

Adventures with Dr. Appy

HARROON (AS) UNITED

Anchoring Your Akhlaq – A Walk Through Humanity: Book 18/30

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Dr. Appy prays that this book touches your heart, and requests that the reward be given to every human with even an ounce of Iman, from the time of Adam (as) until the day of judgement. Ameen.

All profits from this book will be donated to charity. For more detailed information about how the proceeds are being distributed please visit: www.drappy.ca

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A special dua is requested for Brother Majid whose creativity has allowed for these series to come alive.

ISBN

Electronic: 978-1-990398-38-4
Hardcover: 978-1-990398-39-1
Paperback: 979-8-375031-54-5

Dear Parents

The purpose of this book is as follows:

- 1 - Instill a strong inclination to build and nurture family relationships;
- 2 - To be grateful for the blessings you have and be content and not ungrateful;
- 3 - To become a disciplined person who manages their time and material possessions for the pleasure of Allah (swt);
- 4 - To understand that Shaytan will never stop so to plan accordingly ready to overcome his waswasah.

I pray this book brings us and our families closer together and that we all foster family relations and build a lot of happy memories together. Ameen.

Assalam u Alaikum wa Rahmatullah _____
(insert child name)
Jazak Allah hu Khairan for joining us in our adventure!

Today we will be exploring the story of Prophet Haroon (as).
Let us begin by saying Bismillah!



Shaytan had embedded his stamp and was ready to revamp, as shirk had started to set camp. Bani Israel asked for an idol as their minds were left idle for Shaytan to hold and cradle.



Allah (swt) blessed Bani Israel with so much,
they should have been touched, rather they just
kept asking for more and more.
They wandered for years until they were blessed
with a home by Allah (swt) the most dear.



Musa (as) decided to retreat as
his Lord he had to go meet.
Haroon (as) was left in charge
but Shaytan was about to barge.



Musa (as) was given the ten commandments yet his ummah underwent a disbandment. They started to worship a golden calf, Haroon (as) pleaded on Allah`s (swt) behalf.



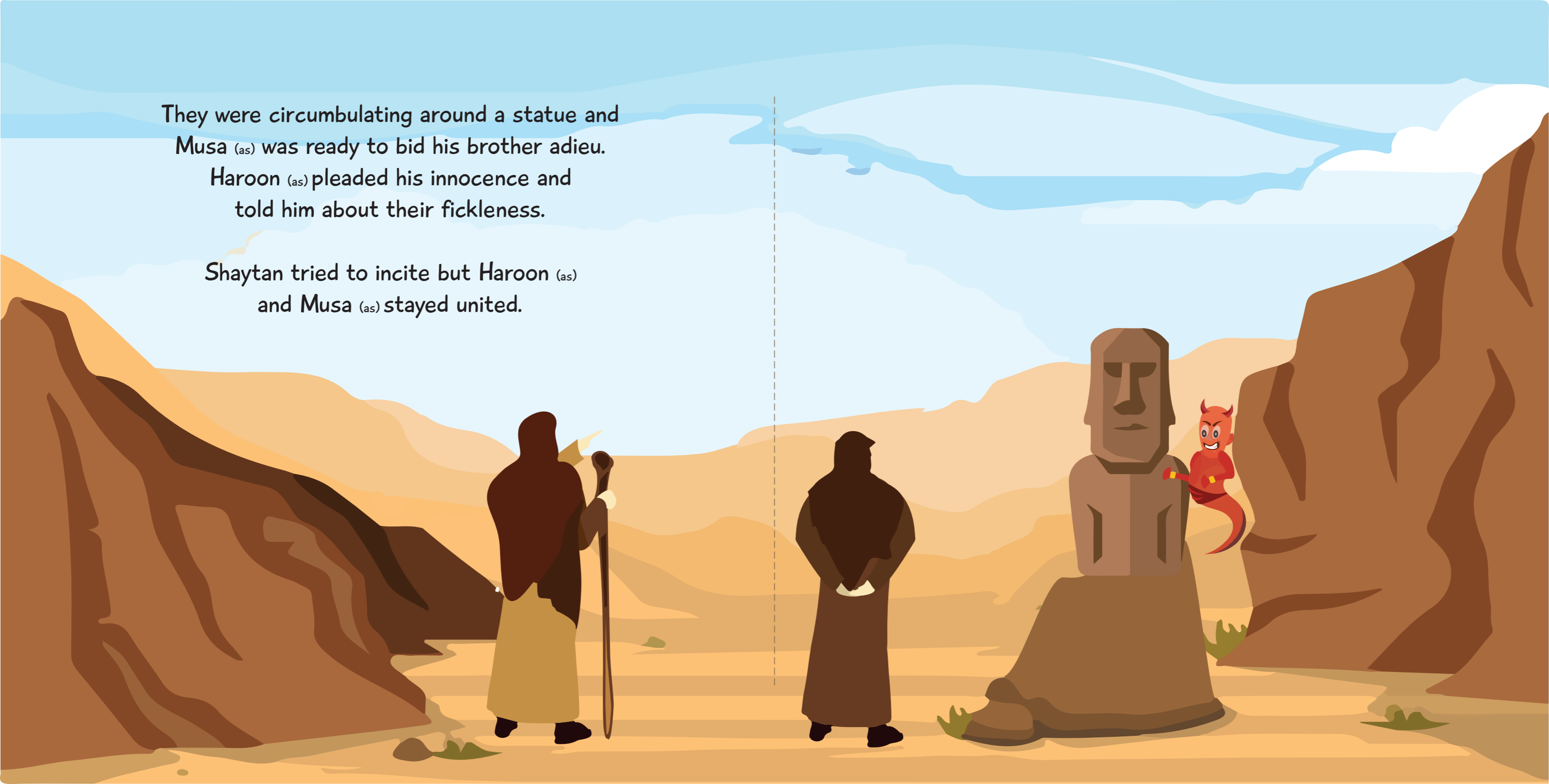
Shaytan turned out to be so clever and people disbelieved despite Haroon (as) best efforts.

Musa (as) returned only to see his people singing and dancing.

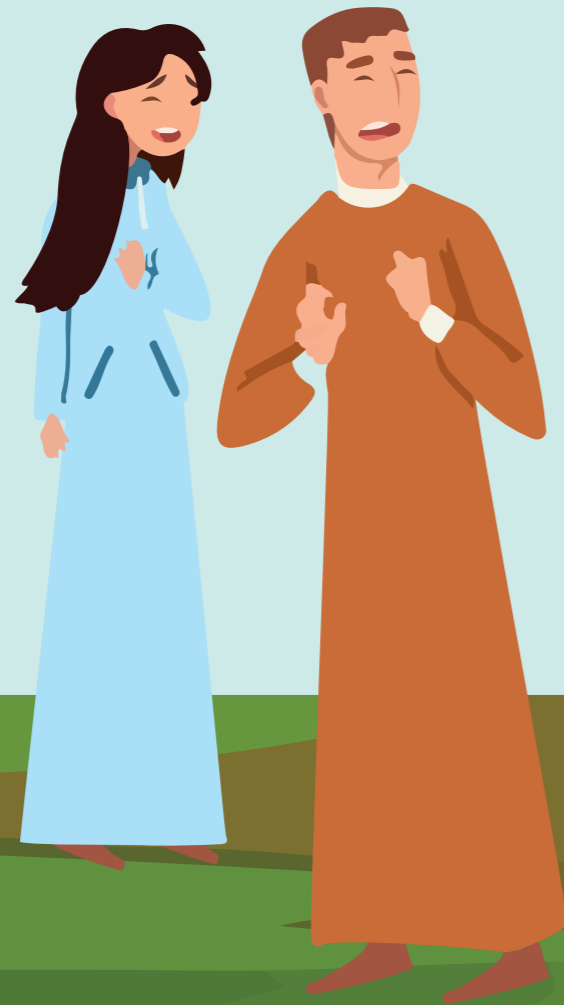


They were circumbulating around a statue and
Musa (as) was ready to bid his brother adieu.
Haroon (as) pleaded his innocence and
told him about their fickleness.

Shaytan tried to incite but Haroon (as)
and Musa (as) stayed united.



The ummah of Musa (as) was very cunning and Shaytan was close to them all the while buzzing. They made all these requests saying they will accept but in a short while they would go back and reject.



Out of them all, there was one pious man
who was alert to the plan of Shaytan.
Although he was poor, a cow did he own.
The money he earned he turned into three.
 $\frac{1}{3}$ for his mother, $\frac{1}{3}$ for his needs and $\frac{1}{3}$ charity.
He did the same with his nights,
 $\frac{1}{3}$ he helped his mother, $\frac{1}{3}$ worshipped
Allah (swt) and $\frac{1}{3}$ he rested.



The moral of the story is to be truthful to your promise to Allah (swt), be grateful for the blessings you have and pray for contentment in your heart.

To build and foster family relationships and learn to be mindful of Allah (swt) with everything be it money to time.

Learn good time management skills and become a disciplined person who is always rushing to earn Allah`s (swt) pleasure.

وَإِذْ تَأَذَّنَ رَبُّكُمْ لَئِن شَكَرْتُمْ لَأَزِيدَنَّكُمْ
وَلَئِن كَفَرْتُمْ إِنَّ عَذَابِي لَشَدِيدٌ

Wa iz ta azzana Rabbukum la'in shakartum la azeedannakum wa la'in kafartum inna 'azaabee lashadeed (Quran 14:7)

And [remember] when your Lord proclaimed, 'If you are grateful, I will surely increase you [in favor]; but if you deny, indeed, My punishment is severe.'



We pray you implement these duas and converse with Allah (swt) throughout your day for the rest of your life. Ameen.

رَبِّ زِدْنِي عِلْمًا

Rabbi zidni ilma

"My Lord, increase me in knowledge."
Ameen. (Quran 20:114)

اللَّهُمَّ إِنِّي أَسْتَوِدِعُكَ مَا قَرَأْتُ وَمَا حَفِظْتُ
وَمَا تَعَلَّمْتُ فَارُدَّهُ لِي إِذَا حَاجَتِي إِلَيْهِ ،
إِنَّكَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ وَحَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

Allahumma inni astaudi'uka ma qara'tu wa ma hafiztu wa ma ta'allamtu, fardudhu li ilayya 'inda haajati, innaka 'ala kulli syai-in qadir, wa hasbunallahu wa ni'mal wakil.

"O Allah! I entrust You with what I have read and what I have memorised and I have studied. Bring it back to me when I am in need of it. Truly you have power over all things. Sufficient for us is Allah, and (He is) the best Disposer of affairs." **Ameen.**

رَبِّ هَبْ لِي حُكْمًا وَأَلْحِقْنِي بِالصَّالِحِينَ
وَاجْعَلْ لِي لِسَانَ صِدْقٍ فِي الْآخِرِينَ
وَاجْعَلْنِي مِنْ وَرَثَةِ جَنَّةِ النَّعِيمِ

Rabbi habli hukman wa al-hiqni bis salihin, waj-'al li lisana sidqin fil-aakhirin, waj-'alni min waratha-ti jannatin-naa'im.

My Lord! bestow wisdom on me and make me among the righteous. Bless me with honourable mention among later generations and make me one of the inheritors of the Garden of Bliss. **Ameen. (Quran, 26:83-85)**



GLOSSARY OF TERMS

(as)	Alayhis-salam means peace be upon him
(ra)	Radi Allahu anhu means Allah be pleased with him.
(swt)	Subhana wa t'Ala means Allah the most high
Akhlaq	Character
Amanah	Responsibility
Assalam u Alaykum wa Rahmatullah	May peace be with you and Allah's (swt) mercy be upon you
Bismillah	In the name of Allah (swt)
Jazak Allah Khairun	May Allah (swt) reward you with good
Jannah	Heaven
Shaytan	Devil
Sunnah	The way of the Prophet Muhammad (saw)

SYNOPSIS OF STORY

Based on the work of Al Imam ibn Katheer, The Stories of the Prophets

1. Despite all the miracles and the exodus people still had remnants of idolatry in their hearts. They asked Moses (as) for a god/idol (Quran 7:138-141)
2. Allah (swt) was very generous with Bani Israel but they continued demonstrated their ingratitude, were not content with what they had and wanted more i.e. food. (Quran 2:60-61).
3. Bani Israel wandered for years until Allah (swt) directed Moses (as) to take them to Palestine. (Quran 5:20-26).
4. Moses (as) decided to retreat atop a mountain and left his brother Aaron (as) in charge.
5. He decided to fast for 40 days but broke his fast on the 30th day as he was going to speak to Allah (swt) and did not want a bad odor. Allah (swt) revealed that the odor of the fasting mouth is more fragrant to Him than a rose.
6. It is here where Moses (as) was given the tablet with the 10 commandments. (Quran 7:142-147, 6:151-152).
7. While Moses (as) was away the community started to worship a golden calf and did not listen to Aaron (as).
8. Aaron (as) tried to reason with the people saying they have been deceived, they do not need an idol/god but they said they will not stop until they see Moses (as) again.

SYNOPSIS OF STORY

9. Moses (as) returned and saw his people singing and dancing around a calf statue, he became so angry he threw down the tablet and grabbed Aaron (as) by the beard. (Quran 20:83-98).
10. Aaron (as) calmed Moses (as) down by reminding him about their mother and said he tried to stop them but they did not listen.
11. The idol worshippers were told to repent.
12. Moses (as) spoke to Allah (swt) again on Mt. Sinai and 70 elders from the community witnessed this. They wanted to see Allah (swt) as well but Allah (swt) punished them with lightening bolts and an earthquake and they all perished. (Quran 7:155-157).
13. A pious man who was very poor but careful about how he earned his money passed away leaving a calf as inheritance for his son. When the son matured the mother informed him about the calf who was now a cow.
14. The boy asked where the cow is and his mother said to trust Allah (swt) and find it, so he went into the forest and prayed and a cow stopped submissively beside him.
15. The boy was pious like his father as well and earned money cutting wood and whatever he earned he divided it into 3 portions: 1/3 for his mother, 1/3 for his needs and 1/3 charity. He did the same with his nights, 1/3 he helped his mother, 1/3 worshipped Allah (swt) and 1/3 he rested.
16. A wealthy boy had passed away leaving behind one son, his relatives were jealous of his inheritance so they murdered him. They approached Moses (as) to figure out the killer and were told sacrifice a cow (Quran 2:67-74).
17. Haroon (as) passed away before Moses (as)

SERIES 1 GETTING TO KNOW ALLAH (swt)

- 1 Allah Loves You
- 2 Allah is Your Best Friend
- 3 Allah is The Creator

SERIES 3 ANCHORING YOUR AKHLAQ - A WALK THROUGH HUMANITY

- 1 Habil (as) & Kabil - Sibling Rivalry
- 2 Sheeth (as) - Obedience
- 3 Idris (as) - Learning
- 4 Nuh (as) - Resilience
- 5 Hud (as) - Vanity
- 6 Saleh (as) - Sharing
- 7 Ibrahim (as) - Reasoning
- 8 Isma'il (as) - Listening
- 9 Is'hac (as) - Trusting
- 10 Ya'qub (as) - Dedicated
- 11 Lut (as) - Hospitable
- 12 Shu'ayb (as) - Justice
- 13 Yusuf (as) - Integrity
- 14 Ayyub (as) - Loyalty
- 15 Dhul-Kifl (as) - Supporting
- 16 Yunus (as) - Sincerity
- 17 Musa (as) - Optimistic
- 18 Haroon (as) - United
- 19 Al-Khidr (as) - Patience
- 20 Ezekiel, Ilyas, Shammil (as) - Dependence
- 21 Luqman (as) - Wisdom
- 22 Dawood (as) - Brave
- 23 Suleiman (as) - Humility
- 24 Isaih, Jeremiah, Daniel, Uzair (as) - Reliable
- 25 Zakariyah (as) - Perseverance
- 26 Yahya (as) - Responsible
- 27 Marryam (as) - Modesty
- 28 Esa (as) - Respectful
- 29 People of the Cave (as) - Proactive
- 30 Muhammad (saw) - Trustworthy

SERIES 2 OUR CREATION, PURPOSE AND JOURNEY OF OUR SOUL

- 1 The First Human
- 2 The Ultimate Battle - Human vs Shaytan
- 3 Our Greatest Weapon: DUA
- 4 Journey of Our Soul

SERIES 4 HADITH A DAY TO KEEP SHAYTAN AWAY

- 1 Jannah via Sunnah - Muharram
- 2 Jannah via Sunnah - Safar
- 3 Jannah via Sunnah - Rabi Al-Awwal
- 4 Jannah via Sunnah - Rabi Al-Thani
- 5 Jannah via Sunnah - Jumada Al-Awwal
- 6 Jannah via Sunnah - Jumada Al-Thani
- 7 Jannah via Sunnah - Rajab
- 8 Jannah via Sunnah - Shaban
- 9 Jannah via Sunnah - Ramadan
- 10 Jannah via Sunnah - Shawwal
- 11 Jannah via Sunnah - Dhul Qa'dah
- 12 Jannah via Sunnah - Dhul Hijjah

SERIES 5 FOUNDATIONS OF FAITH

- 1 Foundations of Faith
- 2 Step by Step Guide to Salah
- 3 My Little Dua Book
- 4 Barakat in Harakats
- 5 Fus-ha for Allah
- 6 Plan Your Day the Islamic Way
- 7 Celebrations & Holidays
- 8 99 Name Game

SERIES 6 TRANSITIONING INTO A TEENAGER

- 1 Becoming a Man
- 2 Becoming a Woman

This book is designed to build a Muslim identity in the 21st century. The series is divided into six sections.

I humbly request that they be read in order so that one may progressively learn and prosper. Insha'Allah.

May Allah (swt) accept all our efforts and grant us Jannah with no reckoning. Ameen.



DR. APPY

About the Author

Dr. Appy is a first generation immigrant in North America who has been practicing as a Neuropsychologist for over a decade. She was inspired to write this series due to her observations of how difficult it can be to raise children in this ever-changing world.

Dr. Appy would like to dedicate this book to her family and friends who have always supported and encouraged her, especially her parents. May Allah (swt) bless and guide us all. Ameen.

Dr. Appy genuinely prays to touch the heart of every child until the day of judgement and to assist parents in instilling the love of Allah (swt), along with the morals and etiquettes needed to be an upright Muslim and by default, citizen (Insha'Allah).

These books are designed to build a Muslim identity in the 21st century. I humbly request that they be read in order, so that our children can build on their knowledge and benefit. Insha'Allah.

Series 1: Get to know Allah (swt) and instill the love and companionship of Him in our hearts.

Series 2: Understand how we were created, our purpose and the journey of our soul.

Series 3: Anchor our akhlaq by walking through humanity; each Prophet is paired with a character trait and the story ends with a moral to internalize and build our identity.

Series 4: Learn and internalize a hadith a day to keep Shaytan away.

Series 5: Learn the foundations of faith by planning our day the Islamic way.

Series 6: Help our children transition into a teenager and adult.

I pray this series brings us all closer together in this world and in the hereafter. May Allah (swt) accepts all our efforts and grants us Jannah with no reckoning. Ameen.

Download this series for FREE at drappy.ca

