

Adventures with Dr. Appy



# ISMAIL (AS) LISTENING

Anchoring Your Akhlaq – A Walk Through Humanity: Book 8/30

Written by:  
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Illustrated by:  
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Dr. Appy prays that this book touches your heart, and requests that the reward be given to every human with even an ounce of Iman, from the time of Adam (as) until the day of judgement. Ameen.

All profits from this book will be donated to charity. For more detailed information about how the proceeds are being distributed please visit: [www.drappy.ca](http://www.drappy.ca)

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A special dua is requested for Brother Majid whose creativity has allowed for these series to come alive.

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# Dear Parents

The purpose of this book is as follows:

- 1 - For you to embed within your heart that Allah (swt) loves you and put your trust in Him alone;
- 2 - For you to understand and respect family relations and the importance of listening to your parents/elders;
- 3 - Instill within your hearts that Allah (swt) will always provide rizq to you from places you may not have even imagined;
- 4 - Allah (swt) will test you and for you to try your best to always do what you think will please Allah (swt).

I pray this book brings us and our families closer together and that the trust and reliance of Allah (swt) is embedded into our hearts. Ameen.

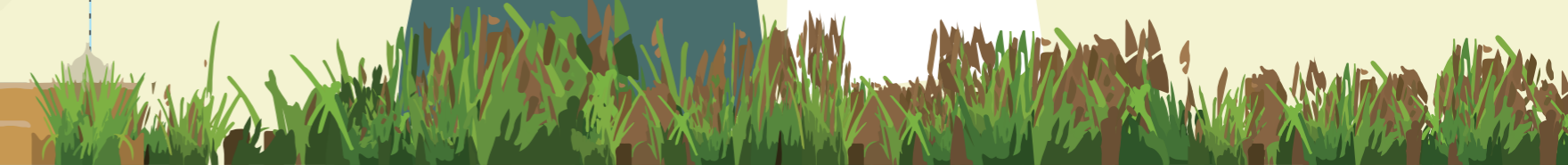
Assalam u Alaikum wa Rahmatullah \_\_\_\_\_.  
(insert child name)  
Jazak Allah hu Khairan for joining us in our adventure!

Today we will be exploring the story of Prophet Isma'il (as).  
Let us begin by saying Bismillah!



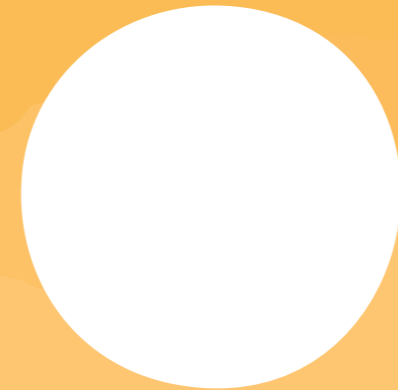
Ibrahim (as) had married and his wife  
Hajar (ra) started to carry.

They were super happy as  
they changed Isma'il's (as) nappy.



Allah <sup>(swt)</sup> had commanded they travel to Mecca,  
leaving behind his other wife Sarah <sup>(ra)</sup>.

When they reached the valley, Allah <sup>(swt)</sup>  
instructed him to leave his family.



Hajar <sup>(ra)</sup> asked if this was Allah's <sup>(swt)</sup> command and Ibrahim <sup>(as)</sup> said, yes this is His plan.

Her belief in Allah <sup>(swt)</sup> was strong and she said, then it is here where we belong.



As Ibrahim (as) left, he prayed for a gift;  
for his family to be safe and not become waifs.

Hajar (ra) ran back and forth from Safa to Marwa.  
She wandered about, worried about the drought.



She was distraught until a voice was brought.  
She was asked to calm down and no longer frown.

A spring started to gush and  
she started to rush as there was so much!





She tried to build a dam to contain the zam zam as settlements were built with the tribe of Jurhum.

Ibrahim's (as) dua was answered in the best of all manners, for Allah (swt) is she ultimate planner.



Isma'il (as) got married, not once but twice,  
as he wanted gratefulness to be precise.

Ibrahim (as) asked Isma'il (as) to help him  
build the Ka'aba as this was an order  
by none other than Allah (swt).



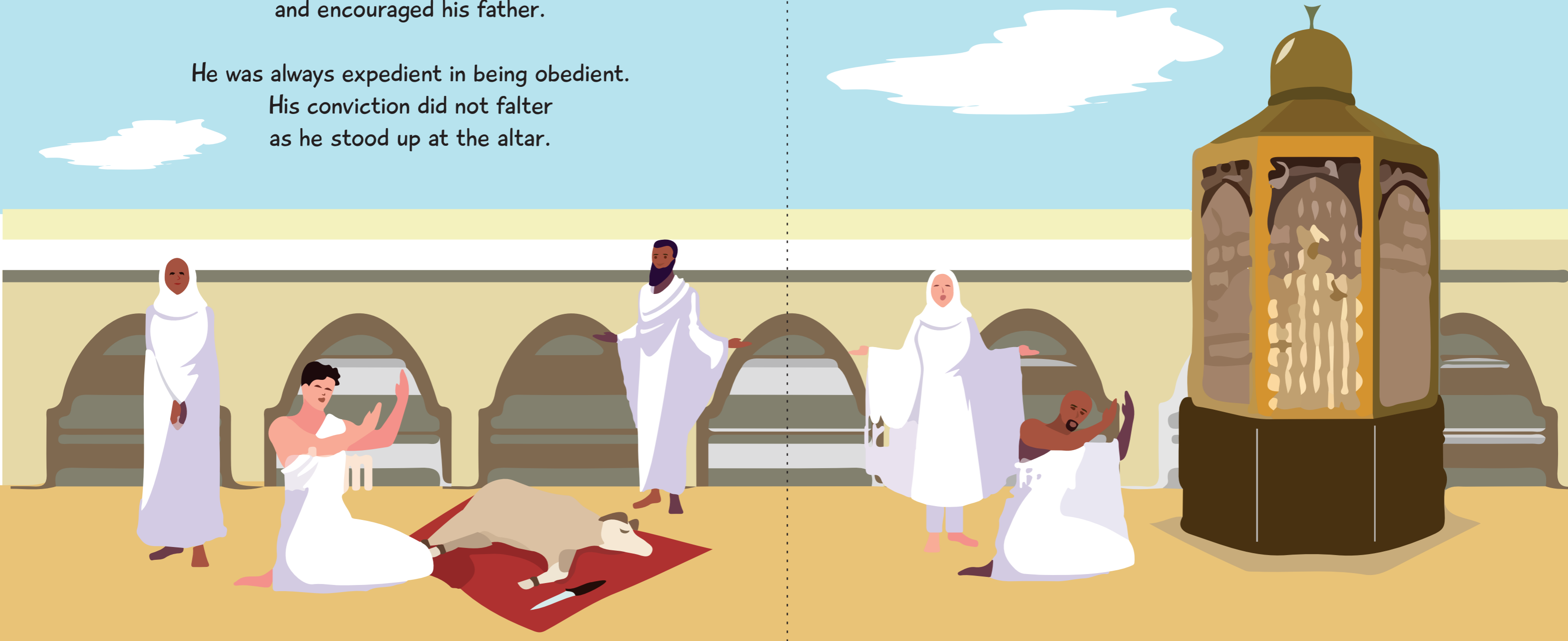
Isma'il's <sup>(as)</sup> face always glistened  
as he was always listened.

Ibrahim <sup>(as)</sup> was tested again,  
which brought him great pain,  
as this time, his son was to be slain.



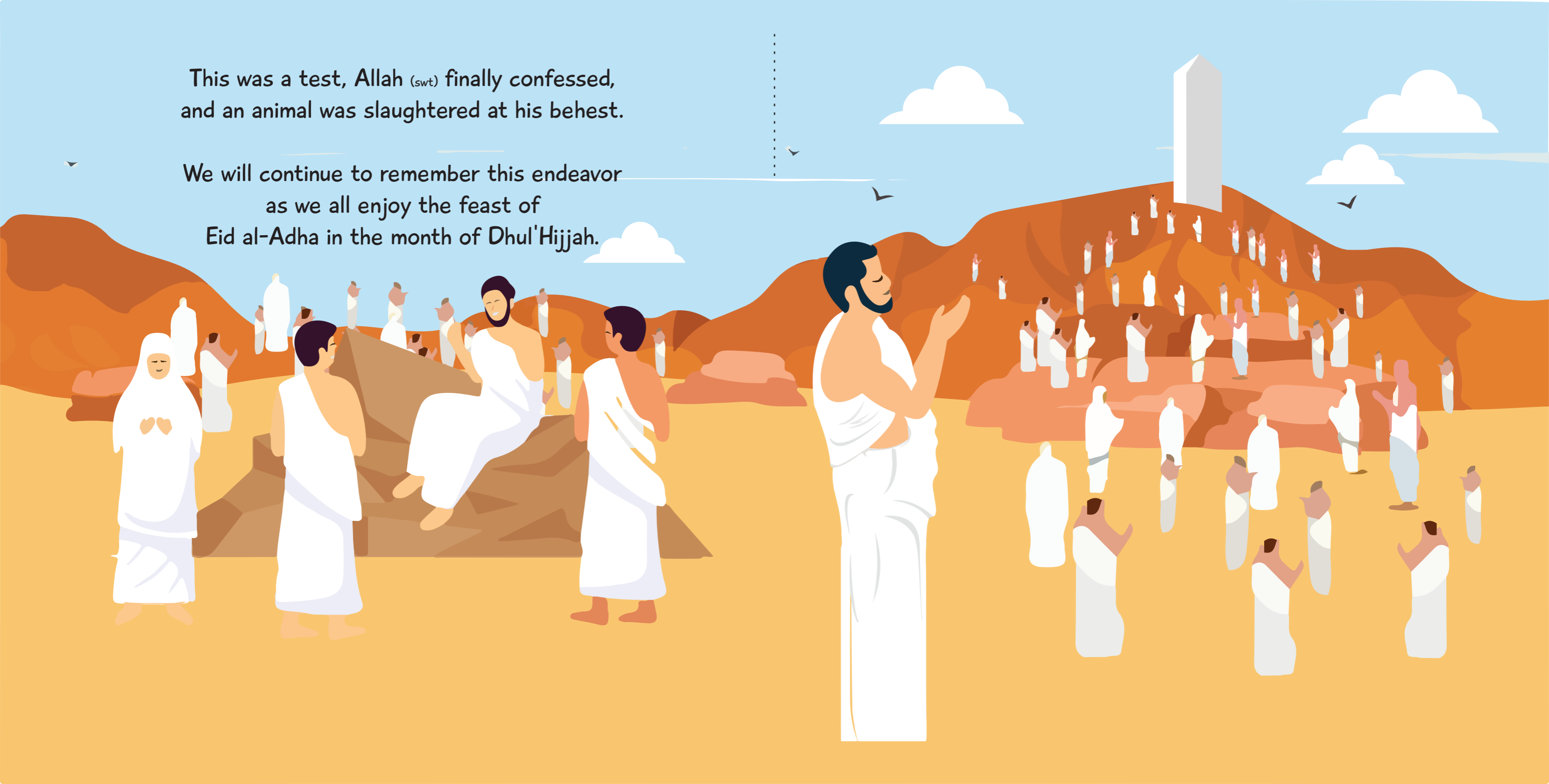
Isma'il (as) was eager as ever,  
and encouraged his father.

He was always expedient in being obedient.  
His conviction did not falter  
as he stood up at the altar.



This was a test, Allah (swt) finally confessed,  
and an animal was slaughtered at his behest.

We will continue to remember this endeavor  
as we all enjoy the feast of  
Eid al-Adha in the month of Dhul'Hijjah.



The moral of the story is to know that Allah (swt) always knows what is best, even if it may seem like a test.

To trust Allah (swt) for that is a must!

For you to always respect and listen to your parents even if their wisdom is not apparent. Lastly and most importantly not to let Shaytan sway your convictions as Allah's (swt) guidance is the true direction.



لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ، لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ،  
إِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمُلْكَ لَا شَرِيكَ لَكَ

**Labbaik Allahumma labbaik.  
Labbaik la sharika laka labbaik.  
Innal-hamda wa-nimata laka wal-mulk,  
la sharika laka.**

I respond to Your call O Allah! I respond to Your call. You have no partner. I respond to Your call. All praise, thanks and blessings are for You. All sovereignty is for You. And You have no partners with You. (At-Tirmidhi)

We pray you implement these duas and converse with Allah (swt) throughout your day for the rest of your life. Ameen.

رَبِّ زِدْنِي عِلْمًا

Rabbi zidni ilma

"My Lord, increase me in knowledge."  
Ameen. (Quran 20:114)

اللَّهُمَّ إِنِّي أَسْتَوِدُّكَ مَا قَرَأْتُ وَمَا حَفِظْتُ  
وَمَا تَعَلَّمْتُ فَارُدَّهُ لِي إِلَيَّ عِنْدَ حَاجَتِي إِلَيْهِ ،  
إِنَّكَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ وَحَسْبُنَا اللَّهُ وَنِعْمَ الْوَكِيلُ

Allahumma inni astaudi'uka ma qara'tu wa ma hafiztu wa ma ta'allamtu, fardudhu li ilayya 'inda haajati, innaka 'ala kulli syai-in qadir, wa hasbunallahu wa ni'mal wakil.

"O Allah! I entrust You with what I have read and what I have memorised and I have studied. Bring it back to me when I am in need of it. Truly you have power over all things. Sufficient for us is Allah, and (He is) the best Disposer of affairs." **Ameen.**

رَبِّ هَبْ لِي حُكْمًا وَأَلْحِقْنِي بِالصَّالِحِينَ  
وَاجْعَلْ لِي لِسَانَ صِدْقٍ فِي الْآخِرِينَ  
وَاجْعَلْنِي مِنْ وَرَثَةِ جَنَّةِ النَّعِيمِ

Rabbi habli hukman wa al-hiqni bis salihin, waj-'al li lisana sidqin fil-aakhirin, waj-'alni min waratha-ti jannatin-naa'im.

My Lord! bestow wisdom on me and make me among the righteous. Bless me with honourable mention among later generations and make me one of the inheritors of the Garden of Bliss. **Ameen. (Quran, 26:83-85)**





## GLOSSARY OF TERMS

<b>(as)</b>	<b>Alayhis-salam means peace be upon him</b>
<b>(ra)</b>	<b>Radi Allahu anhu means Allah be pleased with him.</b>
<b>(swt)</b>	<b>Subhana wa t'Ala means Allah the most high</b>
<b>Akhlaq</b>	<b>Character</b>
<b>Amanah</b>	<b>Responsibility</b>
<b>Assalam u Alaykum wa Rahmatullah</b>	<b>May peace be with you and Allah's (swt) mercy be upon you</b>
<b>Bismillah</b>	<b>In the name of Allah (swt)</b>
<b>Jazak Allah Khairun</b>	<b>May Allah (swt) reward you with good</b>
<b>Jannah</b>	<b>Heaven</b>
<b>Shaytan</b>	<b>Devil</b>
<b>Shirk</b>	<b>Associating partners with Allah (swt).</b>
<b>Sunnah</b>	<b>The way of the Prophet Muhammad (saw)</b>
<b>Tauheed</b>	<b>Oneness of Allah</b>

## SYNOPSIS OF STORY

### Based on the work of Al Imam ibn Katheer, The Stories of the Prophets

1. Ibrahim(as) was instructed by Allah (swt) to leave his wife Hajar (ra) and his infant son Isma'il (as) in a valley in Mecca by the Kaaba.
2. Hajar (ra) asked if Allah instructed him to do so, to which Ibrahim(as) responded in the affirmative. Immediately Hajar (ra) listened to her husband and put her trust in Allah and stayed in the valley. (Quran Ch 14: 37-38).
3. Ibrahim(as) as he was leaving made a dua for the wellbeing of his family and for them to be good Muslims who prayed and were grateful. (Quran Ch 14:37)
4. Isma'il (as) as a baby was crying and Hajar (ra) ran to the top of Safa and then to the top of Marwa looking for someone to help her. She did this seven times.
5. On her seventh run at the top of Al-Marwa she heard a voice that asked her to be quiet and listen. It is then that an angel was digging the earth until water started to flow.
6. Hajar (ra) started to make a basin around the stream of water and that water keeps flowing until this day, to the point Hajar (ra) was saying Zam Zam - Stop Stop.
7. The tribe of Jurhum was travelling across Mecca and saw some birds. They followed the birds hoping they would find some water. They indeed did and saw Hajar (ra) sitting there. The tribe settled in Mecca agreeing to share the water.



## SYNOPSIS OF STORY

8. Hajar (ra) had passed away and Isma'il (as) had married.

9. Ibrahim(as) came to visit his son and when he knocked on the door his wife opened and complained about her living conditions. Ibrahim(as) told her to convey to her husband (his son) his Salams and to change the gate of his house.

10. After some time Ibrahim(as) came to visit Isma'il (as) again. This time when he knocked on the door his new wife responded by saying they are blessed and well off when indeed they were poor. He asked his wife to inform her husband that he should keep firm the threshold of his gate.

11. Ibrahim(as) after some time again visited his son Isma'il (as). This time Allah (swt) had ordered him to build the Ka'aba. Isma'il (as) readily helped his father build the house. Quran Ch.2:127

12. After some time Allah (swt) commanded Ibrahim(as) to sacrifice his son Isma'il. He spoke to his son and his son immediately said do what Allah has commanded you to do and I shall be patient. Allah (swt) was testing them and Allah (swt) replaced Isma'il (as) with a ram. (Quran Ch37:99-111)

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- 3 Allah is The Creator

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- 3 Idris (as) - Learning
- 4 Nuh (as) - Resilience
- 5 Hud (as) - Vanity
- 6 Saleh (as) - Sharing
- 7 Ibrahim (as) - Reasoning
- 8 Isma'il (as) - Listening
- 9 Is'hac (as) - Trusting
- 10 Ya'qub (as) - Dedicated
- 11 Lut (as) - Hospitable
- 12 Shu'ayb (as) - Justice
- 13 Yusuf (as) - Integrity
- 14 Ayyub (as) - Loyalty
- 15 Dhul-Kifl (as) - Supporting
- 16 Yunus (as) - Sincerity
- 17 Musa (as) - Optimistic
- 18 Haroon (as) - United
- 19 Al-Khidr (as) - Patience
- 20 Ezekiel, Ilyas, Shammil (as) - Dependence
- 21 Luqman (as) - Wisdom
- 22 Dawood (as) - Brave
- 23 Suleiman (as) - Humility
- 24 Isaih, Jeremiah, Daniel, Uzair (as) - Reliable
- 25 Zakarriyah (as) - Perseverance
- 26 Yahya (as) - Responsible
- 27 Marryam (as) - Modesty
- 28 Esa (as) - Respectful
- 29 People of the Cave (as) - Proactive
- 30 Muhammad (saw) - Trustworthy

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- 4 Jannah via Sunnah - Rabi Al-Thani
- 5 Jannah via Sunnah - Jumada Al-Awwal
- 6 Jannah via Sunnah - Jumada Al-Thani
- 7 Jannah via Sunnah - Rajab
- 8 Jannah via Sunnah - Shaban
- 9 Jannah via Sunnah - Ramadan
- 10 Jannah via Sunnah - Shawwal
- 11 Jannah via Sunnah - Dhul Qa'dah
- 12 Jannah via Sunnah - Dhul Hijjah

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- 3 My Little Dua Book
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- 1 Becoming a Man
- 2 Becoming a Woman

This book is designed to build a Muslim identity in the 21st century. The series is divided into six sections.

I humbly request that they be read in order so that one may progressively learn and prosper. Insha'Allah.

May Allah (swt) accept all our efforts and grant us Jannah with no reckoning. Ameen.



**DR. APPY**

## About the Author

Dr. Appy is a first generation immigrant in North America who has been practicing as a Neuropsychologist for over a decade. She was inspired to write this series due to her observations of how difficult it can be to raise children in this ever-changing world.

Dr. Appy would like to dedicate this book to her family and friends who have always supported and encouraged her, especially her parents. May Allah (swt) bless and guide us all. Ameen.

Dr. Appy genuinely prays to touch the heart of every child until the day of judgement and to assist parents in instilling the love of Allah (swt), along with the morals and etiquettes needed to be an upright Muslim and by default, citizen (Insha'Allah).

**These books are designed to build a Muslim identity in the 21st century. I humbly request that they be read in order, so that our children can build on their knowledge and benefit. Insha'Allah.**

**Series 1:** Get to know Allah (swt) and instill the love and companionship of Him in our hearts.

**Series 2:** Understand how we were created, our purpose and the journey of our soul.

**Series 3:** Anchor our akhlaq by walking through humanity; each Prophet is paired with a character trait and the story ends with a moral to internalize and build our identity.

**Series 4:** Learn and internalize a hadith a day to keep Shaytan away.

**Series 5:** Learn the foundations of faith by planning our day the Islamic way.

**Series 6:** Help our children transition into a teenager and adult.

I pray this series brings us all closer together in this world and in the hereafter. May Allah (swt) accepts all our efforts and grants us Jannah with no reckoning. Ameen.

**Download this series for FREE at [drappy.ca](http://drappy.ca)**

