

Adventures with Dr. Appy



AYYUB (AS) LOYALTY

Anchoring Your Akhlaq – A Walk Through Humanity: Book 14/30

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Dr. Appy prays that this book touches your heart, and requests that the reward be given to every human with even an ounce of Iman, from the time of Adam (as) until the day of judgement. Ameen.

All profits from this book will be donated to charity. For more detailed information about how the proceeds are being distributed please visit: www.drappy.ca

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A special dua is requested for Brother Majid whose creativity has allowed for these series to come alive.

ISBN

Electronic: 978-1-990398-30-8
Hardcover: 978-1-990398-31-5
Paperback: 979-8-375030-15-9

Dear Parents

The purpose of this book is as follows:

- 1 - To instill gratitude, sincerity and loyalty of Allah (swt) and develop trust that Allah (swt) only wants the best for you;
- 2 - To understand that all the good and difficult times are a test and opportunity for you to raise your ranks in the akhira;
- 3 - To become aware of the enmity of Shaytan and the extent he will go to, to ensure you are of those who are ungrateful;
- 4 - For you to think about the blessings you have or did enjoy when difficulty strikes you, and to bear the hardship with patience.

I pray this book brings us and our families closer together and that we all are able to become sincere, loyal and grateful slaves of Allah (swt). Ameen.

Assalam u Alaikum wa Rahmatullah _____.
(insert child name)
Jazak Allah hu Khairan for joining us in our adventure!

Today we will be exploring the story of Prophet Ayyub (as).
Let us begin by saying Bismillah!



One day the Angels were discussing who was excelling on Earth, and unanimously they agreed, it was Ayyub (as) indeed as his loyalty was worthy of being treated like nobility.



Shaytan was listening as the Angels were conversing. They said he was blessed with health and wealth as he was never greedy and always helped the needy.



Shaytan was annoyed and his
troops did he deploy.
He used all his tactics but Ayyub (as)
did not fall for any of his antics.



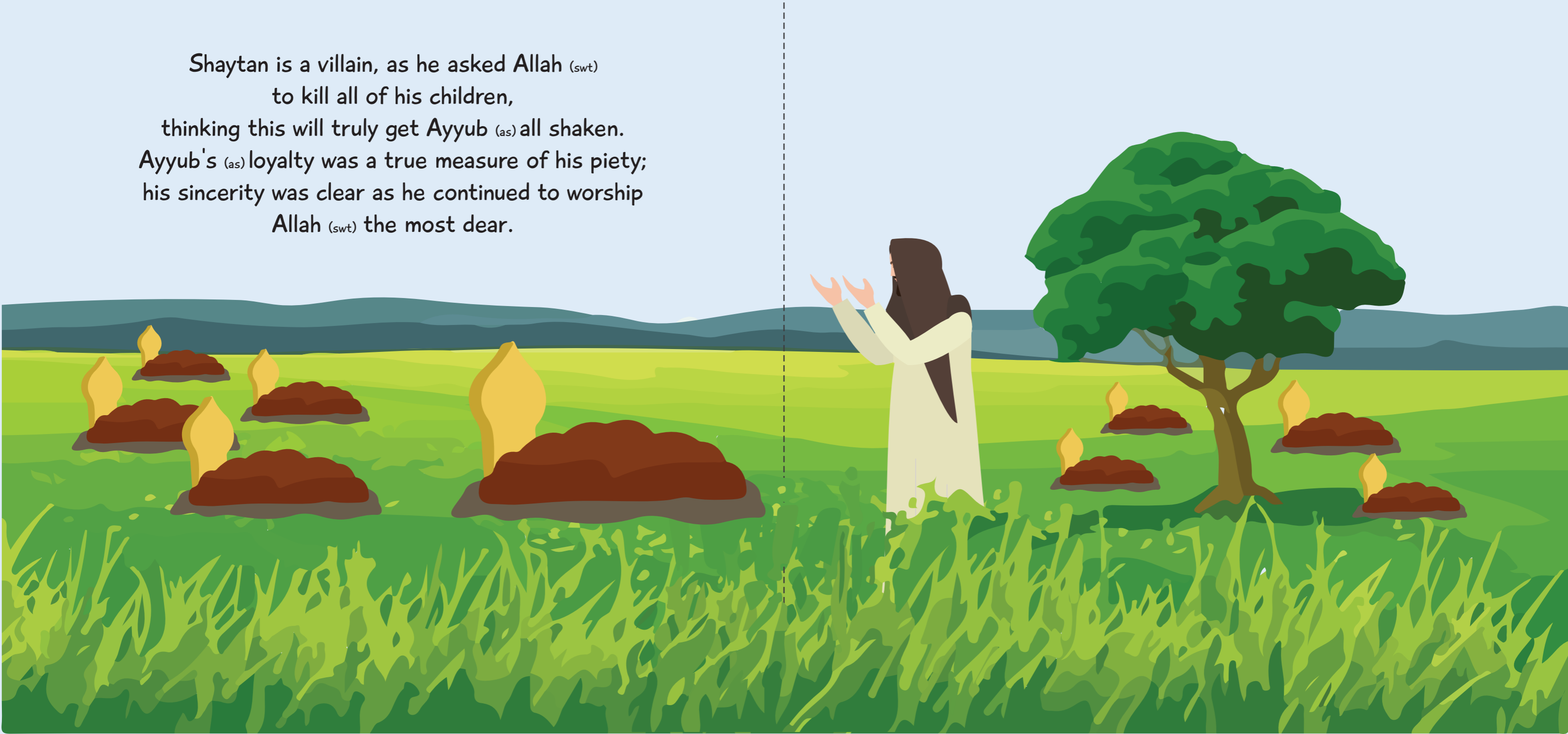
Remember Shaytan has no control over us,
as all he can do is encourage us.
Despite Shaytan's best efforts,
Ayyub (as) was not shaken.
His resolve never weakened,
his Lord would never be forsaken.



Shaytan asked Allah (swt) to remove from Ayyub (as) his money thinking this will truly make him grumpy. Ayyub's (as) loyalty was a true measure of his piety; his sincerity was clear as he continued to worship Allah (swt) the most dear.

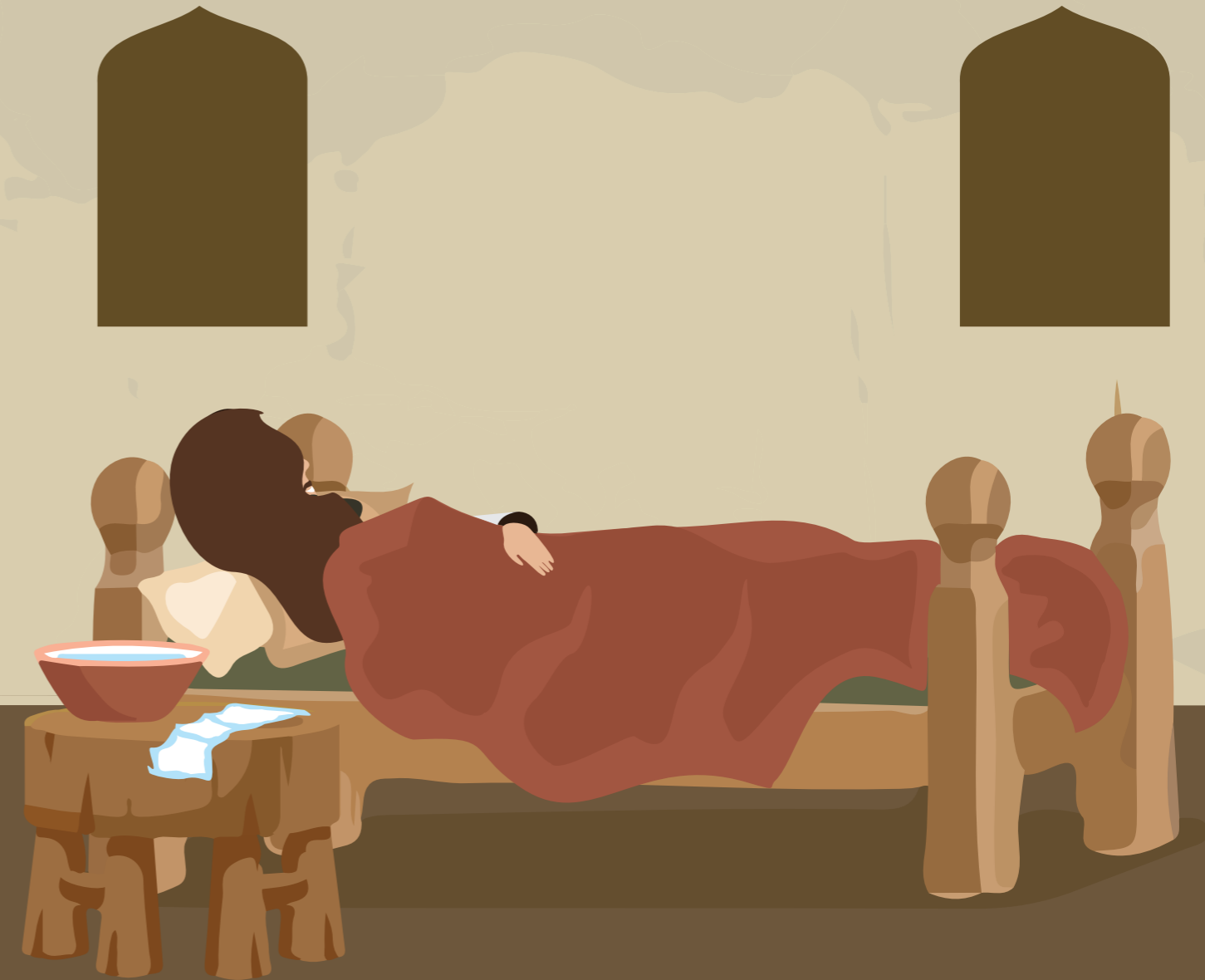


Shaytan is a villain, as he asked Allah (swt)
to kill all of his children,
thinking this will truly get Ayyub (as) all shaken.
Ayyub's (as) loyalty was a true measure of his piety;
his sincerity was clear as he continued to worship
Allah (swt) the most dear.



Shaytan was infuriated, Ayyub's (as) steadfastness was making him jaded. He asked Allah (swt) to make Ayyub (as) so ill, thinking this will truly make him lose his will.

Allah (swt) granted this request, saying you can do as you wish except cannot control his heart, miind or soul.



Ayyub (as) was afflicted with an illness that reduced him down to the bone.

In this time of strife, everyone left him except his wife.

But Ayyub's (as) loyalty was a true measure of his piety; his sincerity was clear as he continued to worship Allah (swt) the most dear.

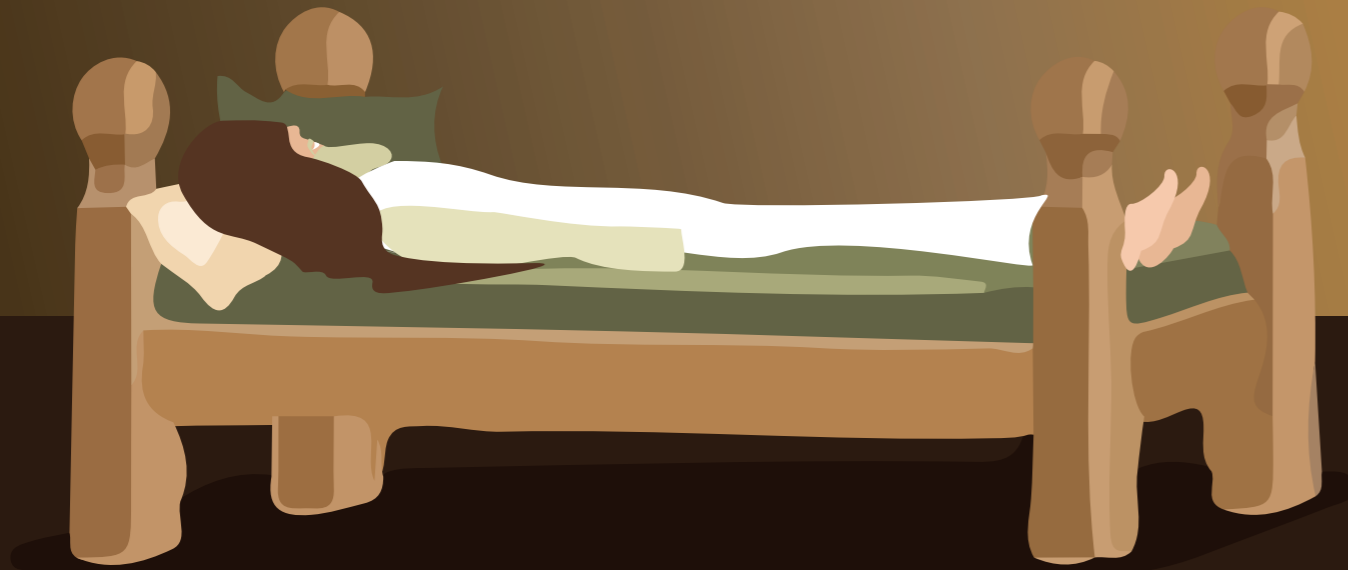


Shaytan was defeated, yet he remained conceited.

He retreated to his troops and
the conversation became quite heated.

A decision was rendered and they thought
they knew how to make Ayyub (as) surrender.

Shaytan whispered to his spouse
who cared for him in their house.



She asked her dear husband, how long till Allah's help will be summoned.

Ayyub (as) saw through, knowing Shaytan was trying to make another debut.

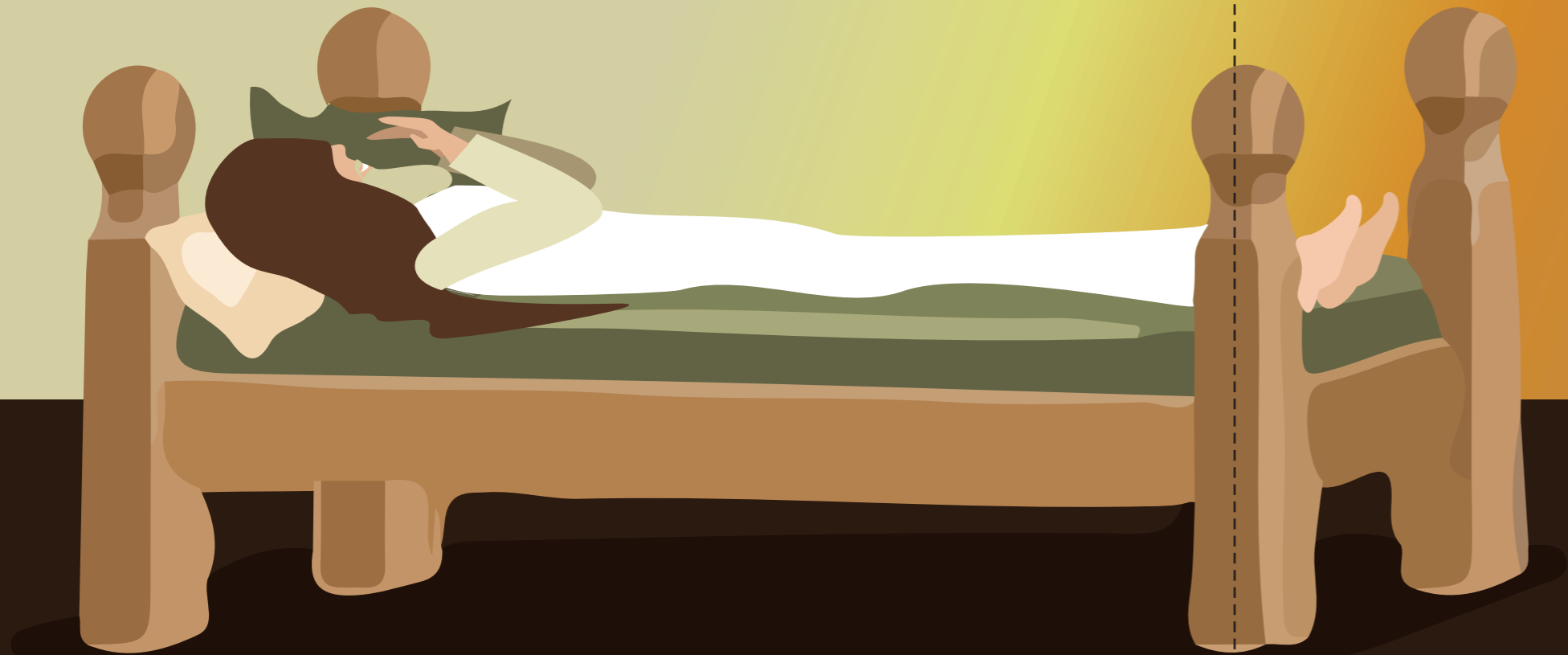
He asked his wife "how long was I healthy" to this she responded years maybe "eighty."

With his wife he was now angry and started to become cranky. She had been deceived so he asked her to now leave.



Ayyub (as) was ashamed to ask Allah (swt) for relief,
until he surpassed eighty or more years in this grief.

His loyalty was a true measure of his piety;
his sincerity was clear as he continued
to worship Allah (swt) the most dear.



With a heavy heart his wife had to leave and years after this Ayyub (as) eventually grieved.

He turned to Allah (swt) over the controversy, but no complaint did we hear, rather he beseeched Allah (swt) for his mercy.

Ayyub's (as) health, wealth and children were all restored and Shaytan stood there completely floored.



The moral of this story is to be loyal and sincere towards Allah (swt) the most dear. Shaytan will employ his best tactics but if you are strong you will not succumb to his antics.

To understand that everything that has transpired was what Allah (swt) desired. No matter what your state, gratitude, sincerity and loyalty will get you to jannah's gate.



وَأَيُّوبَ إِذْ نَادَى رَبَّهُ أَنِّي مَسَّنِيَ الضُّرُّ
وَأَنْتَ أَرْحَمُ الرَّاحِمِينَ

Va ayyooba iz neadea raabbahoo annee massaniyad durru va anta arhaamur reahimeen(reahimeena).

And remember Ayyub (Job), when he called his Lord that, "Hardship has afflicted me, and You are the Most Merciful of all those who have mercy." (Quran 12: 83)



We pray you implement these duas and converse with Allah (swt) throughout your day for the rest of your life. Ameen.

رَبِّ زِدْنِي عِلْمًا

Rabbi zidni ilma

"My Lord, increase me in knowledge."
Ameen. (Quran 20:114)

اللَّهُمَّ إِنِّي أَسْتَوْدِعُكَ مَا قَرَأْتُ وَمَا حَفِظْتُ
وَمَا تَعَلَّمْتُ فَرُدَّهُ لِي إِذَا حَاجَتِي إِلَيْهِ ،
إِنَّكَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ وَحَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

Allahumma inni astaudi'uka ma qara'tu wa ma hafiztu wa ma ta'allamtu, fardudhu li ilayya 'inda haajati, innaka 'ala kulli syai-in qadir, wa hasbunallahu wa ni'mal wakil.

"O Allah! I entrust You with what I have read and what I have memorised and I have studied. Bring it back to me when I am in need of it. Truly you have power over all things. Sufficient for us is Allah, and (He is) the best Disposer of affairs." Ameen.

رَبِّ هَبْ لِي حُكْمًا وَأَلْحِقْنِي بِالصَّالِحِينَ
وَاجْعَلْ لِي لِسَانَ صِدْقٍ فِي الْآخِرِينَ
وَاجْعَلْنِي مِنْ وَرَثَةِ جَنَّةِ النَّعِيمِ

Rabbi habli hukman wa al-hiqni bis salihin, waj-'al li lisana sidqin fil-aakhirin, waj-'alni min waratha-ti jannatin-naa'im.

My Lord! bestow wisdom on me and make me among the righteous. Bless me with honourable mention among later generations and make me one of the inheritors of the Garden of Bliss. Ameen. (Quran, 26:83-85)



GLOSSARY OF TERMS

(as)	Alayhis-salam means peace be upon him
(ra)	Radi Allahu anhu means Allah be pleased with him.
(swt)	Subhana wa t'Ala means Allah the most high
Akhlaq	Character
Amanah	Responsibility
Assalam u Alaykum wa Rahmatullah	May peace be with you and Allah's (swt) mercy be upon you
Bismillah	In the name of Allah (swt)
Jazak Allah Khairun	May Allah (swt) reward you with good
Nehma	Blessing
Rehma	Mercy
Shaytan	Devil
Shirk	Associating partners with Allah (swt).
Sunnah	The way of the Prophet Muhammad (saw)

SYNOPSIS OF STORY

Based on the work of Al Imam ibn Katheer, The Stories of the Prophets

1. Allah (swt) praised Ayyub (as) as being oft repenting, remembering Allah (swt) with thankfulness, patience and steadfastness.(Quran 38:44)
2. A group of Angels were discussing humans and they said that Ayyub (as) was the best creature on earth at that time saying he is a man of noble character who displays great patience and always remembers his Generous Lord.
3. The Angels also said that Allah (swt) has blessed him with a long life and plenty of servants, as well as the needy and the poor share in his good fortune; he feeds and clothes the poor and buys slaves to set them free. He makes those who receive his charity feel as if they are favoring him so kind and gentle is he.
4. Shaytan overheard this and became annoyed and planned to tempt Ayyub (as) to corruption and disbelief.
5. He tried to distract Ayyub (as) from his prayers by whispering to him about the good things in life but Ayyub (as) was not shaken and stayed steadfast worshipping Allah (swt).
6. Shaytan complained to Allah (swt) that Ayyub (as) was not sincere and to remove his wealth and the reality will show.
7. Allah (swt) allowed Shaytan to destroy Ayyub (as) wealth be it cattle to servants to farm. Ayyub (as) had nothing left, yet he remained sincere, thankful, patient and steadfast.
8. Shaytan became more frustrated so he again complained to Allah (swt) saying Ayyub (as) is just hiding his disappointment as he still has many children. Allah (swt) allowed Shaytan to kill all of Ayyub (as) children tragically.
9. Once they were all dead, Shaytan came to Ayyub (as) disguised as a man and tried to sympathize with him saying "the way you children died is so sad, surely your Lord is not rewarding you properly for all your prayers."

SYNOPSIS OF STORY

10. Shaytan was infuriated as Ayyub (as) said "Allah (swt) sometimes gives and sometimes takes. He is sometimes pleased and sometimes displeased with our deeds. Whether a thing is beneficial or harmful to me, I will remain firm in my belief and remain thankful to my Creator."

11. Shaytan thought that if he asked Allah (swt) to take away Ayyub (as) health he would surely become disobedient and ungrateful. Allah (swt) granted Shaytan the power to take control over his body but not his soul, intellect or heart as in these places is where the knowledge of Allah (swt) and Islam resides.

12. Shaytan accepted and took revenge on Ayyub (as) body and filled it with disease until it was reduced to mere skin and bone and he suffered severe pain.

13. Ayyub (as) remained strong in his faith, patiently bearing all the hardships without complaining. He did not despair, repeatedly turned to Allah. Everyone deserted him except his wife.

14. Shaytan got desperate and consulted with all his helpers going how can we not make Ayyub (as) slip up when we were successful with Adam (as). He then was like I will attack his wife and go that route.

15. Shaytan went to the wife of Ayyub (as) and whispered thoughts about how long she is going to bear this with him. His tactic worked and Ayyub (as) wife cried and asked Ayyub (as) to pray to Allah for alleviation of all the distress.

16. Ayyub (as) sighed and asked his wife how long he had good health for and she responded 80 years and Ayyub (as) asked how long has he been suffering like this and she said 7 years. He said he is too ashamed to ask Allah (swt) for restoration until 80 or more years pass by in this state.

SERIES 1 GETTING TO KNOW ALLAH (swt)

- 1 Allah Loves You
- 2 Allah is Your Best Friend
- 3 Allah is The Creator

SERIES 3 ANCHORING YOUR AKHLAQ - A WALK THROUGH HUMANITY

- 1 Habil (as) & Kabil - Sibling Rivalry
- 2 Sheeth (as) - Obedience
- 3 Idris (as) - Learning
- 4 Nuh (as) - Resilience
- 5 Hud (as) - Vanity
- 6 Saleh (as) - Sharing
- 7 Ibrahim (as) - Reasoning
- 8 Isma'il (as) - Listening
- 9 Is'hac (as) - Trusting
- 10 Ya'qub (as) - Dedicated
- 11 Lut (as) - Hospitable
- 12 Shu'ayb (as) - Justice
- 13 Yusuf (as) - Integrity
- 14 Ayyub (as) - Loyalty
- 15 Dhul-Kifl (as) - Supporting
- 16 Yunus (as) - Sincerity
- 17 Musa (as) - Optimistic
- 18 Haroon (as) - United
- 19 Al-Khidr (as) - Patience
- 20 Ezekiel, Ilyas, Shammil (as) - Dependence
- 21 Luqman (as) - Wisdom
- 22 Dawood (as) - Brave
- 23 Suleiman (as) - Humility
- 24 Isaih, Jeremiah, Daniel, Uzair (as) - Reliable
- 25 Zakariyah (as) - Perseverance
- 26 Yahya (as) - Responsible
- 27 Marryam (as) - Modesty
- 28 Esa (as) - Respectful
- 29 People of the Cave (as) - Proactive
- 30 Muhammad (saw) - Trustworthy

SERIES 2 OUR CREATION, PURPOSE AND JOURNEY OF OUR SOUL

- 1 The First Human
- 2 The Ultimate Battle - Human vs Shaytan
- 3 Our Greatest Weapon: DUA
- 4 Journey of Our Soul

SERIES 4 HADITH A DAY TO KEEP SHAYTAN AWAY

- 1 Jannah via Sunnah - Muharram
- 2 Jannah via Sunnah - Safar
- 3 Jannah via Sunnah - Rabi Al-Awwal
- 4 Jannah via Sunnah - Rabi Al-Thani
- 5 Jannah via Sunnah - Jumada Al-Awwal
- 6 Jannah via Sunnah - Jumada Al-Thani
- 7 Jannah via Sunnah - Rajab
- 8 Jannah via Sunnah - Shaban
- 9 Jannah via Sunnah - Ramadan
- 10 Jannah via Sunnah - Shawwal
- 11 Jannah via Sunnah - Dhul Qa'dah
- 12 Jannah via Sunnah - Dhul Hijjah

SERIES 5 FOUNDATIONS OF FAITH

- 1 Foundations of Faith
- 2 Step by Step Guide to Salah
- 3 My Little Dua Book
- 4 Barakat in Harakats
- 5 Fus-ha for Allah
- 6 Plan Your Day the Islamic Way
- 7 Celebrations & Holidays
- 8 99 Name Game

SERIES 6 TRANSITIONING INTO A TEENAGER

- 1 Becoming a Man
- 2 Becoming a Woman

This book is designed to build a Muslim identity in the 21st century. The series is divided into six sections.

I humbly request that they be read in order so that one may progressively learn and prosper. Insha'Allah.

May Allah (swt) accept all our efforts and grant us Jannah with no reckoning. Ameen.



DR. APPY

About the Author

Dr. Appy is a first generation immigrant in North America who has been practicing as a Neuropsychologist for over a decade. She was inspired to write this series due to her observations of how difficult it can be to raise children in this ever-changing world.

Dr. Appy would like to dedicate this book to her family and friends who have always supported and encouraged her, especially her parents. May Allah (swt) bless and guide us all. Ameen.

Dr. Appy genuinely prays to touch the heart of every child until the day of judgement and to assist parents in instilling the love of Allah (swt), along with the morals and etiquettes needed to be an upright Muslim and by default, citizen (Insha'Allah).

These books are designed to build a Muslim identity in the 21st century. I humbly request that they be read in order, so that our children can build on their knowledge and benefit. Insha'Allah.

Series 1: Get to know Allah (swt) and instill the love and companionship of Him in our hearts.

Series 2: Understand how we were created, our purpose and the journey of our soul.

Series 3: Anchor our akhlaq by walking through humanity; each Prophet is paired with a character trait and the story ends with a moral to internalize and build our identity.

Series 4: Learn and internalize a hadith a day to keep Shaytan away.

Series 5: Learn the foundations of faith by planning our day the Islamic way.

Series 6: Help our children transition into a teenager and adult.

I pray this series brings us all closer together in this world and in the hereafter. May Allah (swt) accepts all our efforts and grants us Jannah with no reckoning. Ameen.

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