

Adventures with Dr. Appy

# ALLAH IS THE CREATOR!

Getting To Know Allah (swt): Book 3/3

Written by:  
Dr. Appy

Edited by:  
Ms. Ahmad

Illustrated by:  
Mr. Majid

Dr. Appy prays that this book touches your heart, and requests that the reward be given to every human with even an ounce of Iman, from the time of Adam (as) until the day of judgement. Ameen.

All profits from this book will be donated to charity. For more detailed information about how the proceeds are being distributed please visit: [www.drappy.ca](http://www.drappy.ca)

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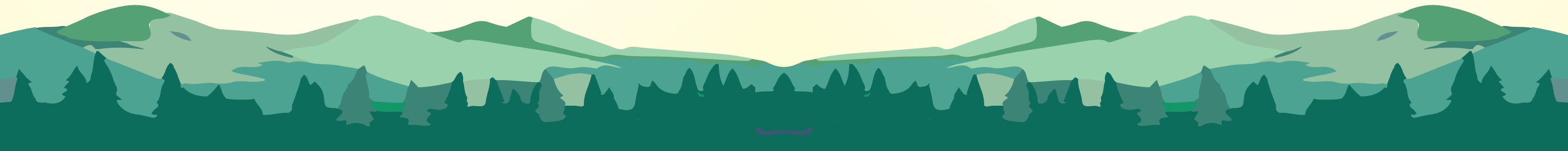
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# Dear Parents

The purpose of this book is as follows:

- 1 - Learn about how Allah (swt) created the universe from scratch;
- 2 - Instill Allah's (swt) omnipotence by observing nature;
- 3 - Teach them that Allah (swt) is All Knowing, All Aware and we were created to worship Him;
- 4 - To internalize that time is limited, it is an amanah that needs to be utilized wisely.

I pray this book brings us and our families closer together and we all will see the beauty of Allah (swt) in everything that we do. Ameen.



Assalam u Alaikum wa Rahmatullah \_\_\_\_\_  
(insert child name)  
Jazak Allah hu Khairan for joining us in our adventure!  
Today we will be exploring Allah (swt), The Creator.  
Let us start by saying Bismillah.



Fifty thousand years before our creation,  
Allah (swt) created a pen and told it  
to write down everything in gradation.<sup>1</sup>



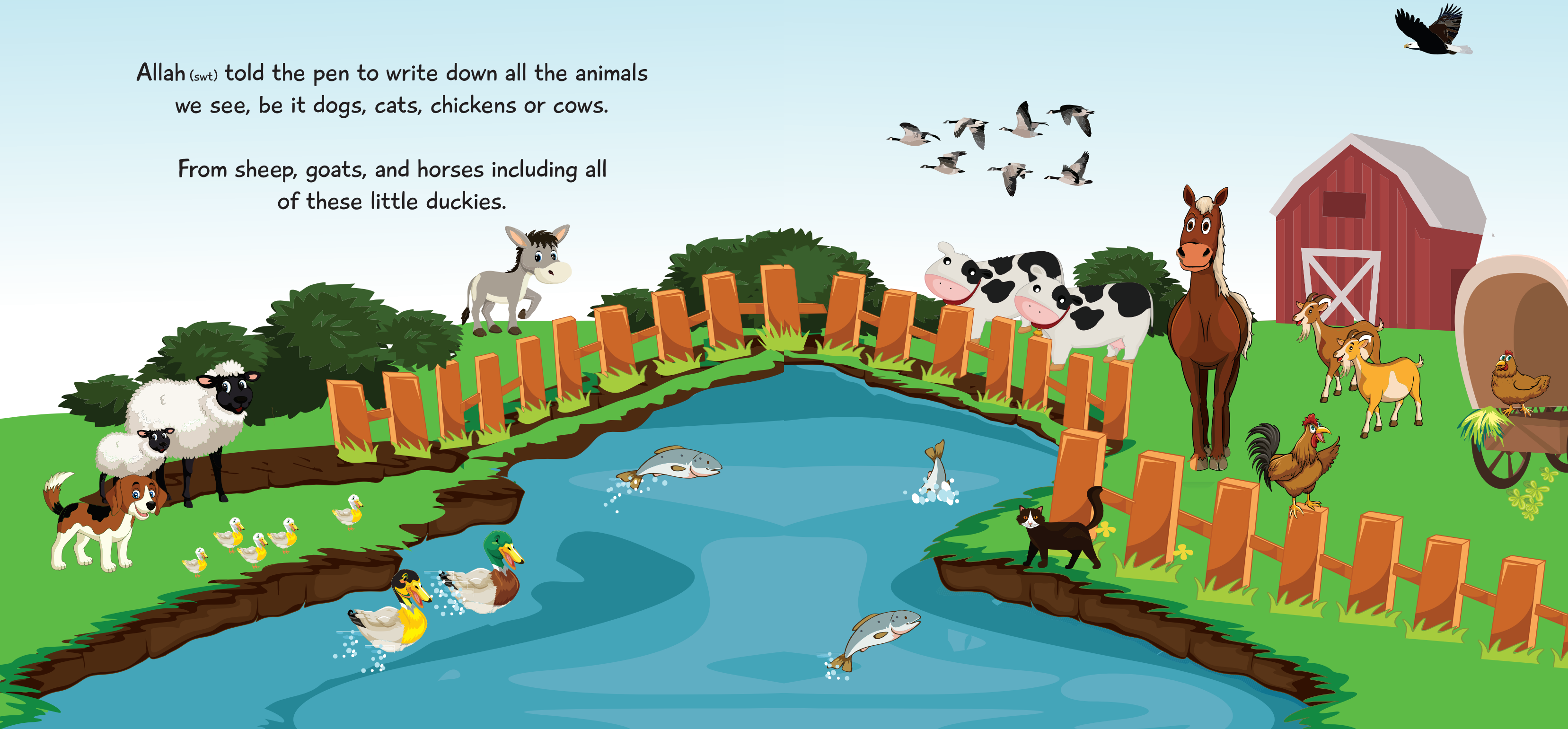


The pen wrote down who your family will be,  
including your ethnicity and even your nationality.

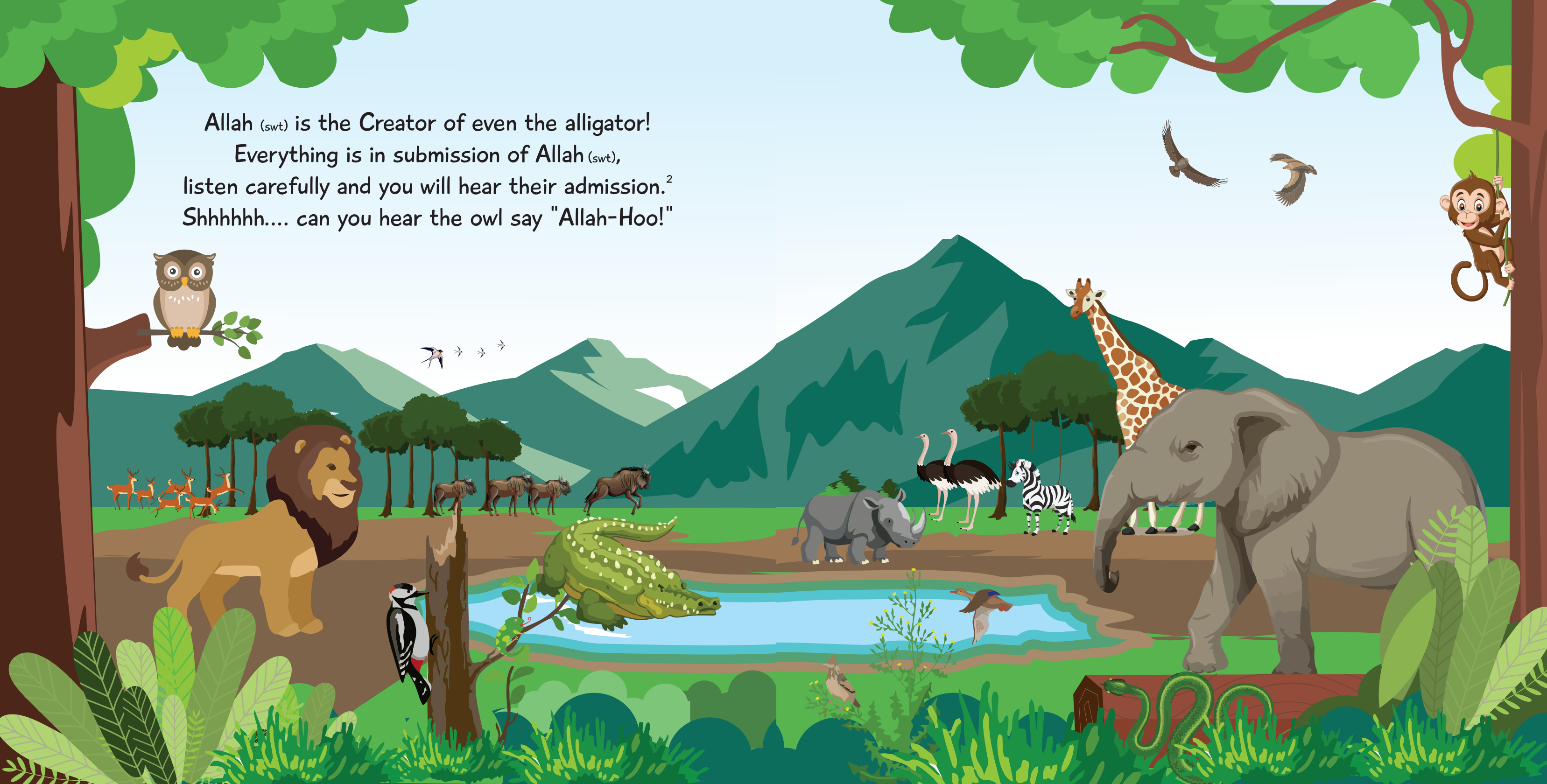


Allah (swt) told the pen to write down all the animals we see, be it dogs, cats, chickens or cows.

From sheep, goats, and horses including all of these little duckies.



Allah (swt) is the Creator of even the alligator!  
Everything is in submission of Allah (swt),  
listen carefully and you will hear their admission.<sup>2</sup>  
Shhhhhh.... can you hear the owl say "Allah-Hoo!"



Allah (swt) is the Giver, and food He always delivers.  
The pen was instructed to write down all the fruits,  
vegetables and meat that you will eat.<sup>3</sup>

He made for us drinks be it juice to milk, all blessings  
from Allah (swt) if we truly think.<sup>4</sup>





Allah (swt) told the pen to teach us  
how to make a boat, a car and a plane.

He gave us different ways to travel,  
so that we can ride in stride<sup>5</sup> knowing  
that Allah (swt) is the best guide.



Allah (swt) instructed the pen to teach us how to make tools and follow all the rules.<sup>6</sup>

He allowed us to build and gave us all unique skills.  
So let us always work together, irrelevant of the weather.



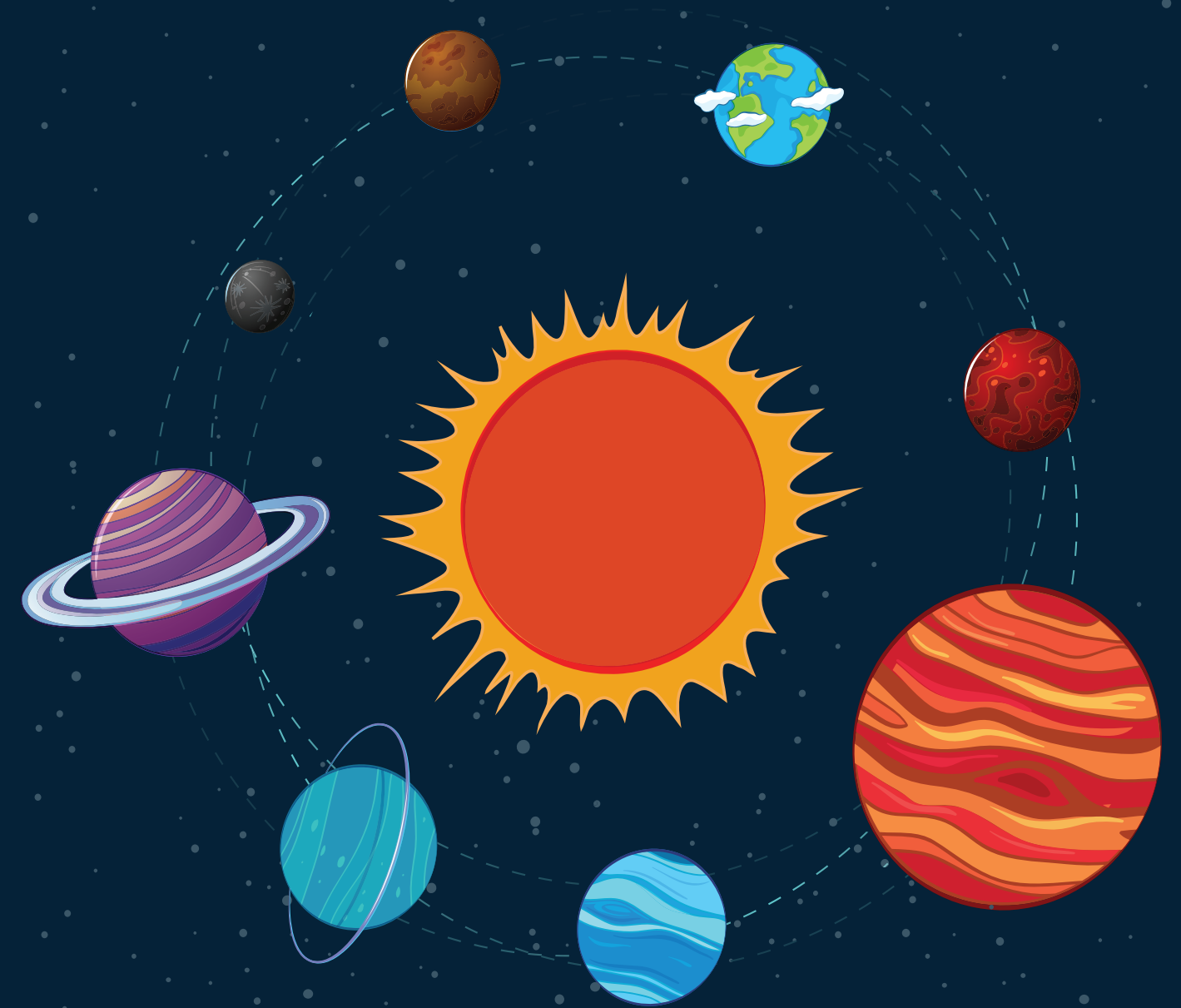
Allah (swt) told the pen to write down our rizq,  
for us to learn and to go out and earn.<sup>7</sup>

His blessings are innumerable, be it your toys to your wealth,  
and of course do not forget your health!<sup>8</sup> Alhumdulillah



Allah (swt) is the Originator, His abilities no one can ever match, as it is only He, who has made everything from scratch!

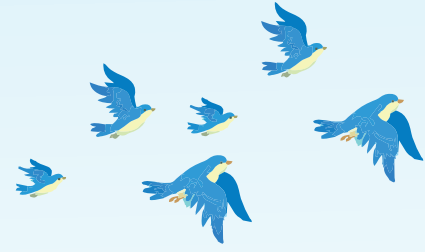
We are a part of His ecosystem, written in His divine and perfect wisdom.  
All Allah (swt) had to say was "Kun" and fa yakun.<sup>9</sup>



Allah (swt) created for us a Jannah  
where we strive to return.

We are here for a while, so live it up in proper style,  
staying in Allah's (swt) obedience all the meanwhile.<sup>10</sup>





We were created to worship,  
for without Allah (swt) we are truly worthless.

Our end goal is Jannah, the currency will be our deeds.  
Time is an amanah,<sup>11</sup> so start sowing your seeds.



بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ  
وَالْعَصْرِ - إِنَّ الْإِنْسَانَ لَفِي خُسْرٍ - إِلَّا الَّذِينَ آمَنُوا وَعَمِلُوا  
الصَّالِحَاتِ وَتَوَّصَوْا بِالْحَقِّ وَتَوَّصَوْا بِالصَّبْرِ

**Bismillah hir rahman nir rahim**  
**Wal'Asr, Innal insaana lafee khusr, Il lal lazeena aamanu wa 'amilus**  
**saali haati wa tawa saw bil haqqi wa tawa saw bis sabr**

In the name of Allah The Most Compassionate, The Most Merciful  
By time, indeed, mankind is in loss, Except for those who have believed and done  
righteous deeds and advised each other to truth  
and advised each other to patience.<sup>12</sup>

Ameen.

## GLOSSARY OF TERMS

<b>(as)</b>	<b>Alayhis salam means peace be upon him</b>
<b>(ra)</b>	<b>Radi Allahu anhu means Allah be pleased with him</b>
<b>(swt)</b>	<b>Subhanahu wa ta'ala means the most Glorified, the most High</b>
<b>Alhumdulillah</b>	<b>All thanks and praise is to Allah (swt)</b>
<b>Amanah</b>	<b>Responsibility</b>
<b>Assalam u Alaikum wa Rahmatullah</b>	<b>May peace be with you and Allah's mercy be upon you</b>
<b>Bismillah</b>	<b>In the name of Allah (swt)</b>
<b>Dhikr</b>	<b>Remembrance of Allah (swt)</b>
<b>Fa Yakun</b>	<b>and it was</b>
<b>Iman</b>	<b>Faith</b>
<b>Insha'Allah</b>	<b>If Allah (swt) wills</b>
<b>Jannah</b>	<b>Heaven</b>
<b>Jazak Allah Khairun</b>	<b>May Allah (swt) reward you with goodness</b>
<b>Kun</b>	<b>Be</b>
<b>Rizq</b>	<b>Livelihood</b>

## REFERENCES

- Abdullah b. 'Amr b. al-'As (ra) reported: I heard Allah's Messenger (saw) as saying: Allah ordained the measures (of quality) of the creation fifty thousand years before He created the heavens and the earth, as His Throne was upon water. (Sahih Muslim 2653b, Book 46, Hadith 27)
- "Say (O'Muhammad (saw): 'Do you verily disbelieve in Him who created the earth in two days and you set up rivals (in worship) with Him? That is the Lord of all that exists. He placed therein (earth) firm mountains from above it, and He blessed it, and measured therein its sustenance (for its dwellers) in four days equal (i.e. all these four 'days' were equal in length of time) for all those who ask (about its creation). Then He Istawa ila the heaven when it was smoke, and said to it and to the earth: "Come both of you willingly or unwillingly." They both said: "We come willingly." Then He finished them (as) seven heavens in two days and He made in each heaven its affair. And we adorned the nearest (lowest) heaven with lamps (stars) to be an adornment as well as to guard (from such devils by using them as missiles against the devils). Such is the decree of the Almighty, the Knower." (Quran 41:9-12). (Tafsir Ibn Kathir, Abridge, Volume 1)
- "Did you not realize that the purity of Allah is proclaimed by all those in the heavens and the earth, and by the birds with their wings spread out? Everyone knows one's own (way of) praying (to Allah) and one's own (way of) proclaiming Allah's purity and Allah knows well what they do." (Quran 24:41)
- "There is no creature on earth whose sustenance is not undertaken by Allah. He knows its permanent and its temporary place. Everything is in a clear book." (Quran 11:6)
- "O messengers, eat from the good things, and act righteously. Of whatever you do, I am fully aware." (Quran 23:51)
- "And Allah has made the earth for you as a carpet (spread out), That ye may go about therein, in spacious roads." (Quran 71:19-20)
- "And it was revealed to Nuh that, "No one will believe from your people except those who have already believed, so do not be distressed by what they have been doing. And construct the ship under Our observation and Our inspiration and do not address Me concerning those who have wronged; indeed, they are (to be) drowned."" (Qur'an 11:36-37)
- Umar (ra) said: "I heard the Messenger of Allah (saw) say: 'If you were to rely upon Allah with the reliance He is due, you would be given provision like the birds: They go out hungry in the morning and come back with full bellies in the evening.'" (Sunan Ibn Majah 4164, Book 37, Hadith 65)
- "And He gave you of all that you asked for, and if you count the Blessings of Allah, never will you be able to count them. Verily, man is indeed an extreme wrong-doer, a disbeliever (an extreme ingrate who denies Allah's Blessings by disbelief, and by worshipping others besides Allah, and by disobeying Allah and His Prophet Muhammad (saw))." (Quran 14:34)

## REFERENCES

- 9** "The Originator of the heavens and the earth. When He decrees a matter, He only says to it: "Be!" - and it is." (Quran 2:117)
- 10** "Nay, you prefer the life of this world, Although the Hereafter is better and more lasting." (Quran 87:16-17)
- 11** The Messenger of Allah (saw) took me by the shoulder and said, "Be in this world as though you were a stranger or a wayfarer." And Ibn Umar (ra) used to say, "In the evening do not expect (to live until) the morning, and in the morning do not expect (to live until) the evening. Take (advantage of) your health before times of sickness, and (take advantage of) your life before your death." (Sahih Al-Bukhari 6416, Book 81, Hadith 5)
- 12** This Surah is a matchless specimen of comprehensiveness and brevity. A whole world of meaning has been compressed into its few brief words, which is too vast in content to be fully expressed even in a book. In it, in a clear and plain way it has been stated what is the way to true success for man and what is the way to ruin and destruction for him. Imam Shafi has very rightly said that if the people only considered this Surah well, it alone would suffice them for their guidance. How important this Surah was in the sight of the Companions can be judged from the tradition cited from Hadrat Abdullah bin Hisn ad-Darimi Abu Madinah, according to which whenever any two of them met they would not part company until they had recited Surah Al-Asr to each other. (Tabarani)

In this Surah an oath has been sworn by the Time to impress the point that man is in sheer loss and only those people are an exception from the loss who are characterized by four qualities: (1) Faith, (2) righteous deeds, (3) exhorting one another to Truth, and (4) exhorting one another to patience. (Quran, 103: 1-3)

Al-'Asr is the time in which the movements of the Children of Adam occur, whether good or evil. Malik narrated from Zayd bin Aslam that he said, "It is the evening." However, the first view is the popular opinion. Thus, Allah swears by this, that man is in Khusr, which means in loss and destruction. **إِلَّا الَّذِينَ آمَنُوا وَعَمِلُوا الصَّالِحَاتِ** (Except those who believe and do righteous good deeds)

So Allah makes an exception, among the species of man being in loss, for those who believe in their hearts and work righteous deeds with their limbs. **وَتَوَاصَوْا بِالْحَقِّ** (And recommend one another to the truth,) This is to perform acts of obedience and avoid the forbidden things. **وَتَوَاصَوْا بِالصَّبْرِ** (And recommend one another to patience.) meaning, with the plots, the evils, and the harms of those who harm people due to their commanding them to do good and forbidding them from evil. (Tafsir Ibn Kathir, Abridged Volume 10)

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- 6 Saleh (as) - Sharing
- 7 Ibrahim (as) - Reasoning
- 8 Isma'il (as) - Listening
- 9 Is'hac (as) - Trusting
- 10 Ya'qub (as) - Dedicated
- 11 Lut (as) - Hospitable
- 12 Shu'ayb (as) - Justice
- 13 Yusuf (as) - Integrity
- 14 Ayyub (as) - Loyalty
- 15 Dhul-Kifl (as) - Supporting
- 16 Yunus (as) - Sincerity
- 17 Musa (as) - Optimistic
- 18 Haroon (as) - United
- 19 Al-Khidr (as) - Patience
- 20 Ezekiel, Ilyas, Shammil (as) - Dependence
- 21 Luqman (as) - Wisdom
- 22 Dawood (as) - Brave
- 23 Suleiman (as) - Humility
- 24 Isaih, Jeremiah, Daniel, Uzair (as) - Reliable
- 25 Zakariyah (as) - Perseverance
- 26 Yahya (as) - Responsible
- 27 Marryam (as) - Modesty
- 28 Esa (as) - Respectful
- 29 People of the Cave (as) - Proactive
- 30 Muhammad (saw) - Trustworthy

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- 6 Jannah via Sunnah - Jumada Al-Thani
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This book is designed to build a Muslim identity in the 21st century. The series is divided into six sections.

I humbly request that they be read in order so that one may progressively learn and prosper. Insha'Allah.

May Allah (swt) accept all our efforts and grant us Jannah with no reckoning. Ameen.



**DR. APPY**

## About the Author

Dr. Appy is a first generation immigrant in North America who has been practicing as a Neuropsychologist for over a decade. She was inspired to write this series due to her observations of how difficult it can be to raise children in this ever-changing world.

Dr. Appy would like to dedicate this book to her family and friends who have always supported and encouraged her, especially her parents. May Allah (swt) bless and guide us all. Ameen.

Dr. Appy genuinely prays to touch the heart of every child until the day of judgement and to assist parents in instilling the love of Allah (swt), along with the morals and etiquettes needed to be an upright Muslim and by default, citizen (Insha'Allah).

**These books are designed to build a Muslim identity in the 21st century. I humbly request that they be read in order, so that our children can build on their knowledge and benefit. Insha'Allah.**

**Series 1:** Get to know Allah (swt) and instill the love and companionship of Him in our hearts.

**Series 2:** Understand how we were created, our purpose and the journey of our soul.

**Series 3:** Anchor our akhlaq by walking through humanity; each Prophet is paired with a character trait and the story ends with a moral to internalize and build our identity.

**Series 4:** Learn and internalize a hadith a day to keep Shaytan away.

**Series 5:** Learn the foundations of faith by planning our day the Islamic way.

**Series 6:** Help our children transition into a teenager and adult.

I pray this series brings us all closer together in this world and in the hereafter. May Allah (swt) accepts all our efforts and grants us Jannah with no reckoning. Ameen.

**Download this series for FREE at [drappy.ca](http://drappy.ca)**

