 Ibrahim (as) - Reasoning
- 8 Isma'il (as) - Listening
- 9 Is'hac (as) - Trusting
- 10 Ya'qub (as) - Dedicated
- 11 Lut (as) - Hospitable
- 12 Shu'ayb (as) - Justice
- 13 Yusuf (as) - Integrity
- 14 Ayyub (as) - Loyalty
- 15 Dhul-Kifl (as) - Supporting
- 16 Yunus (as) - Sincerity
- 17 Musa (as) - Optimistic
- 18 Haroon (as) - United
- 19 Al-Khidr (as) - Patience
- 20 Ezekiel, Ilyas, Shammil (as) - Dependence
- 21 Luqman (as) - Wisdom
- 22 Dawood (as) - Brave
- 23 Suleiman (as) - Humility
- 24 Isaih, Jeremiah, Daniel, Uzair (as) - Reliable
- 25 Zakarriyah (as) - Perseverance
- 26 Yahya (as) - Responsible
- 27 Marryam (as) - Modesty
- 28 Esa (as) - Respectful
- 29 People of the Cave (as) - Proactive
- 30 Muhammad (saw) - Trustworthy

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- 3 Our Greatest Weapon: DUA
- 4 Journey of Our Soul

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- 2 Jannah via Sunnah - Safar
- 3 Jannah via Sunnah - Rabi Al-Awwal
- 4 Jannah via Sunnah - Rabi Al-Thani
- 5 Jannah via Sunnah - Jumada Al-Awwal
- 6 Jannah via Sunnah - Jumada Al-Thani
- 7 Jannah via Sunnah - Rajab
- 8 Jannah via Sunnah - Shaban
- 9 Jannah via Sunnah - Ramadan
- 10 Jannah via Sunnah - Shawwal
- 11 Jannah via Sunnah - Dhul Qa'dah
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- 8 99 Name Game

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- 1 Becoming a Man
- 2 Becoming a Woman

This book is designed to build a Muslim identity in the 21st century. The series is divided into six sections.

I humbly request that they be read in order so that one may progressively learn and prosper. Insha'Allah.

May Allah (swt) accept all our efforts and grant us Jannah with no reckoning. Ameen.



**DR. APPY**

## About the Author

Dr. Appy is a first generation immigrant in North America who has been practicing as a Neuropsychologist for over a decade. She was inspired to write this series due to her observations of how difficult it can be to raise children in this ever-changing world.

Dr. Appy would like to dedicate this book to her family and friends who have always supported and encouraged her, especially her parents. May Allah (swt) bless and guide us all. Ameen.

Dr. Appy genuinely prays to touch the heart of every child until the day of judgement and to assist parents in instilling the love of Allah (swt), along with the morals and etiquettes needed to be an upright Muslim and by default, citizen (Insha'Allah).

**These books are designed to build a Muslim identity in the 21st century. I humbly request that they be read in order, so that our children can build on their knowledge and benefit. Insha'Allah.**

**Series 1:** Get to know Allah (swt) and instill the love and companionship of Him in our hearts.

**Series 2:** Understand how we were created, our purpose and the journey of our soul.

**Series 3:** Anchor our akhlaq by walking through humanity; each Prophet is paired with a character trait and the story ends with a moral to internalize and build our identity.

**Series 4:** Learn and internalize a hadith a day to keep Shaytan away.

**Series 5:** Learn the foundations of faith by planning our day the Islamic way.

**Series 6:** Help our children transition into a teenager and adult.

I pray this series brings us all closer together in this world and in the hereafter. May Allah (swt) accepts all our efforts and grants us Jannah with no reckoning. Ameen.

**Download this series for FREE at [drappy.ca](http://drappy.ca)**

