

Adventures with Dr. Appy

# ALLAH LOVES YOU!

Getting To Know Allah (swt): Book 1/3

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Dr. Appy prays that this book touches your heart, and requests that the reward be given to every human with even an ounce of Iman, from the time of Adam (as) until the day of judgement. Ameen.

All profits from this book will be donated to charity. For more detailed information about how the proceeds are being distributed please visit: [www.drappy.ca](http://www.drappy.ca)

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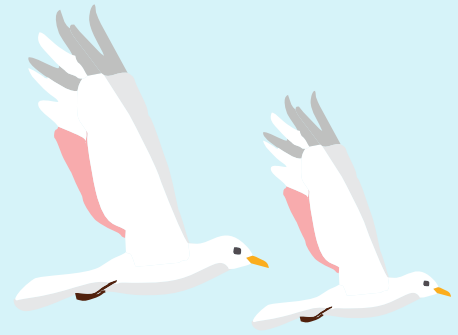
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# Dear Parents

The purpose of this book is as follows:

- 1 - Instill love and compassion for Allah (swt) in our childrens' heart;
- 2 - Teach them that Allah (swt) is ever present and protecting them perpetually;
- 3 - Remind our children about our love for them and that we will always be there for them;
- 4 - Teach them that with every blessing comes accountability.

I pray this book brings us and our families closer together and the love of Allah (swt) is instilled in all of our hearts. Ameen.

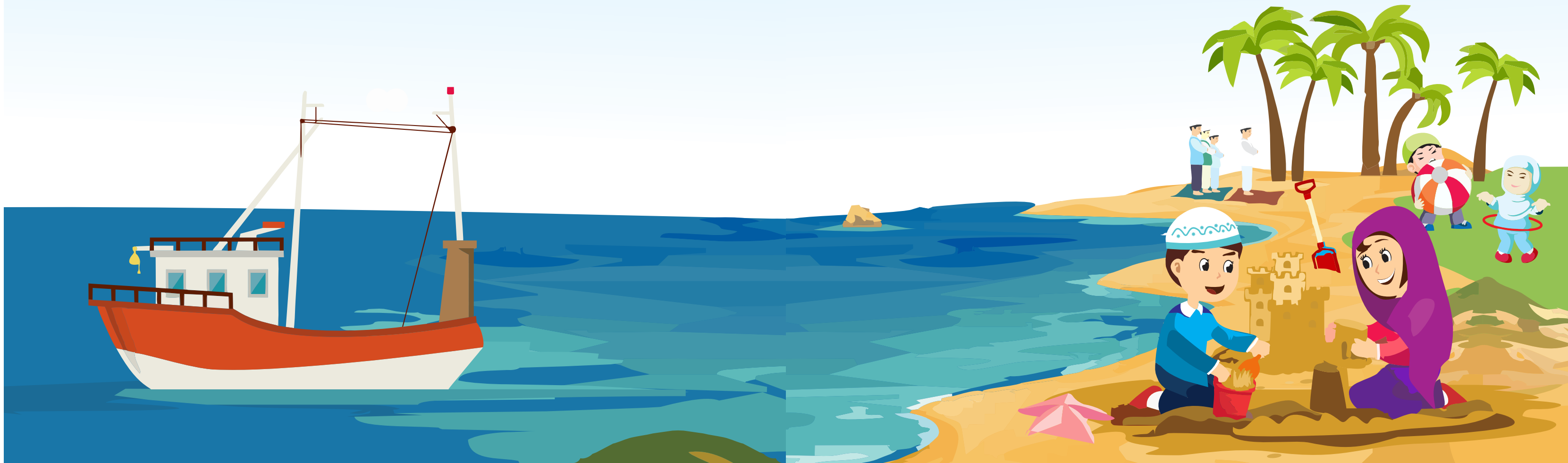


Assalam u Alaikum wa Rahmatullah \_\_\_\_\_.  
(insert child name)  
Jazak Allah hu Khairan for joining us in our adventure!

Today we will be exploring Allah's (swt) love for us.  
Let us start by saying Bismillah.



Allah (swt) loves you today and will do so forever.  
He made you from clay<sup>1</sup> and is with you  
on every endeavour.<sup>2</sup>





Allah (swt) loves you in the morning  
and in the afternoon.

He loves it when you are listening  
and protects you in His cocoon.<sup>3</sup>





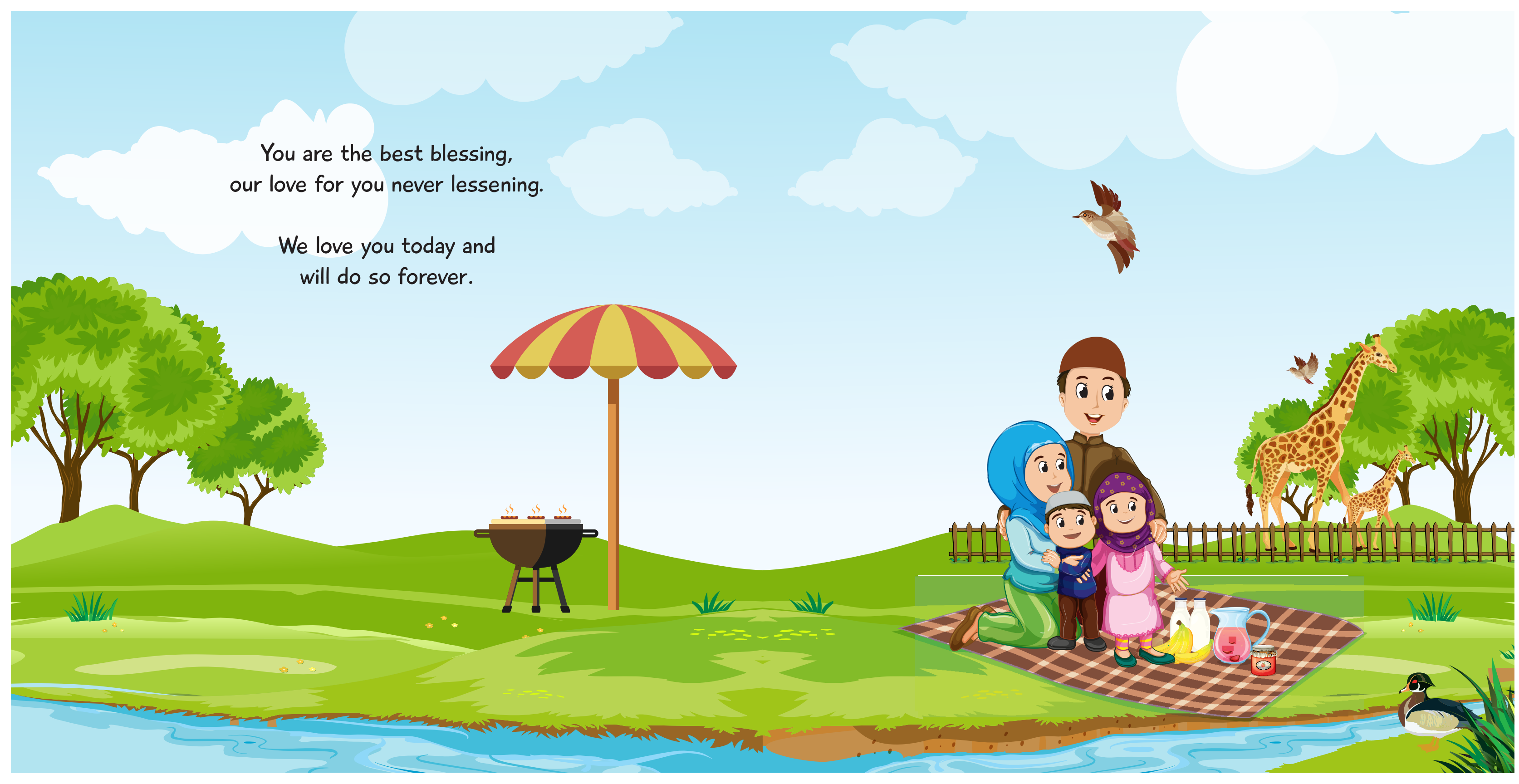
Allah (swt) chose us to care for you,  
you are our amanah.

We swear to always love you as we make  
our way to Jannah.<sup>4</sup>



You are the best blessing,  
our love for you never lessening.

We love you today and  
will do so forever.



Allah (swt) loves you when you are happy,  
and even when you are naughty.

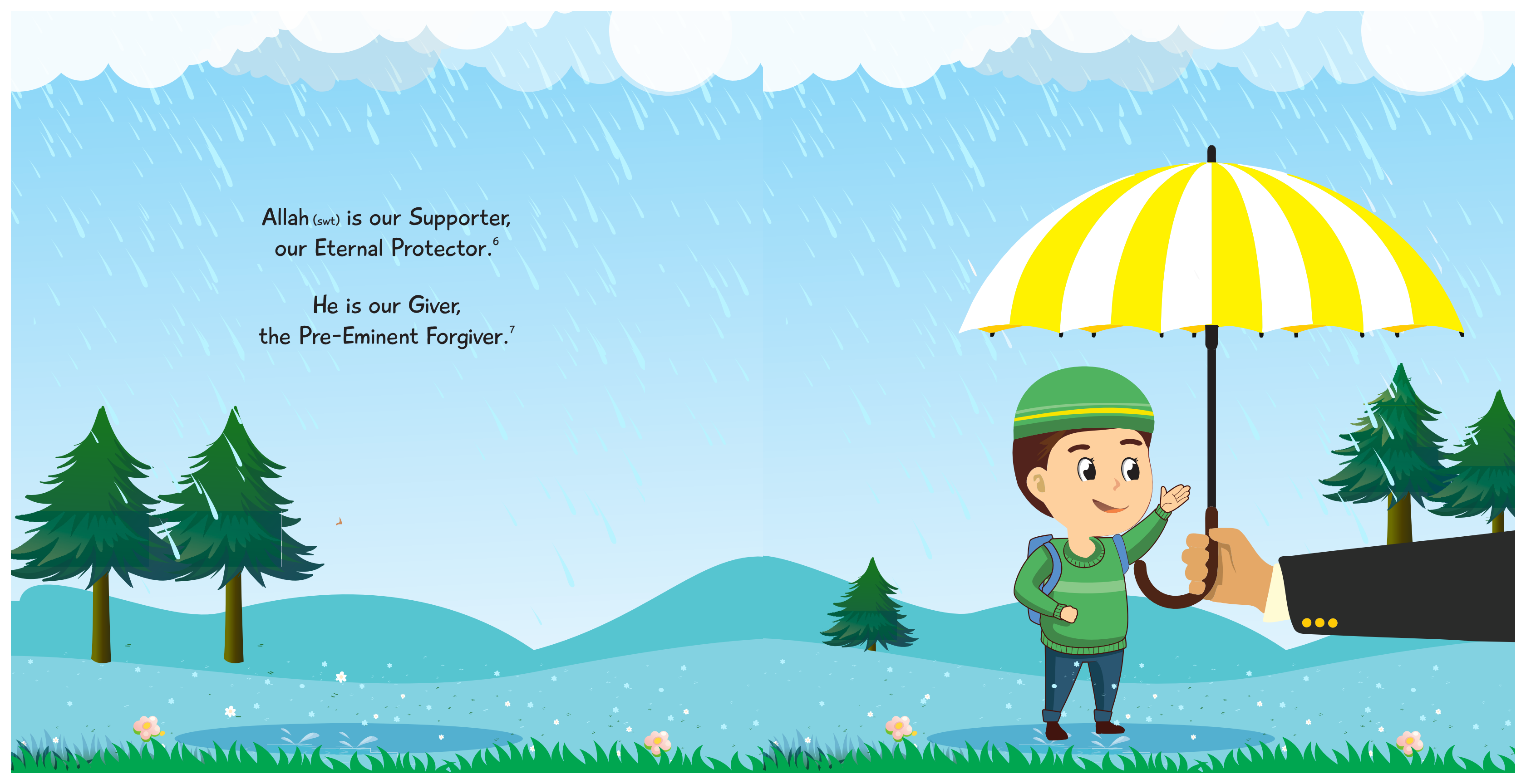
He loves you when you are mad,  
and even more so when you are sad.<sup>5</sup>





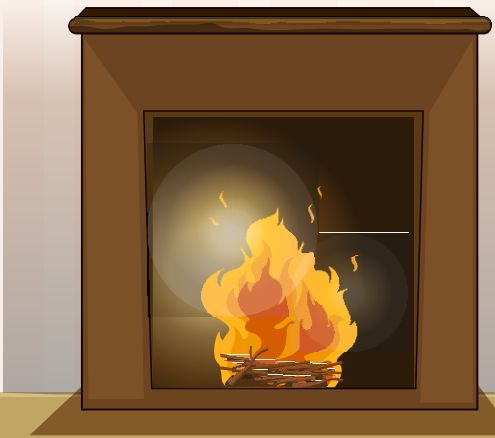
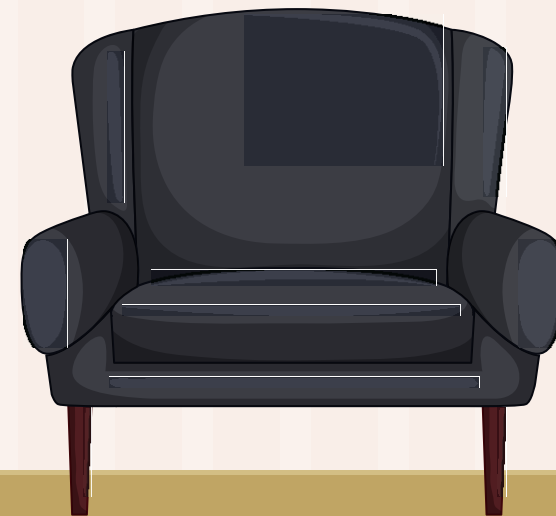
Allah (swt) is our Supporter,  
our Eternal Protector.<sup>6</sup>

He is our Giver,  
the Pre-Eminent Forgiver.<sup>7</sup>



Allah (swt) loves you today and will do so forever.  
He has provided you with every blessing;  
so lets not be left guessing.<sup>8</sup>

Thank Allah (swt) for He is the Most Loving.



It is time to go to sleep and  
only your deeds you shall keep,  
as you visit your Maker, the Ultimate Caretaker.

Both Allah (swt) and we love you today and  
will do so forever.

اللَّهُمَّ بِاسْمِكَ أَمُوتُ وَأَحْيَا

Allahuma Bismika Amutu wa Ahya

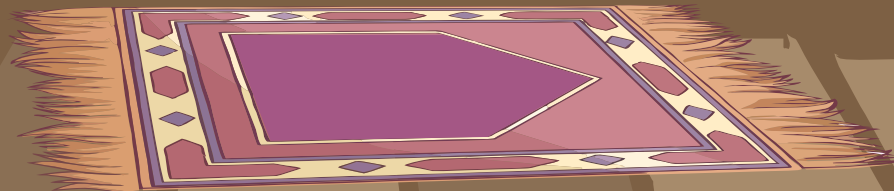
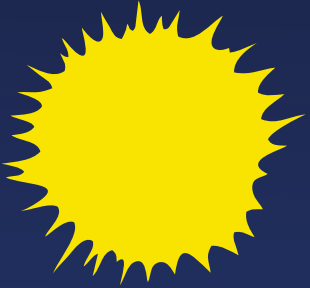
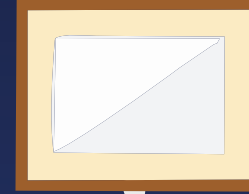
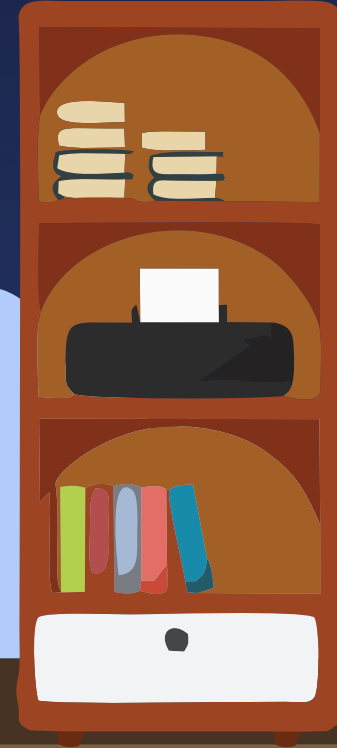
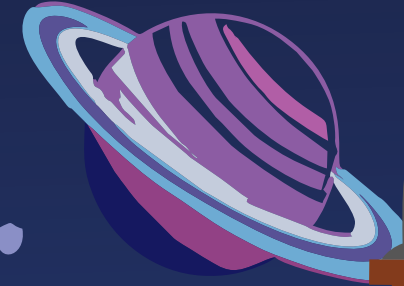
O'Allah in your name do we live and return.<sup>9</sup>

Ameen

I LOVE YOU  
ALLAH! (SWT)

Zzzz

Zzzz



## GLOSSARY OF TERMS

<b>(as)</b>	<b>Alayhis-salam means peace be upon him</b>
<b>(ra)</b>	<b>Radi Allahu anhu means Allah (swt) be pleased with him</b>
<b>(swt)</b>	<b>Subhanahu wa ta'ala means the most Glorified, the most High</b>
<b>Akhlaq</b>	<b>Character</b>
<b>Amanah</b>	<b>Responsibility/Trust</b>
<b>Assalam u Alaikum wa Rahmatullah</b>	<b>Peace be upon you and Allah's (swt) mercy</b>
<b>Bismillah</b>	<b>In the name of Allah (swt)</b>
<b>Iman</b>	<b>Faith</b>
<b>Insha'Allah</b>	<b>If Allah (swt) wills</b>
<b>Jannah</b>	<b>Heaven</b>
<b>Jazak Allah hu Khairan</b>	<b>May Allah (swt) reward you with goodness</b>

## REFERENCES

- 1 "Surely We brought man into being out of dry ringing clay which was wrought from black mud." (Quran 15:26)
- 2 "He said: 'Have no fear. I am with you, hearing and seeing all.'" (Quran 20:46)
- 3 "...and My Mercy encompasses everything." (Quran 7:156)
- 4 "To Allah belongs the kingdom of the heavens and the earth. He creates what He wills. He grants females to whom He wills, and grants males to whom He wills." (Quran 42:49)
- 5 Allah (swt) is Ar-Rahman and this name/attribute conveys the idea of fullness and extensiveness, indicating the great quality of love and mercy which engulfs the entire creation without any effort or request on our part.  
  
Narrated by Abu Huraira (ra): Allah's Messenger (saw) said, "If Allah wants to do good to somebody, He afflicts him with trials." (Sahih al-Bukhari 5645, Book 75, Hadith 5)
- 6 "Say, 'Who is it that can protect you from Allah if He intends for you an ill or intends for you a mercy?' And they will not find for themselves besides Allah any protector or any helper." (Quran 33:17)
- 7 "Say: 'O my Servants who have transgressed against their souls! Despair not of the Mercy of Allah: for Allah forgives all sins: for He is Oft-Forgiving, Most Merciful.'" (Quran 39:53)
- 8 "Then which of the favours of your Lord will ye deny?" (Quran 55:13)
- 9 Narrated by Huzhaifa (ra) reported: Whenever the Prophet (saw) lay down for sleep at night, he would place his (right) hand under his (right) cheek and supplicate: "Allahumma bismika amutu wa ahya [O Allah, with Your Name will I die and live (wake up)]." And when he woke up, he would supplicate: "Alhamdu lillaahil-lathee ahyaanaa ba'da maa amaatanaa wa ilayhin-nushoor." (All praise belongs to the One who gave us life after He had given us death and to Him is the resurrection.)." (Riyad as-Saliheen 816, Book 4, Hadith 4)

**SERIES 1 GETTING TO KNOW ALLAH (swt)**

- 1 Allah Loves You
- 2 Allah is Your Best Friend
- 3 Allah is The Creator

**SERIES 3 ANCHORING YOUR AKHLAQ - A WALK THROUGH HUMANITY**

- 1 Habil (as) & Kabil - Sibling Rivalry
- 2 Sheeth (as) - Obedience
- 3 Idris (as) - Learning
- 4 Nuh (as) - Resilience
- 5 Hud (as) - Vanity
- 6 Saleh (as) - Sharing
- 7 Ibrahim (as) - Reasoning
- 8 Isma'il (as) - Listening
- 9 Is'hac (as) - Trusting
- 10 Ya'qub (as) - Dedicated
- 11 Lut (as) - Hospitable
- 12 Shu'ayb (as) - Justice
- 13 Yusuf (as) - Integrity
- 14 Ayyub (as) - Loyalty
- 15 Dhul-Kifl (as) - Supporting
- 16 Yunus (as) - Sincerity
- 17 Musa (as) - Optimistic
- 18 Haroon (as) - United
- 19 Al-Khidr (as) - Patience
- 20 Ezekiel, Ilyas, Shammil (as) - Dependence
- 21 Luqman (as) - Wisdom
- 22 Dawood (as) - Brave
- 23 Suleiman (as) - Humility
- 24 Isaih, Jeremiah, Daniel, Uzair (as) - Reliable
- 25 Zakarriyah (as) - Perseverance
- 26 Yahya (as) - Responsible
- 27 Marryam (as) - Modesty
- 28 Esa (as) - Respectful
- 29 People of the Cave (as) - Proactive
- 30 Muhammad (saw) - Trustworthy

**SERIES 2 OUR CREATION, PURPOSE AND JOURNEY OF OUR SOUL**

- 1 The First Human
- 2 The Ultimate Battle - Human vs Shaytan
- 3 Our Greatest Weapon: DUA
- 4 Journey of Our Soul

**SERIES 4 HADITH A DAY TO KEEP SHAYTAN AWAY**

- 1 Jannah via Sunnah - Muharram
- 2 Jannah via Sunnah - Safar
- 3 Jannah via Sunnah - Rabi Al-Awwal
- 4 Jannah via Sunnah - Rabi Al-Thani
- 5 Jannah via Sunnah - Jumada Al-Awwal
- 6 Jannah via Sunnah - Jumada Al-Thani
- 7 Jannah via Sunnah - Rajab
- 8 Jannah via Sunnah - Shaban
- 9 Jannah via Sunnah - Ramadan
- 10 Jannah via Sunnah - Shawwal
- 11 Jannah via Sunnah - Dhul Qa'dah
- 12 Jannah via Sunnah - Dhul Hijjah

**SERIES 5 FOUNDATIONS OF FAITH**

- 1 Foundations of Faith
- 2 Step by Step Guide to Salah
- 3 My Little Dua Book
- 4 Barakat in Harakats
- 5 Fus-ha for Allah
- 6 Plan Your Day the Islamic Way
- 7 Celebrations & Holidays
- 8 99 Name Game

**SERIES 6 TRANSITIONING INTO A TEENAGER**

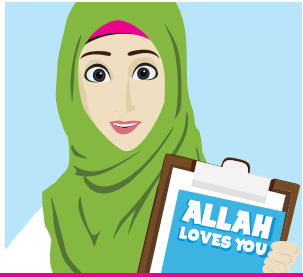
- 1 Becoming a Man
- 2 Becoming a Woman

This book is designed to build a Muslim identity in the 21st century. The series is divided into six sections.

I humbly request that they be read in order so that one may progressively learn and prosper. Insha'Allah.

May Allah (swt) accept all our efforts and grant us Jannah with no reckoning.  
**Ameen.**





**DR. APPY**

## About the Author

Dr. Appy is a first generation immigrant in North America who has been practicing as a Neuropsychologist for over a decade. She was inspired to write this series due to her observations of how difficult it can be to raise children in this ever-changing world.

Dr. Appy would like to dedicate this book to her family and friends who have always supported and encouraged her, especially her parents. May Allah (swt) bless and guide us all. Ameen.

Dr. Appy genuinely prays to touch the heart of every child until the day of judgement and to assist parents in instilling the love of Allah (swt), along with the morals and etiquettes needed to be an upright Muslim and by default, citizen (Insha'Allah).

**These books are designed to build a Muslim identity in the 21st century. I humbly request that they be read in order, so that our children can build on their knowledge and benefit. Insha'Allah.**

**Series 1:** Get to know Allah (swt) and instill the love and companionship of Him in our hearts.

**Series 2:** Understand how we were created, our purpose and the journey of our soul.

**Series 3:** Anchor our akhlaq by walking through humanity; each Prophet is paired with a character trait and the story ends with a moral to internalize and build our identity.

**Series 4:** Learn and internalize a hadith a day to keep Shaytan away.

**Series 5:** Learn the foundations of faith by planning our day the Islamic way.

**Series 6:** Help our children transition into a teenager and adult.

I pray this series brings us all closer together in this world and in the hereafter. May Allah (swt) accept all our effort and grants us Jannah with no reckoning. Ameen.

**Download this series for FREE at [drappy.ca](http://drappy.ca)**

