

Anchoring Your Akhlaq - A Walk Through Humanity: Book 6/30

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Dr. Appy prays that this book touches your heart, and requests that the reward be given to every human with even an ounce of Iman, from the time of Adam (as) until the day of judgement. Ameen.

All profits from this book will be donated to charity. For more detailed information about how the proceeds are being distributed please visit: www.drappy.ca

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A special dua is requested for Brother Majid whose creativity has allowed for these series to come alive.

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# Dear Parents

The purpose of this book is as follows:

- 2 -
- 3 -
- 4 be standing before Him.

I pray this book brings us and our families closer together and that we all internalize that sharing is caring with a reward that is unwavering. Ameen.

To discuss the concept of agreements and keeping one's word;

Internalize within your child that your not a true believer until you want for your brother what you want for yourself;

Instill the value of being respectful of people and not to bully or tease people even if we do not agree with their beliefs;

To take heed when we are given advice and try our best to keep the bond with Allah (swt) strong, knowing that at any time we will

Assalam u Alaikum wa Rahmatullah \_\_\_\_\_ Jazak Allah hu Khairan for joining us in our adventure!

Today we will be exploring the story of Prophet Saleh (as). Let us begin by saying Bismillah!



This is the story of the people of Thamud, their vision of life had become very skewed. Money and power deluded their minds as Shaytan again had made them all blind.



Saleh (as) was from amongst them, viewed as a gem and never condemned! Until Allah (swt) appointed him as a Prophet, it is now that they wanted him forgotten.



They bullied and teased and said he had been deceived. They were being very satirical and asked for a miracle.



They asked for a mammal, a pregnant she-camel to come out of a rock, only then did they say that they would flock. Allah (swt) granted this wish and they all started to flinch going back on their word, flying high like a bird.



that this is a neh'ma directly from Allah's rehma. They agreed to share their water and land,



They went back on their promise, disturbing the calmness. They broke their agreement and started to vent, completely oblivious of the upcoming torment.



They started to plot, wanting to slaughter, to show to the world that they were much stronger. Saleh (as) was saddened and continued to advise them, knowing that the punishment of Allah was about to come.



Three days of rejoicing and then came the thunder, reminding them all of their biggest blunder. The earth started to shake even if they weren't awake, and the people of Thamud suffered a big heartache.



The moral of the story is to always keep our promises and uphold our agreements. To share willingly, be respectful of everyone and always be fair with all of our dealings.

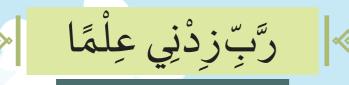


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wa ta'aawanoo 'alalbirri wattagwaa; wa laa ta'aawanoo 'alal ismi wal'udwaan; wattagul laah; innal laaha shadeedul 'igaab.

We pray you implement these duas and converse with Allah (swt) throughout your day for the rest of your life. Ameen.



### Rabbi zidni ilma

"My Lord, increase me in knowledge." Ameen. (Quran 20:114)

للَّهُمَّ إِنِّي أَسْتَودِعُكَ مَا قَرَأْتُ وَمَا حَفِظْتُ وَمَا تَٰعَلَّمْتُ فَرْدُدُه لِي إِلَيَّ عِنْدَ حَاجَتِي إِلَيْهِ ، إِنَّكَ عَلَى كُلِّ شَيْءٍ قَدِير وَحَسْبُنَا اللهُ وَنِعْمَ الوَكِيل

Allahumma inni astaudi'uka ma gara'tu wa ma hafiztu wa ma ta'allamtu, fardudhu li ilayya 'inda haajati, innaka 'ala kulli syai-in qadir, wa hasbunallahu wa ni'mal wakil.

"O Allah! I entrust You with what I have read and what I have memorised and I have studied. Bring it back to me when I am in need of it. Truly you have power over all things. Sufficient for us is Allah, and (He is) the best Disposer of affairs." Ameen.



Rabbi habli hukman wa al-hiqni bis salihin, waj-'al li lisana sidqin fil-aakhirin, waj-'alni min waratha-ti jannatin-naa'im.

My Lord! bestow wisdom on me and make me among the righteous. Bless me with honourable mention among later generations and make me one of the inheritors of the Garden of Bliss. Ameen. (Quran, 26:83-85)

رَبِّ هَبْ لِي حُكْمًا وَأَلْحِقْنِي بِالمِتَالِحِينَ وَاجْعَل لِبِي لِسَانَ صِدْقٍ فِي الْأَخِرِينَ  $\diamondsuit$ وَاجْعَلْنِي مِن وَرَثَةٍ جَنَّةِ النَّعِيم



## GLOSSARY OF TERMS

| (as)                 | Alayhis-salam means peace be upon him             |
|----------------------|---|
| (ra)                 | Radi Allahu anhu means Allah be pleased with him. |
| (swt)                | Subhana wa t'Ala means Allah the most high        |
| Akhlaq               | Character   |
| Amanah               | Responsibility                                    |
| Assalam u Alaykum wa | May peace be with you and Allah's (swt)           |
| Rahmatullah          | mercy be upon you                                 |
| Bismillah            | In the name of Allah (swt)                        |
| Jazak Allah Khairun  | May Allah(swt) reward you with good               |
| Rehma                | Blessing  |
| Shaytan              | Mercy   |
| Shirk                | Devil   |
| Sunnah               | Associating partners with Allah (swt).            |
|                      | The way of the Prophet Muhammad (saw)             |

### Based on the work of AI Imam ibn Katheer, The Stories of the Prophets

After the people of A'ad, the tribe of Thamud succeeded in them in power and 1. glory.

They also fell into idol-worship and as their material wealth increased, their 2. virtues decreased. Tyranny and oppression became prevalent.

Saleh (as) was known for his wisdom, purity and goodness and was greatly 3. respected in the community.

When Saleh(as) became a Prophet the people voiced their high aspirations 4. for him and their disappointment with his preaching - Quran: Chapter 11, Verse 62.

They teased him, called him a mere human, a fool, accusing him of wanting 5. money and fame.

They asked for proof and said provide for us a miracle requesting for a unique 6. pregnant she-camel to come out of a rock.

7. They agreed to believe if this was to happen. Allah allowed for this miracle, yet most of them continued in their disbelief - Quran: Chapter 17, Verse 59.

8. Salih.

## SYNOPSIS OF STORY

The people of Thamud hated the she-camel and her baby yet allowed them to graze and drink freely as they wanted her milk and agreed to share the water with

## SYNOPSIS OF STORY

The killers were given a hero's welcome. In their arrogance they mocked 9. Saleh(as) but he warned them about Allah's punishment saying "Enjoy life for 3 more days then the punishment will descend upon you."

Saleh(as) hoped this warning would be taken seriously and they would 10. change their ways, but instead they said "Why 3 days?...Let the punishment come as quickly as possible." Quran: Chapter 27 Verse 45-53.

They plotted to kill Saleh(as) and his household but Allah (swt) had His 11. own plan.

Allah (swt) sent thunderbolts and a severe earthquake which destroyed 12. the entire tribe of Thamud and its homeland. Quran: Chapter 7, Verse 73-79.

| SERIES 1 | GETTING TO KNOW ALLAH (swt)                     |
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| 5        | Hud (as) - Vanity                               |
| 6        | Saleh (as) - Sharing                            |
| 7        | Ibrahim (as) - Reasoning                        |
| 8        | Isma'il (as) - Listening                        |
| 9        | ls'hac (as) - Trusting                          |
| 10       | Ya'qub (as) - Dedicated                         |
| 11       | Lut (as) - Hospitable                           |
| 12       | Shu'ayb (as) - Justice                          |
| 13       | Yusuf (as) - Integrity                          |
| 14       | Ayyub (as) - Loyalty                            |
| 15       | Dhul-Kifl (as) - Supporting                     |
| 16       | Yunus (as) - Sincerity                          |
| 17       | Musa (as) - Optimistic                          |
| 18       | Haroon (as) - United                            |
| 19       | Al-Khidr (as) - Patience                        |
| 20       | Ezekiel, Ilyas, Shammil (as) - Depend           |
| 21       | Luqman (as) - Wisdom                            |
| 22       | Dawood (as) - Brave                             |
| 23       | Suleiman (as) - Humility                        |
| 24       | Isaih, Jeremiah, Daniel, Uzair (as) - R         |
| 25       | Zakarriyah (as) - Perseverance                  |
| 26       | Yahya (as) - Responsible                        |
| 27       | Marryam (as) - Modesty                          |
| 28       | Esa (as) - Respectful                           |
| 29       | People of the Cave (as) - Proactive             |

Muhammad (saw) - Trustworthy

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#### **OUR CREATION, PURPOSE AND SERIES 2** JOURNEY OF OUR SOUL

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8 99 Name Game

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#### TRANSITIONING INTO A TEENAGER

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- Becoming a Woman 2

#### /ALK

This book is designed to build a Muslim identity in the 21st century. The series is divided into six sections.

I humbly request that they be read in order so that one may progressively learn and prosper. Insha'Allah.

May Allah (swt) accept all our efforts and grant us Jannah with no reckoning. Ameen.



Dr. Appy is a first generation immigrant in North America who has been practicing as a Neuropsychologist for over a decade. She was inspired to write this series due to her observations of how difficult it can be to raise children in this ever-changing world.

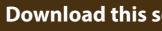
Dr. Appy would like to dedicate this book to her family and friends who have always supported and encouraged her, especially her parents. May Allah (swt) bless and guide us all. Ameen.

Dr. Appy genuinely prays to touch the heart of every child until the day of judgement and to assist parents in instilling the love of Allah (swt), along with the morals and etiquettes needed to be an upright Muslim and by default, citizen (Insha'Allah).

#### These books are designed to build a Muslim identity in the 21st century. I humbly request that they be read in order, so that our children can build on their knowledge and benefit. Insha'Allah.

Series 1: Get to know Allah (swt) and instill the love and companionship of Him in our hearts. Series 2: Understand how we were created, our purpose and the journey of our soul. story ends with a moral to internalize and build our identity. Series 4: Learn and internalize a hadith a day to keep Shaytan away. Series 5: Learn the foundations of faith by planning our day the Islamic way. Series 6: Help our children transition into a teenager and adult.

I pray this series brings us all closer together in this world and in the hereafter. May Allah (swt) accepts all our efforts and grants us Jannah with no reckoning. Ameen.





## About the Author

- Series 3: Anchor our akhlag by walking through humanity; each Prophet is paired with a character trait and the

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