

Adventures with Dr. Appy



ALLAH IS YOUR BEST FRIEND!

Getting To Know Allah (swt): Book 2/3

Written by:
Dr. Appy

Edited by:
Ms. Ahmad

Illustrated by:
Mr. Majid

Dr. Appy prays that this book touches your heart, and requests that the reward be given to every human with even an ounce of Iman, from the time of Adam (as) until the day of judgement. Ameen.

Dear Parents

The purpose of this book is as follows:

- 1 - Teach our children that with every breath Allah (swt) is present, loving, supporting and protecting them;
- 2 - Internalize that Allah's (swt) closeness to us is unparalleled and that He is our Creator;
- 3 - To be reminded of Allah's (swt) love for us and that He is in control;
- 4 - Instill that no matter what happens in life, Allah (swt) will always be by their side. He is their eternal best friend and only wishes them the best.

I pray this book brings us and our families closer together and the presence, love and support of Allah (swt) is instilled in all of our hearts. Ameen.

All profits from this book will be donated to charity. For more detailed information about how the proceeds are being distributed please visit: www.drappy.ca

Copyright @ 2021

All rights reserved. No part of this book may be reproduced or used in any manner without permission of the copyright owner, except for the use of quotations in a book review.

ISBN

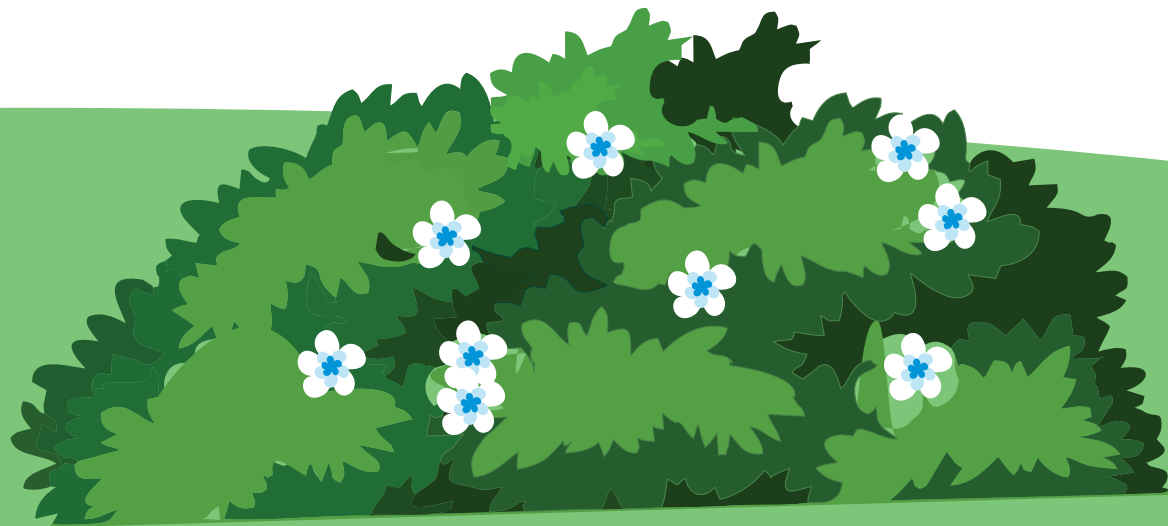
E-Book: 978-1-7776642-3-7

Hardcover: 978-1-7776642-2-0

Paperback: 979-8-5212203-8-0

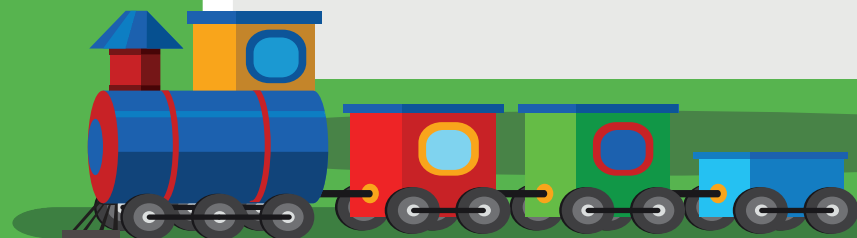
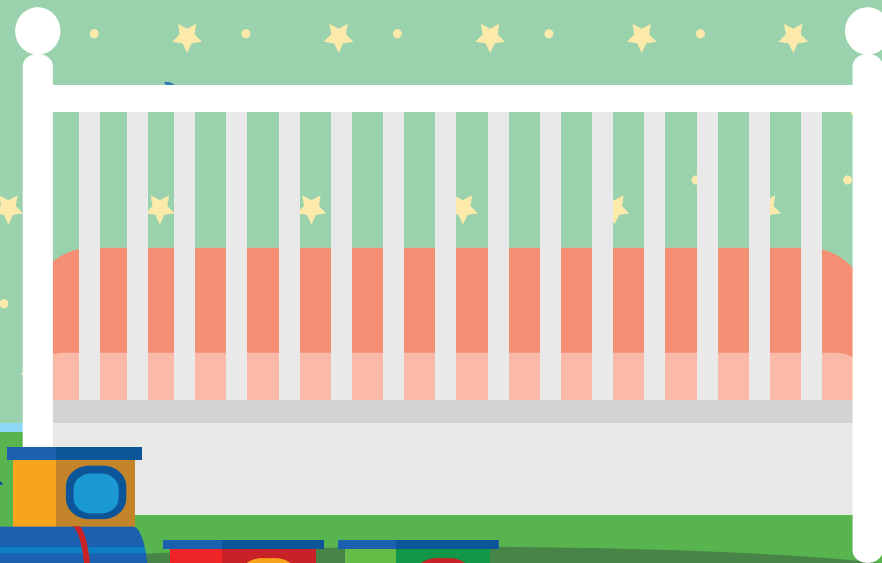
Assalam u Alaikum wa Rahmatullah _____.
(insert child name)
Jazak Allah hu Khairan for joining us in our adventure!

Today we will be exploring how Allah (swt) is our best friend.
Let us start by saying Bismillah.



Allah (swt) is your best friend
till the very end.

His love is like no other, **WAY** more
than even your own mother!¹




• Allah (swt) is always by your side,
waiting for you to confide.

He is always listening, and from us,
• He is never distancing.²



Allah (swt) created a system with
His divine wisdom, it is true perfection;
look around and do your own inspection.³

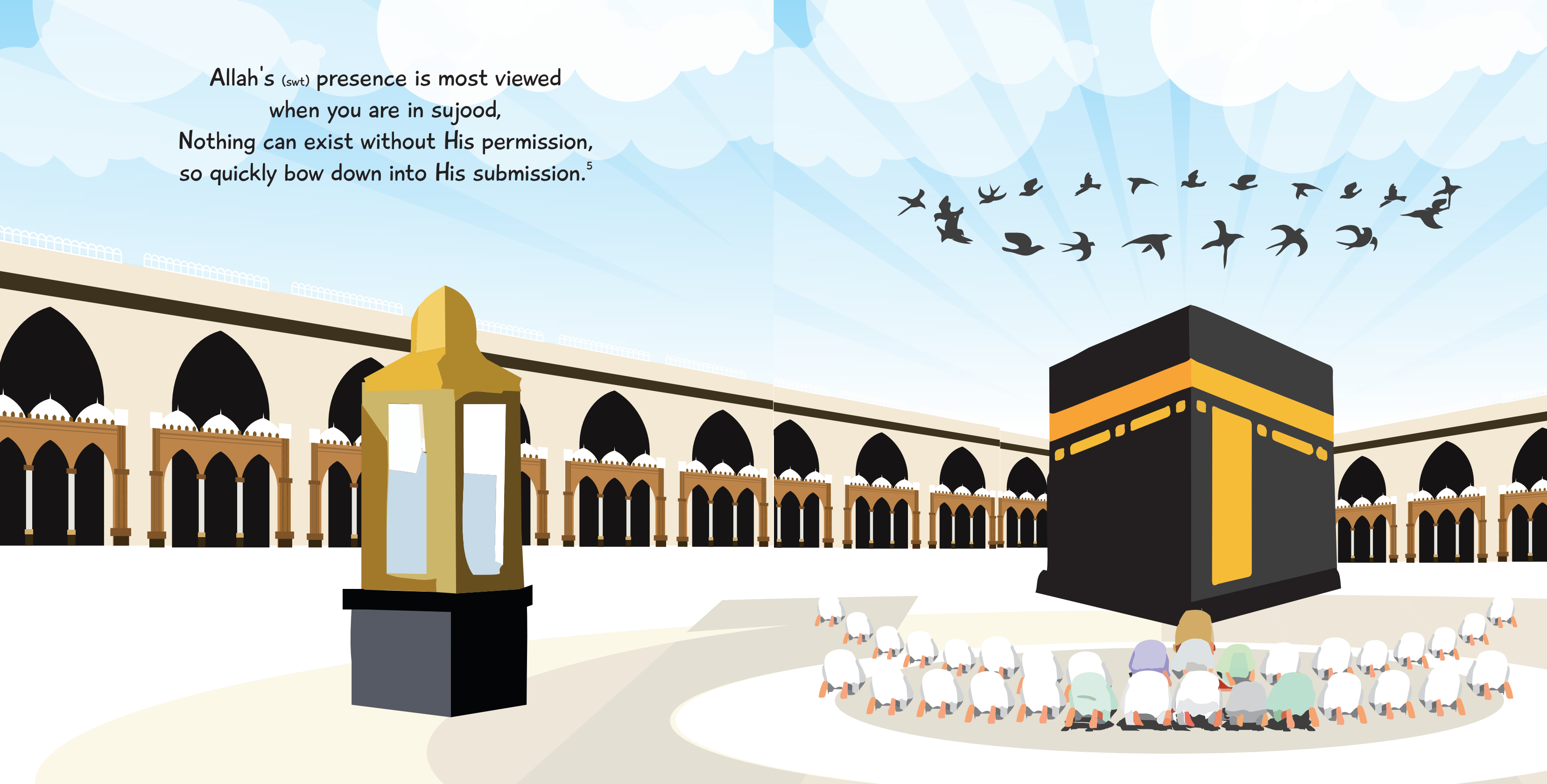




Allah's (swt) presence is always seen,
if you so happen to be keen.

Look up in the sky or even into the sea.⁴

Allah's (swt) presence is most viewed
when you are in sujood,
Nothing can exist without His permission,
so quickly bow down into His submission.⁵




Allah (swt) instructs us to do good, and never lament with "should,"⁶ as nothing can happen without His decree, not even a leaf can fall off a tree!⁷



Allah (swt) only wishes us the best,
even though at times it may seem like a test.⁸

His bond with you will never bend,
for He is your eternal best friend.





Allah (swt) sends to us rain, from which we are able to grow grain.

From us, Allah (swt) has nothing to gain, yet He is closer to us than our own jugular vein!⁹

Think with your mind, feel with your heart and
if you are sincere you shall surely find Him.

As we end today, I want you to embed, deep into your
heart that Allah (swt) is your true best friend!



اللَّهُمَّ إِنِّي وَاسَأَلُكَ لَذَّةَ النَّظَرِ إِلَى وَجْهِكَ وَالشَّوْقَ إِلَى لِقَائِكَ



Allahumma inni As'aluka Ladhdata an-Nazari ila Waj-hika wash shawqa ila Liqa'ik

O Allah, I ask You for the delight of gazing at You and the eagerness of meeting You.¹⁰

Ameen.



GLOSSARY OF TERMS

(as)	Alayhis-salam means peace be upon him
(ra)	Radi Allahu anhu means Allah (swt) be pleased with him
(swt)	Subhana wa t'Ala means the most high
Akhlaq	Character
Assalam u Alaikum wa Rahmatullah	Peace be upon you and Allah's (swt) mercy
Bismillah	In the name of Allah (swt)
Iman	Faith
Insha'Allah	If Allah (swt) wills
Jazak Allah hu Khairan	May Allah (swt) reward you with goodness
Rehma	Mercy
Sujood	Prostration
Shaytan	Devil

REFERENCES

- 1 Narrated by Umar bin Al-Khattab (ra): Some Sabi (i.e. war prisoners, children and woman only) were brought before the Prophet (saw) and behold, a woman amongst them was milking her breasts to feed and whenever she found a child amongst the captives, she took it over her chest and nursed it (she had lost her child but later she found him) the Prophet said to us, "Do you think that this lady can throw her son in the fire?" We replied, "No, if she has the power not to throw it (in the fire)." The Prophet (saw) then said, "Allah is more merciful to His slaves than this lady to her son." (Sahih al-Bukhari 5999, Book 78, Hadith 30)
- 2 "And when My servants ask you, [O Muhammad], concerning Me - indeed I am near. I respond to the invocation of the supplicant when he calls upon Me. So let them respond to Me [by obedience] and believe in Me that they may be [rightly] guided." (Quran 2:186)
- 3 "...The sun and the moon [move] by precise calculation, And the stars and trees prostrate. And the heaven He raised and imposed the balance that you not transgress within the balance. And establish weight in justice and do not make deficient the balance. And the earth He laid [out] for the creatures. Therein is fruit and palm trees having sheaths [of dates] and grain having husks and scented plants. So which of the favors of your Lord would you deny?" (Quran 55:1-78)
- 4 "Do you not see that Allah has made subject to you whatever is in the heavens and whatever is in the earth and amply bestowed upon you His favors, [both] apparent and unapparent? But of the people is he who disputes about Allah without knowledge or guidance or an enlightening Book [from Him]." (Quran 31:20)
- 5 Narrated by Abu Huraira (ra): The Messenger of Allah (saw) said: The nearest a servant comes to his Lord is when he is prostrating himself, so make supplication (in this state). (Sahih Muslim 482, Book 4, Hadith 245)
- 6 It was narrated that Abu Hurairah (ra) said: "The Messenger of Allah (saw) said: 'The strong believer is better and more beloved to Allah than the weak believer, although both are good. Strive for that which will benefit you, seek the help of Allah, and do not feel helpless. If anything befalls you, do not say, "if only I had done such and such" rather say "Qaddara Allahu wa ma sha'a fa'ala (Allah has decreed and whatever he wills, He does)." For (saying) 'If' opens (the door) to the deeds of Satan.'" (Sunan Ibn Majah, Book 1, Hadith 79)

REFERENCES

- 7** “And with Him are the keys of the unseen; none knows them except Him. And He knows what is on the land and in the sea. Not a leaf falls but that He knows it. And no grain is there within the darkness of the earth and no moist or dry [thing] but that it is [written] in a clear record.” (Quran 6:59)
- 8** “And know that your possessions and your children are a test, and that with Allah is immense reward.” (Quran 8:28)
- 9** “We verily created man and We know what his soul whispereth to him, and We are nearer to him than his jugular vein.” (Quran 50:16)
- 10** Ata bn As-Sa’ib (ra) narrated that his father said: “Ammar bin Yasir led us in prayer and he made it brief. Some of the people said to him: ‘You made the prayer sort (or brief).’ He said: ‘Nevertheless I still recited supplications that I heard from the Messenger of Allah (saw).’ When he got up and left, a man -- he was my father but he did not name himself -- followed him and asked him about that supplication, then he came and told the people: “O Allah, by Your knowledge of the unseen and Your power over creation, keep me alive so long as You know that living is good for me and cause me to die when You know that death is better for me. O Allah, cause me to fear You in secret and in public. I ask You to make me true in speech in times of pleasure and of anger. I ask You to make me moderate in times of wealth and poverty. And I ask You for everlasting delight and joy that will never cease. I ask You to make me pleased with that which You have decreed and for an easy life after death. I ask You for the sweetness of looking upon Your face and a longing to meet You in a manner that does not entail a calamity that will bring about harm or a trial that will cause deviation. O Allah, beautify us with the adornment of faith and make us among those who guide and are rightly guided.” (Sunan an-Nasa’i 1305, Book 13, Hadith 127)

SERIES 1 GETTING TO KNOW ALLAH (swt)

- 1 Allah Loves You
- 2 Allah is Your Best Friend
- 3 Allah is The Creator

SERIES 3 ANCHORING YOUR AKHLAQ - A WALK THROUGH HUMANITY

- 1 Habil (as) & Kabil - Sibling Rivalry
- 2 Sheeth (as) - Obedience
- 3 Idris (as) - Learning
- 4 Nuh (as) - Resilience
- 5 Hud (as) - Vanity
- 6 Saleh (as) - Sharing
- 7 Ibrahim (as) - Reasoning
- 8 Isma’il (as) - Listening
- 9 Is’hac (as) - Trusting
- 10 Ya’qub (as) - Dedicated
- 11 Lut (as) - Hospitable
- 12 Shu’ayb (as) - Justice
- 13 Yusuf (as) - Integrity
- 14 Ayyub (as) - Loyalty
- 15 Dhul-Kifl (as) - Supporting
- 16 Yunus (as) - Sincerity
- 17 Musa (as) - Optimistic
- 18 Haroon (as) - United
- 19 Al-Khidr (as) - Patience
- 20 Ezekiel, Ilyas, Shammil (as) - Dependence
- 21 Luqman (as) - Wisdom
- 22 Dawood (as) - Brave
- 23 Suleiman (as) - Humility
- 24 Isaih, Jeremiah, Daniel, Uzair (as) - Reliable
- 25 Zakarriyah (as) - Perseverance
- 26 Yahya (as) - Responsible
- 27 Marryam (as) - Modesty
- 28 Esa (as) - Respectful
- 29 People of the Cave (as) - Proactive
- 30 Muhammad (saw) - Trustworthy

SERIES 2 OUR CREATION, PURPOSE AND JOURNEY OF OUR SOUL

- 1 The First Human
- 2 The Ultimate Battle - Human vs Shaytan
- 3 Our Greatest Weapon: DUA
- 4 Journey of Our Soul

SERIES 4 HADITH A DAY TO KEEP SHAYTAN AWAY

- 1 Jannah via Sunnah - Muharram
- 2 Jannah via Sunnah - Safar
- 3 Jannah via Sunnah - Rabi Al-Awwal
- 4 Jannah via Sunnah - Rabi Al-Thani
- 5 Jannah via Sunnah - Jumada Al-Awwal
- 6 Jannah via Sunnah - Jumada Al-Thani
- 7 Jannah via Sunnah - Rajab
- 8 Jannah via Sunnah - Shaban
- 9 Jannah via Sunnah - Ramadan
- 10 Jannah via Sunnah - Shawwal
- 11 Jannah via Sunnah - Dhul Qa’dah
- 12 Jannah via Sunnah - Dhul Hijjah

SERIES 5 FOUNDATIONS OF FAITH

- 1 Foundations of Faith
- 2 Step by Step Guide to Salah
- 3 My Little Dua Book
- 4 Barakat in Harakats
- 5 Fus-ha for Allah
- 6 Plan Your Day the Islamic Way
- 7 Celebrations & Holidays
- 8 99 Name Game

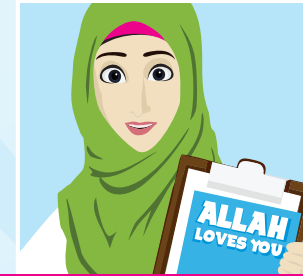
SERIES 6 TRANSITIONING INTO A TEENAGER

- 1 Becoming a Man
- 2 Becoming a Woman

This book is designed to build a Muslim identity in the 21st century. The series is divided into six sections.

I humbly request that they be read in order so that one may progressively learn and prosper. Insha'Allah.

May Allah (swt) accept all our efforts and grant us Jannah with no reckoning. Ameen.



DR. APPY

About the Author

Dr. Appy is a first generation immigrant in North America who has been practicing as a Neuropsychologist for over a decade. She was inspired to write this series due to her observations of how difficult it can be to raise children in this ever-changing world.

Dr. Appy would like to dedicate this book to her family and friends who have always supported and encouraged her, especially her parents. May Allah (swt) bless and guide us all. Ameen.

Dr. Appy genuinely prays to touch the heart of every child until the day of judgement and to assist parents in instilling the love of Allah (swt), along with the morals and etiquettes needed to be an upright Muslim and by default, citizen (Insha'Allah).

These books are designed to build a Muslim identity in the 21st century. I humbly request that they be read in order, so that our children can build on their knowledge and benefit. Insha'Allah.

Series 1: Get to know Allah (swt) and instill the love and companionship of Him in our hearts.

Series 2: Understand how we were created, our purpose and the journey of our soul.

Series 3: Anchor our akhlaq by walking through humanity; each Prophet is paired with a character trait and the story ends with a moral to internalize and build our identity.

Series 4: Learn and internalize a hadith a day to keep Shaytan away.

Series 5: Learn the foundations of faith by planning our day the Islamic way.

Series 6: Help our children transition into a teenager and adult.

I pray this series brings us all closer together in this world and in the hereafter, and that Allah (swt) accepts all our efforts and grants us Jannah with no reckoning. Ameen.

Download this series for FREE at drappy.ca

